

Leptogenesis from Oscillations of Heavy Neutrinos with Large Mixing Angles

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Abstract

The extension of the Standard Model by heavy right-handed neutrinos can simultaneously explain the observed neutrino masses via the seesaw mechanism and the baryon asymmetry of the Universe via leptogenesis. If the mass of the heavy neutrinos is below the electroweak scale, they may be found at the LHC, BELLE II, NA62, the proposed SHiP experiment or a future high-energy collider. In this mass range, the baryon asymmetry is generated via CP -violating oscillations of the heavy neutrinos during their production. We study the generation of the baryon asymmetry of the Universe in this scenario from first principles of non-equilibrium quantum field theory, including spectator processes and feedback effects. We eliminate several uncertainties from previous calculations and find that the baryon asymmetry of the Universe can be explained with larger heavy neutrino mixing angles, increasing the chance for an experimental discovery. For the limiting cases of fast and strongly overdamped oscillations of right-handed neutrinos, the generation of the baryon asymmetry can be calculated analytically up to corrections of order one.

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1 Introduction

1.1 Motivation

Over the past decades the Standard Model of particle physics (SM) has been established as a powerful theory explaining almost all phenomena that are observed in particle physics. Its full particle content has been discovered eventually, and its predictions to this end pass all precision tests [1]. Nevertheless, it is clear that the SM cannot be a complete theory of Nature. Any attempt to explain the observed neutrino flavour oscillations with the SM field content relies on non-renormalizable interactions mediated by operators of mass dimension larger than four, which are generally associated with the existence of new heavy degrees of freedom that have been integrated out. Moreover, the SM fails to explain several problems in cosmology. These include the origin of the matter-antimatter asymmetry in the Universe that can be quantified by the baryon-to-photon ratio [2–4]

$$\eta_B = 6.1 \times 10^{-10}. \quad (1)$$

The addition of $n_s \geq 2$ right-handed (RH) gauge-singlet (sterile) neutrinos N_i ($i = 1 \dots n_s$) can simultaneously explain the observed light neutrino masses via the seesaw mechanism [5–10]

and the baryon asymmetry of the Universe (BAU) via leptogenesis [11].¹ The sterile neutrinos are connected with the SM solely through their Yukawa interactions Y with the SM lepton doublets ℓ_a ($a = e, \mu, \tau$) and the Higgs field ϕ . The Lagrangian of this model is given by

$$\mathcal{L} = \mathcal{L}_{\text{SM}} + \frac{1}{2} \bar{N}_i (i \not{\partial} - M)_{ij} N_j - Y_{ia}^* \bar{\ell}_a \varepsilon \phi P_R N_i - Y_{ia} \bar{N}_i P_L \phi^\dagger \varepsilon^\dagger \ell_a, \quad (2)$$

where $\mathcal{L}_{\text{SM}}$ is the SM Lagrangian. The spinors N_i observe the Majorana condition $N_i^c = N_i$, where the superscript c denotes charge conjugation. Besides, ε is the antisymmetric SU(2)-invariant tensor with $\varepsilon^{12} = 1$.² The eigenvalues M_i of M , which in good approximation equal the physical masses of the N_i particles, introduce new mass scales in nature. The requirement to explain neutrino oscillation data does not fix the magnitudes of the masses M_i , as oscillation experiments only constrain the combination

$$m_\nu = v^2 Y^\dagger M^{-1} Y^*. \quad (3)$$

An overview of the implications of different choices of M_i for particle physics and cosmology is *e.g.* provided by Ref. [13]. The relation between the parameters in the Lagrangian (2) and neutrino oscillation data is given in Appendix A.

The magnitude of the M_i is often assumed to be much larger than the electroweak scale. However, values below the electroweak scale are phenomenologically very interesting because they may allow for an experimental discovery of the N_i particles and to potentially unveil the mechanism of neutrino mass generation. Various experimental constraints on this low-scale seesaw scenario are summarised in Ref. [14] and references therein. In the present work, we focus on masses M_i in the GeV range. Apart from some theoretical arguments [15–18], the study of this mass range is motivated by the possibility to test it experimentally. Heavy neutrinos with $M_i < 5$ GeV can be searched for in meson decays at B and K factories [19–26] or fixed target experiments [27], including NA62 [28], the SHiP experiment proposed at CERN [29–31] or a similar setup at the DUNE beam at FNAL [32, 33]. Larger masses are accessible at the LHC [34–50], either via vector boson fusion ($M_i > 500$ GeV), s -channel exchange of W bosons ($500 \text{ GeV} > M_i > 80$ GeV) or in real gauge boson decays ($M_i < 80$ GeV), but the perspectives would be best at a high energy lepton collider ILC [23, 34, 41, 51, 52], FCC-ee [22, 23, 53, 54] or the CEPC [23, 55].

Since the N_i are gauge singlets, they can interact with ordinary matter only via their quantum mechanical mixing with left-handed (LH) neutrinos that arises as a result of the Higgs mechanism and is the reason why the SM neutrinos become massive. This mixing can be quantified by the elements of the matrix

$$\theta = v Y^\dagger M^{-1}. \quad (4)$$

Event rates in experiments are proportional to combinations of the parameters

$$U_{ai}^2 = |(\theta U_N)_{ai}|^2, \quad (5)$$

which determine the interaction strength of the heavy neutrino N_i with leptons of flavour a . Here U_N is a unitary matrix that diagonalises the heavy neutrino mass matrix. For convenience, we also introduce the parameter

$$U_i^2 = \sum_a U_{ai}^2 \quad (6)$$

¹The possibility that sterile neutrinos compose dark matter is discussed in detail in the review [12].

²Note that SU(2) group indices remain suppressed throughout this paper.

that quantifies the total mixing of a given heavy neutrino of flavour i as well as the quantity

$$U^2 = \sum_i U_i^2 = \text{tr}(\theta^\dagger \theta). \quad (7)$$

It is of interest to determine for which range of values of U_{ai}^2 heavy neutrinos can simultaneously explain neutrino oscillation data and the BAU. In the present work, we improve on the network of equations that describes the generation of the BAU from GeV-scale sterile neutrinos and develop analytic approximations to the solutions for phenomenologically relevant limiting cases.

1.2 Leptogenesis Scenarios

Any mechanism that generates a non-zero BAU has to fulfil the three Sakharov conditions [56] of i) baryon number violation, ii) C and CP violation and iii) a deviation from thermal equilibrium.³ Parity and baryon number are already sufficiently violated in the SM, the latter by weak sphalerons [57] at temperatures larger than $T_{\text{ws}} \simeq 130$ GeV [58]. In the Lagrangian (2), CP is (in addition to the CP violation in the SM) violated by complex phases in the Yukawa coupling matrix Y and the mass matrix M . The non-equilibrium condition can be realised by the heavy neutrinos N_i in different ways. These can qualitatively be distinguished by the relative magnitude of different time scales, which we express through the variable $z = T_{\text{ref}}/T$. Here T is the temperature of the primordial plasma and T_{ref} some arbitrarily chosen reference temperature, which we set to $T_{\text{ref}} = T_{\text{ws}}$ for convenience, such that sphalerons freeze out at $z = 1$. We assume that the radiation dominated era starts with a vanishing abundance of N_i , which appears reasonable due to the smallness of their couplings Y [59]. The heavy neutrinos are produced in a flavour state that corresponds to an eigenvector of $YY^\dagger$ (*interaction basis*). Since Y and M are in general not diagonal in the same flavour basis, they start to undergo flavour oscillations at $z = z_{\text{osc}}$. Their abundance reaches thermal equilibrium at $z = z_{\text{eq}}$. They decouple (*freeze out*) from the plasma and subsequently decay at $z = z_{\text{dec}}$. While this picture qualitatively holds for all parameter choices in the Lagrangian, the values of z_{osc} , z_{eq} and z_{dec} greatly vary.

In the original thermal leptogenesis scenario [11], the N_i are superheavy ($M_i \gg T_{\text{ws}}$). In this case, their production, freezeout and decay all happen long before sphaleron freezeout ($z_{\text{osc}} < z_{\text{eq}} < z_{\text{dec}} \ll 1$). The final lepton asymmetry is produced in the CP -violating decay of N_i particles and partly converted into a BAU by the sphalerons. The non-equilibrium condition is satisfied by the deviation of the N_i distribution functions from their equilibrium values at $z > z_{\text{dec}}$. Oscillations amongst the N_i in principle occur, but at $z \sim z_{\text{dec}}$ they are so rapid that they can be averaged over, so that it is not necessary to track the non-diagonal correlations of the right-handed neutrinos states. Exceptions from this behaviour require accidental parametric cancellations that appear unlikely in phenomenological scenarios [60, 61]. This scenario and various modifications have been studied in the literature in great detail and are reviewed in Refs. [62–64].

For M_i in the GeV range under consideration here, however, the smallness of the light neutrino masses (3) implies that the Yukawa couplings Y_{ia} must be very small. In this case the N_i production proceeds much more slowly, and the non-equilibrium condition is satisfied by the initial approach of their distribution functions to equilibrium prior to sphaleron freezeout at $z = 1$. This scenario is often referred to as *leptogenesis from neutrino oscillations* [65] because coherent oscillations

³Leptogenesis is based on the idea that a matter-antimatter asymmetry L is generated in the leptonic sector and partly converted into a baryon asymmetry B by weak sphalerons, which violate $B + L$ and conserve $B - L$. This of course in addition requires a violation of $B - L$, which is provided by the Majorana mass M .

For the definition of "M," see Eq.(4) in 2103.16545

		overdamped	oscillatory
$M = 1 \text{ GeV}$	$\text{Re}\omega = 3\pi/4$	$\Delta M^2 = 10^{-6} M^2$	$\Delta M^2 = 2 \times 10^{-5} M^2$
$\delta = 3\pi/2$	$\alpha_1 = 0$	$\text{Im}\omega = 4.71$	$\text{Im}\omega = 2.16$
$\alpha_2 = -2\pi$		$U^2 = 3.6 \times 10^{-7}$	$U^2 = 2.2 \times 10^{-9}$

Table 1: *The parameters used for the examples presented in this work. For the light neutrino masses, a normal hierarchy is assumed.*

of the heavy neutrinos during their production lead to CP -violating correlations between their mass eigenstates at $z \sim z_{\text{osc}}$. These are then transferred into matter-antimatter asymmetries $\Delta_a = B - L_a/3$ in the individual SM flavours $a = e, \mu, \tau$ when scatterings convert some of the N_i back into SM leptons. Here L_a are flavoured lepton asymmetries, which are kept in equilibrium with the baryon asymmetry B by sphaleron processes. Since the violation of total lepton number due to the Majorana masses is suppressed at $T > T_{\text{ws}} \gg M_i$, the total lepton number remains small initially: $|\Delta_a| \gg |\sum_a \Delta_a| \simeq 0$. A total asymmetry $\sum_a \Delta_a \neq 0$ is, however, generated because part of the asymmetries Δ_a are converted into helicity asymmetries in the Majorana fields N_i by *washout* processes with an efficiency that depends on the different flavours a . If the washout is completed before sphaleron freezeout, all asymmetries are erased. If the washout is incomplete at $z = 1$, then a baryon asymmetry B survives, as B is conserved for $z > 1$.

Based on the relation among the time scales z_{osc} and z_{eq} , which is controlled by the Yukawa couplings of the sterile neutrinos and their Majorana masses, we can distinguish between two regimes:

- In the *oscillatory* regime oscillations occur much earlier than the equilibration ($z_{\text{osc}} \ll z_{\text{eq}}$) such that the charges Δ_a are mainly generated at early times during the first few oscillations. This requires weak damping rates and hence small Yukawa couplings in order to prevent the charges from being washed out too early. In turn, this setup allows for a perturbative analysis in the Yukawa couplings.
- In the *overdamped* regime the equilibration of at least one heavy neutrino happens before any full oscillation among the heavy neutrinos can be completed ($z_{\text{osc}} \gg z_{\text{eq}}$). This requires either some degree of mass degeneracy amongst the M_i because the mass differences govern the oscillation time or anomalously large Yukawa couplings Y . Yet, for a successful generation of the BAU, we must have at least one sterile neutrino that does not fully equilibrate. This setup allows for an analytic approximation in terms of quasi-static solutions that are driven by the slow approach of one of the sterile flavour eigenstates toward equilibrium.

A simple power counting argument suggests that the flavoured asymmetries L_a are of order $\mathcal{O}[Y^4]$, cf. Eq. (43), while the total L (and hence B) is of order $\mathcal{O}[Y^6]$. This counting is however, valid only for times $z \ll (\mathcal{O}[Y^2]T)^{-1}$, and cannot be used in the overdamped regime defined below (see *e.g.* Eq. 84), or to describe the late time washout.

We shall introduce two theoretical benchmark scenarios that roughly correspond to the two regimes. The *naive seesaw* corresponds to a situation in which the Yukawa couplings are of the order

$$|Y_{ia}|^2 \sim \sqrt{m_{\text{atm}}^2 + m_{\text{lightest}}^2} M_i / v^2, \quad (8)$$

where m_{atm}^2 is the larger of the two observed light neutrino mass splittings and m_{lightest} is the unknown mass of the lightest neutrino. In this scenario, there are no cancellations in the seesaw

relation (3). This leads to rather small mixing angles U_{ai}^2 and makes it very difficult to find the heavy neutrinos in experimental searches. Larger mixing angles can be made consistent with the observed neutrino masses if there are cancellations in the seesaw relation (3). One way to motivate this is to promote $B-L$, which is accidentally conserved in the SM, to a fundamental symmetry that is slightly broken. This possibility is usually referred to as *approximate lepton number conservation*, as it implies that the violation of the total L at low energies is suppressed compared to the violation of individual lepton numbers L_a . In this limit one finds that heavy neutrinos with Yukawa couplings much larger than suggested by the relation (8) must be organised in pairs of mass eigenstates N_i and N_j which in the limit of exact $B-L$ conservation form a Dirac-spinor $\Psi_N = (N_i + iN_j)/\sqrt{2}$. This implies

$$M_i = M_j, \quad U_{ai}^2 = U_{aj}^2 \quad \text{for } a = e, \mu, \tau. \quad (9)$$

Moreover, if the $B-L$ symmetry is slightly broken, the heavy neutrino mass basis (where M is diagonal) and interaction basis (where $YY^\dagger$ is diagonal) are maximally misaligned in the flavours i and j . One of the interaction eigenstates does not couple to the SM at all, corresponding to a zero eigenvalue in $YY^\dagger$, while the other one can have arbitrarily large Yukawa couplings without generating large neutrino masses or a rate of neutrinoless double β decay that is in conflict with present observational bounds. Within this work, we illustrate our analytic and numerical results for both scenarios through two parametric example points that are specified in Table 1.

1.3 Goals of this Work

The seesaw Lagrangian (2) contains $7n_s - 3$ new parameters, where n_s is the number of sterile neutrinos. For five of these (two mass splittings and three light neutrino mixing angles) best fit values can be obtained from neutrino oscillation data [66], see Appendix A. In view of upcoming experimental searches, it is highly desirable to identify the range of the remaining parameters that allow to explain the BAU via leptogenesis from neutrino oscillations. This question has been addressed by a number of authors in the past [17, 20, 65, 67–81].

The viable parameter space in the minimal model with $n_s = 2$ has first been mapped in Refs. [69–71].⁴ The results of this analysis have been used to examine the physics case for the SHiP experiment [30] and the discovery potential of a future lepton collider [53]. More recent studies [76, 77] suggest that the viable parameter region is smaller. In particular, the maximal values of U_i^2 that are for given M_i compatible with successful leptogenesis are smaller than claimed in Refs. [70, 71], making an experimental discovery more difficult. With the present paper, we aim to clarify this question. For this purpose, we derive approximate analytic solutions for the time evolution of the asymmetries in the oscillatory and overdamped regimes. This is in contrast to the initial study in Refs. [70, 71], which was entirely numerical. Analytic solutions for the *oscillatory* regime have previously been found in Refs. [67, 72, 76, 77], but cannot be used to identify the maximal U_i^2 compatible with leptogenesis because the N_i oscillations tend to be overdamped when some of the U_{ai}^2 are comparably large. We confirm numerically that our analytic solutions are accurate up to factors of order one in the regimes where they are applicable. We make use of the analytic understanding to identify the parameter region that leads to the largest possible U_{ai}^2 that

⁴There have to be at least two RH neutrinos for two reasons. First, for every non-zero SM neutrino mass the type-I seesaw mechanism requires one sterile neutrino (except for models with extended scalar sectors), and two non-zero mass differences of active neutrinos have been confirmed experimentally. Second, leptogenesis is only possible with two or more sterile neutrinos, as the CP -violation arises from a quantum interference involving N_i that couple with different phases.

is consistent with successful leptogenesis. Within this region, we search for the maximal value of U^2 numerically. Compared to the previous numerical scan in Refs. [70, 71], we apply the results of improved calculations of the thermal production and washout rates in the plasma [82–85], include spectator processes, and use an updated result for the value of T_{ws} .

The parameter space in the model with $n_s = 3$ is considerably larger and has been studied only partially in the context of leptogenesis from neutrino oscillations to date [20, 72, 74, 75, 77]. In Ref. [72] it has been pointed out that in this scenario the generation of the BAU does not necessarily rely on a mass degeneracy amongst the M_i , which is required in the case with $n_s = 2$ [67] as well as for resonant leptogenesis from N_i decays [86–90]. This results have been confirmed in Refs. [20, 74, 75, 77]. It has also been pointed out that leptogenesis can be achieved for larger values of U_i^2 for $n_s > 2$ [20, 77]. A complete parameter scan for the model with $n_s = 3$ would be highly desirable, but is numerically challenging. Our analytic understanding in specific corners of the parameter space will be helpful in this context, as it allows to identify the relevant physical effects and time scales.

This paper is structured as follows: In Section 2 we present the evolution equations for both the sterile neutrinos and the SM asymmetries, and we discuss the qualitative behaviour of the solutions. In Sections 3 and 4 we derive analytic approximations to the solutions in the oscillatory and the overdamped regimes, respectively. Constraints on the active-sterile mixing are derived in Section 5. We discuss the implications of our results and conclude in Section 6. Technical details can be found in a number of appendices. In Appendix A, we summarise the parametrisation of the masses and couplings in the seesaw Lagrangian (2) that is employed in this paper. We also explain the phenomenological interesting case of scenarios with an approximate lepton number conservation that can lead to a large active-sterile mixing. Appendix B contains an extensive derivation of the kinetic equations for the sterile neutrinos based on first principles of non-equilibrium field theory, while in Appendix C the kinetic equations for the SM particles, that also include spectator effects, are reviewed more briefly. Finally, Appendix D contains some details on the oscillations of the sterile neutrinos that are omitted in the main text.

2 Evolution Equations

We need to describe the real-time evolution of the fields appearing in the seesaw Lagrangian (2) as well as of the spectator fields these couple to in the early Universe from the hot big bang down to $T = T_{\text{ws}}$ (or $z = 1$). Since quantum correlations of the different mass eigenstates of the heavy neutrinos are of crucial importance, there is an immediate need to go beyond a formulation in terms of Boltzmann equations for classical distribution functions. The evolution of sterile neutrinos in the early Universe is often described by density matrix equations [65, 67–71, 74, 76, 77] that can be motivated in analogy to the more detailed derivation for systems of SM neutrinos [91].

An alternative way to derive quantum kinetic equations and systematically include all quantum and thermodynamic effects from first principles is offered by the closed-time-path (CTP) formalism of non-equilibrium quantum field theory [92–94]. We describe this approach in Appendix A. The main advantage is that it allows to derive effective kinetic equations that hold at the desired level of accuracy from first principles in a series of controlled approximations. More specifically, overcounting issues as well as ambiguities related to the definition of asymptotic states in a dense plasma can be avoided, and necessary resummations of infrared enhanced rates at finite temperature are straightforward.

Charge and Number Densities We can safely assume that the charged fields are maintained in kinetic equilibrium by gauge interactions such that we can describe these by chemical potentials, which are in linear approximation proportional to the comoving charge densities,

$$q_X = \begin{cases} \frac{a_R^2}{3} \mu_X & \text{for massless bosons} \\ \frac{a_R^2}{6} \mu_X & \text{for (massless) chiral fermions} \end{cases} . \quad (10)$$

We use a parametrisation where

$$a_R = m_{\text{Pl}} \sqrt{\frac{45}{4\pi^3 g_\star}} = T^2 / H \quad (11)$$

corresponds to a comoving temperature in an expanding Universe with Hubble parameter H . Here, $m_{\text{Pl}} = 1.22 \times 10^{19} \text{ GeV}$ is the Planck mass and $g_\star = 106.75$ the effective number of relativistic degrees of freedom. The physical temperature is given by $T = a_R/a$, where a is the scale factor.

The main quantity of interest is the baryon asymmetry of the Universe or, more precisely, the comoving density B of baryon number as a function of time. It is violated by sphaleron processes that are fast compared to the expansion rate for $z < 1$ and connect B to the comoving lepton number density $L = \sum_{a=e,\mu,\tau} L_a$. The slowly evolving quantities relevant for leptogenesis are

$$\Delta_a = B/3 - L_a , \quad (12)$$

which are conserved by all SM interactions (including weak sphalerons). Here

$$L_a = g_w q_{\ell a} + q_{Ra} , \quad (13)$$

where $q_{\ell a}$ and q_{Ra} are the comoving lepton charge densities of flavour a stored within left and right chiral SM leptons, respectively, and $g_w = 2$ accounts for the SU(2) doublet multiplicity.

Among the SM degrees of freedom, only ℓ and ϕ directly interact with the sterile neutrinos. Nonetheless, the remaining degrees of freedom can also carry asymmetries and participate in chemical equilibration. They are referred to as spectator fields [95–97]. The main effect of the spectators is to hide a fraction of the asymmetries from the washout, which only acts on the L_a . Taking account of these, one arrives at relations

$$q_{\ell a} = \sum_b A_{ab} \Delta_b \text{ and } q_\phi = \sum_a C_a \Delta_a , \quad (14)$$

where the coefficients

$$A = \frac{1}{711} \begin{pmatrix} -221 & 16 & 16 \\ 16 & -221 & 16 \\ 16 & 16 & -221 \end{pmatrix} , \quad C = -\frac{8}{79} \begin{pmatrix} 1 & 1 & 1 \end{pmatrix} \quad (15)$$

are derived in Appendix C.2.

The Majorana fields N_i strictly speaking cannot carry any lepton charges. However, at temperatures $T \gg M_i$, their helicity states effectively act as particles and antiparticles. We describe the N_i by the deviation δn_h of their number density from equilibrium, that is formally defined in Eq. (B.46). Here, $h = \pm$ denotes the sign of the helicity $\pm \frac{1}{2}$, and δn_h is matrix valued. In

the flavour basis where M is diagonal, the diagonal elements are the number densities and the off-diagonal entries correspond to quantum correlations. This allows to define *sterile charges*

$$q_{Ni} \equiv 2\delta n_{ii}^{\text{odd}}, \quad (16)$$

in terms of the helicity-odd deviations of the occupation numbers from their equilibrium values, which is introduced more precisely in Appendix B. The Yukawa interactions Y violate individual lepton flavour numbers L_a at order $\mathcal{O}[Y^2]$ (*e.g.* by light neutrino oscillations). The Majorana mass M also violates the total lepton number

$$L = \sum_a L_a. \quad (17)$$

However, at temperatures $T \gg M_i$ most particles are relativistic and spin flips are suppressed, such that the quantity

$$\tilde{L} = L + \sum_i q_{Ni} \quad (18)$$

is approximately conserved (up to terms of order M_i^2/T^2). Since the N_i start from initial conditions that are far from equilibrium, the assumption of kinetic equilibrium is not justified for them in principle. We briefly discuss the error introduced by the use of momentum averaged equations in Appendix D.2, see also Ref. [98].

In terms of these charge densities, we next write down the set of quantum kinetic equations used in our analysis. A detailed derivation for the evolution of the sterile neutrinos within the CTP framework is given in Appendix B, while a sketch of the derivation for the equations of SM charges is presented in Appendix C.

Evolution of Sterile Neutrino Densities In terms of the variable z the time evolution of the number densities and flavour correlations of the sterile neutrinos is governed by the equation

$$\frac{d}{dz}\delta n_h = -\frac{i}{2}[H_N^{\text{th}} + z^2 H_N^{\text{vac}}, \delta n_h] - \frac{1}{2}\{\Gamma_N, \delta n_h\} + \sum_{a,b=e,\mu,\tau} \tilde{\Gamma}_N^a (A_{ab} + C_b/2)\Delta_b. \quad (19)$$

The flavour matrix H_N^{vac} can be interpreted as an effective Hamiltonian in vacuum, and H_N^{th} is the Hermitian part of the finite temperature correction. The contributions involving the matrix Γ_N and the vector $\tilde{\Gamma}_N$ are collision terms. Explicit expressions for these are derived in Appendix B,

$$H_N^{\text{vac}} = \frac{\pi^2}{18\zeta(3)} \frac{a_R}{T_{\text{ref}}^3} (\text{Re}[M^\dagger M] + i h \text{Im}[M^\dagger M]), \quad (20a)$$

$$H_N^{\text{th}} = \mathfrak{h}_{\text{th}} \frac{a_R}{T_{\text{ref}}} (\text{Re}[Y^* Y^t] - i h \text{Im}[Y^* Y^t]), \quad (20b)$$

$$\Gamma_N = \gamma_{\text{av}} \frac{a_R}{T_{\text{ref}}} (\text{Re}[Y^* Y^t] - i h \text{Im}[Y^* Y^t]), \quad (20c)$$

$$(\tilde{\Gamma}_N^a)_{ij} = \frac{h}{2} \gamma_{\text{av}} \frac{a_R}{T_{\text{ref}}} (\text{Re}[Y_{ia}^* Y_{aj}^t] - i h \text{Im}[Y_{ia}^* Y_{aj}^t]). \quad (20d)$$

with $\gamma_{\text{av}} = 0.012$ and $\mathfrak{h}_{\text{th}} \approx 0.23$, *cf.* Eqs. (B.48,B.49) and the discussion of these. As pointed out in the previous section, we make use of the freedom of choice of the reference temperature scale T_{ref} to fix it as the temperature T_{ws} of weak sphaleron freezeout. However, for the sake of generality we keep the notation T_{ref} throughout this paper.

It is worthwhile to emphasise that the above equations only hold in the regime where the N_i are relativistic. We have essentially neglected their masses everywhere except in H_N^{vac} , where they are absolutely crucial because they are responsible for the flavour oscillations. The relativistic approximation has two different consequences. On one hand, the derivation following Eq. (B.33) assumes that the right-handed neutrino masses M_i are kinematically negligible in scatterings and decays. Putting both N_i on the same mass shell is certainly a reasonable assumption, as $|M_i^2 - M_j^2| \ll M_i^2$ in the entire parameter space under consideration here. Entirely neglecting the masses leads to errors $\sim M_i^2/T^2$ to the rates Γ_N and $\tilde{\Gamma}_N^a$, which should, however, not have a huge effect on our results.⁵ This is in contrast to standard thermal leptogenesis scenarios of out-of-equilibrium decay, where the dynamics is dependent on the relation between the absolute right-handed neutrino mass and the Hubble rate. On the other hand, we neglect lepton number violating scatterings, which are suppressed by M_i^2/T^2 . This assumption is clearly justified for M_i of a few GeV and in the oscillatory regime, but is in principle questionable for M_i near the electroweak scale in the overdamped regime, where the BAU is generated shortly before sphaleron freezeout. We believe that our equations can still be used in this regime because the rates for lepton number violating processes are suppressed by the small parameters ϵ_i and μ_i introduced in Eq. (50), but this statement should be checked quantitatively in the future to identify their precise range of validity.

Before explicitly solving Eq. (19), we discuss the basic properties of the solutions. For this purpose we neglect the *backreaction* term with $\tilde{\Gamma}_N$. The qualitative behaviour of the system is governed by the eigenvalues of H_N^{vac} and Γ_N , which determine the time scales on which the sterile neutrinos oscillate and come into equilibrium. While H_N^{vac} is diagonal in the flavour basis where M is diagonal (mass basis), Γ_N is diagonal in the same basis as $YY^\dagger$ (interaction basis). The misalignment between the two leads to sterile neutrino oscillations. That means, particles are produced in the interaction basis and then oscillate due to the commutator involving H_N^{vac} . At sufficiently high temperatures the correction H_N^{th} due to thermal masses is larger than H_N^{vac} , but by itself cannot initiate oscillations because it is diagonal in the same basis as Γ_N . For n_s flavours of heavy neutrinos, there are of course n_s relaxation times z_{eq} and $n_s(n_s - 1)/2$ oscillation times z_{osc} , all of which in general can be different. For a qualitative classification of the oscillatory and overdamped regimes it is useful to consider the largest eigenvalues of the matrices H_N^{vac} and Γ_N . We use the norm $\|\cdot\|$ of a Hermitian matrix as the modulus of its largest eigenvalue. In case of Y^*Y^t it is, for instance, associated with the interaction eigenstate with the strongest coupling to the primordial plasma. The first oscillation involves the sterile neutrino mass states N_i and N_j with the largest mass splitting and occurs at a time

$$z_{\text{osc}} \approx (a_R |M_i^2 - M_j^2|)^{-1/3} T_{\text{ref}}, \quad (21)$$

such that $z_{\text{osc}}^3 \|H_N^{\text{vac}}\| = \mathcal{O}(1)$. The relaxation time scale at which a sterile neutrino interaction state comes into thermal equilibrium is given by

$$z_{\text{eq}} \simeq T_{\text{ref}} / (\gamma_{\text{av}} a_R \|Y^*Y^t\|), \quad (22)$$

such that $z_{\text{eq}} \Gamma = \mathcal{O}(1)$ with γ_{av} being the averaged relaxation rate (over temperature).

⁵If the asymmetry is generated near the electroweak scale, in principle also the masses of the top quark and gauge bosons and the contribution to the heavy neutrino masses generated by the Higgs mechanism should be taken into account. On one hand, this affects the particle kinematics. On the other hand, one should replace (20b) by $H_N^{\text{th}} = \frac{a_R}{T_{\text{ref}}} (\text{Re}[Y^*Y^t][\mathfrak{h}_{\text{th}} + \mathfrak{h}_{\text{EV}}(z)] - i\hbar \text{Im}[Y^*Y^t]\mathfrak{h}_{\text{th}})$, where $\mathfrak{h}_{\text{EV}}(z) = \frac{2\pi^2}{18\zeta(3)} \frac{v^2(z)}{T_{\text{ref}}^2} z^2$ and $v(z)$ is the temperature dependent Higgs field expectation value. We neglect these effects here.

If the slowest oscillation time scale is shorter than the fastest relaxation time scale, then leptogenesis occurs in the oscillatory regime. In this case the heavy neutrinos undergo a large number of coherent oscillations before coming into equilibrium, which in terms of the variable z become increasingly rapid. The baryon asymmetry is most efficiently generated during the first few oscillations, before the oscillations become fast (compared to the rate of Hubble expansion), *cf.* Figure 1. There is a clear separation between the time z_{osc} when the asymmetry gets generated and the time z_{eq} when the N_i come into equilibrium and the washout becomes efficient. This allows to treat these two processes independently. We discuss this regime in Section 3.

If, on the other hand, at least one heavy neutrino flavour eigenstate comes into equilibrium before a neutrino that is produced in this state has performed a complete flavour oscillation, then the oscillations are overdamped, *cf.* Figure 6. As we illustrate in Section 4, this allows for baryogenesis with larger Yukawa couplings and consequently also larger active-sterile mixing angles U_{ai}^2 . In the scenario with $n_s = 2$, the largest possible values of U_{ai}^2 can be realised when the first oscillation happens rather late ($z_{\text{osc}} \sim 1$), as otherwise the washout tends to erase all asymmetries before sphaleron freezeout. As a result of the integration over a long time, the power counting in Y that allows to estimate the magnitude of the asymmetries in the oscillatory regime may not be applied, and the *backreaction* term involving $\tilde{\Gamma}_N$ may not be neglected. Eqs. (21,22) allow to relate the mass difference to the Yukawa couplings in order to determine which regime a given parameter choice corresponds to:

$$\frac{\|Y^* Y^t\| \gamma_{\text{av}} a_{\text{R}}^{2/3}}{|M_i^2 - M_j^2|^{1/3}} \begin{cases} \ll 1 & \text{oscillatory} \\ \gg 1 & \text{overdamped} \end{cases} \quad (23)$$

Figure 2 schematically illustrates where the oscillatory and the overdamped regime are located in the $M_i - U^2$ plane for various mass splittings. We also indicate the points from Table 1 that we use in our examples in order to illustrate the two parametric regimes. For $n_s > 2$ the situation becomes more complicated because there are more oscillation and equilibration time scales, which can be ordered in various different ways. Moreover, the constraints on the relative size of the individual U_{ai}^2 from neutrino oscillation data are much weaker and allow for a flavour asymmetric washout (while for $n_s = 2$ there is not enough freedom in the unconstrained parameters in Eq. (A.1) to realise vastly different values of individual U_{ai}^2 [99, 100]).

Evolution of SM Charge Densities The time evolution of the asymmetries Δ_a is governed by the equation⁶

$$\frac{d\Delta_a}{dz} = \frac{\gamma_{\text{av}}}{g_w} \frac{a_{\text{R}}}{T_{\text{ref}}} \sum_i Y_{ia} Y_{ai}^\dagger \left(\sum_b (A_{ab} + C_b/2) \Delta_b - q_{Ni} \right) - \frac{S_a}{T_{\text{ref}}}. \quad (24)$$

A sketch of its derivation is presented in Appendix C. Note that we neglect the correlations of the different active charges here, which are deleted by the lepton-flavour violating interactions mediated by the SM Yukawa-interactions, thereby breaking the flavour covariance of the evolution

⁶ Let us recall that we work in the heavy neutrino mass basis here, and Eq. (24), and similarly Eq. (44), are not manifestly flavour covariant. One reason for this is that we, following the common convention, do not include the diagonal charge q_{Ni} on the RHS of Eq. (44) in the definition of the source term S_a . This implies that the separation into "source" and "backreaction" terms in Section 4 is different from the one presented here, as we again define the source as coming from the off-diagonal correlations alone, and this definition is not flavour covariant.

equations. The first term on the right-hand side is the washout that is complementary to the damping rate for the sterile charges, while the second term is referred to as the source term

$$S_a = 2 \frac{\gamma_{av}}{g_w} a_R \sum_{\substack{i,j \\ i \neq j}} Y_{ia}^* Y_{ja} [\text{iIm}(\delta n_{ij}^{\text{even}}) + \text{Re}(\delta n_{ij}^{\text{odd}})] . \quad (25)$$

It describes the generation of SM asymmetries in the presence of off-diagonal correlations of sterile neutrinos.

Numerical solution In order to compare our analytic approximations we explicitly solve the system of differential equations (19,24) in the basis where the mass matrix is diagonal, without any further approximations from $z = 0$ to the electroweak phase transition at $z = 1$. Note that we assume zero initial abundance for the active charges $\Delta_a(z = 0) = 0$, as well as zero initial abundance for the right-handed neutrinos, meaning that their deviation from equilibrium is $\delta n_{h,i,j}(z = 0) = -\delta_{i,j} n^{\text{eq}}$.

3 Oscillatory Regime

We now study the *oscillatory regime*, where the first oscillations of the off-diagonal correlations of the sterile neutrinos happen much earlier than their relaxation toward equilibrium, *i.e.* $z_{\text{osc}} \ll z_{\text{eq}}$. The separation of scales $z_{\text{osc}} \ll z_{\text{eq}}$ allows to treat the generation of flavoured asymmetries from N_i oscillations and their washout (which leads to $B \neq 0$) independently. At early times when $z \sim z_{\text{osc}}$, we can expand the solution to the coupled system of Eqs. (19,24) in the Yukawa couplings $|Y^* Y^t|$, as we specify within Section 3.1 in detail. At late times, when $z \sim z_{\text{eq}}$, the off-diagonal correlations have either decayed or their effect averages out due to the rapidity of their oscillations. Therefore, we can neglect the commutator term in Eq. (19) as well as the source term in Eq. (24) (*i.e.* the contributions explicitly depending on δn_{ij} for $i \neq j$). This is done in Section 3.2. Our solutions hold for arbitrary n_s as long as the slowest oscillation time scale is faster than the fastest equilibration time scale. Throughout this section, we work in the mass basis (where M is diagonal). In Figure 1, we present a characteristic example for the evolution of the particular charge densities for $n_s = 2$.

3.1 Early Time Oscillations

We now identify in more detail the truncations that may be applied to Eqs. (19) and (24) when $z \sim z_{\text{osc}}$ and solve the problem thus simplified analytically.

Oscillations of Sterile Neutrinos First, consider the thermal correction to the oscillation frequency of the sterile neutrinos due to thermal masses. While in the parametrisation of Eq. (19), the oscillation frequency induced by the vacuum term H_N^{vac} is growing with z^2 , the thermal contributions given by $\mathfrak{h}_{\text{th}}$ remain constant. As a result, at very early times, the thermal effects exceed the contributions from the vacuum masses. However, because H_N^{th} is generated by forward scatterings mediated by the Yukawa interactions, it is diagonal in the same flavour basis as Γ_N , *i.e.* the interaction basis in which heavy neutrinos are produced. H_N^{th} therefore commutes with δn_h at early times (before H_N^{vac} becomes sizeable) and does not lead to oscillations.⁷ For this

⁷One may wonder whether the large thermal masses can lead to a big enhancement at $z \ll z_{\text{osc}}$ by somehow amplifying a small population of the helicity-odd occupation numbers generated during the first fraction of an

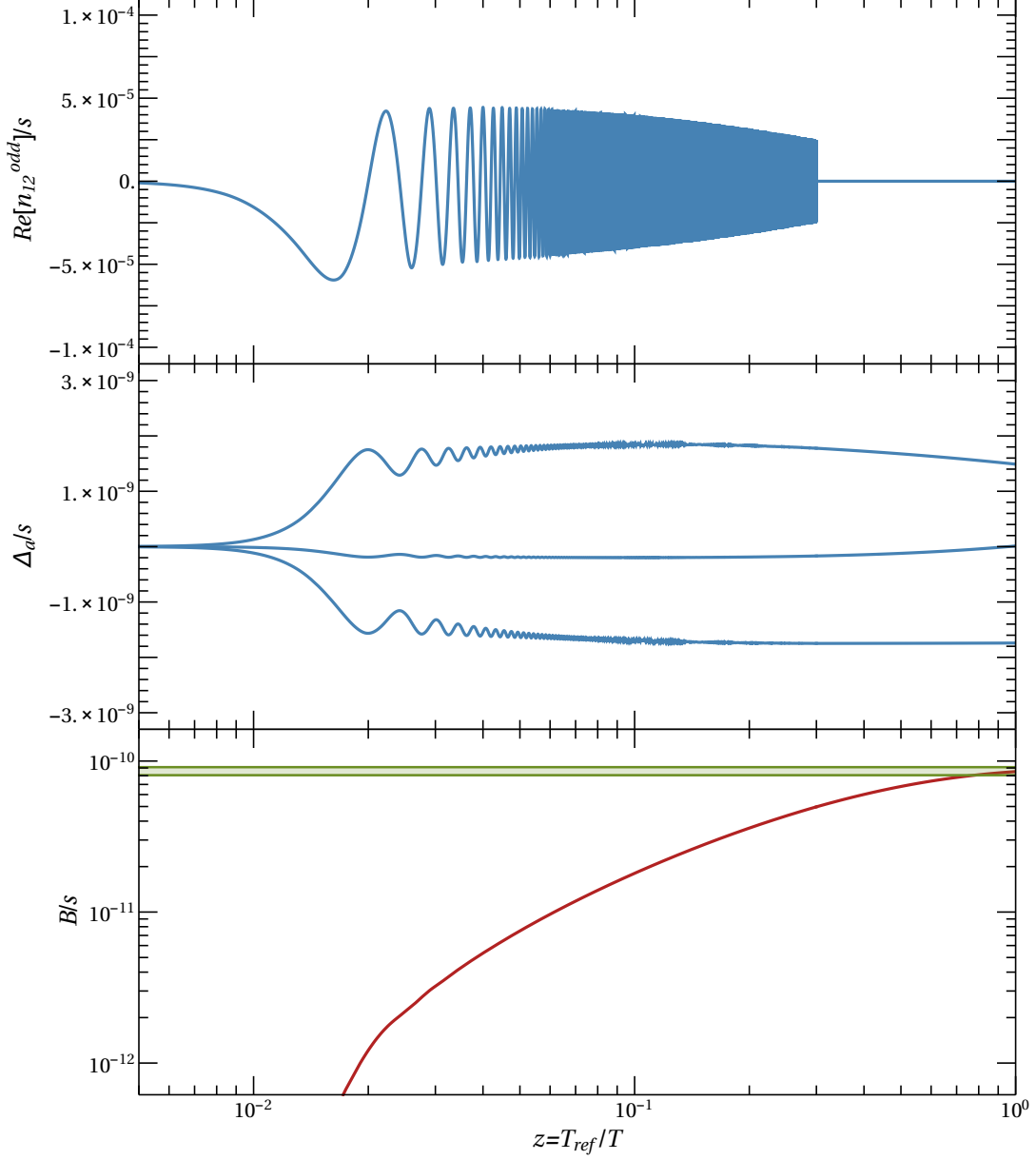


Figure 1: The upper panel illustrates the CP -violating oscillations of heavy neutrinos, as characterised by the helicity odd off-diagonal flavour correlations in their mass basis. These act as a source for the generation of flavoured lepton asymmetries. We cut off the oscillations at the point when they become too rapid to make a significant contribution to the source term, as indicated in the plot. The middle panel shows the individual asymmetries generated in the three SM flavours. It is clearly visible that the total lepton asymmetry is only generated when the washout begins, and that its modulus remains smaller than that of the asymmetries in individual flavours at all times. The lowest panel shows the generated baryon asymmetry, where the green band indicates the error bars of the observed value.

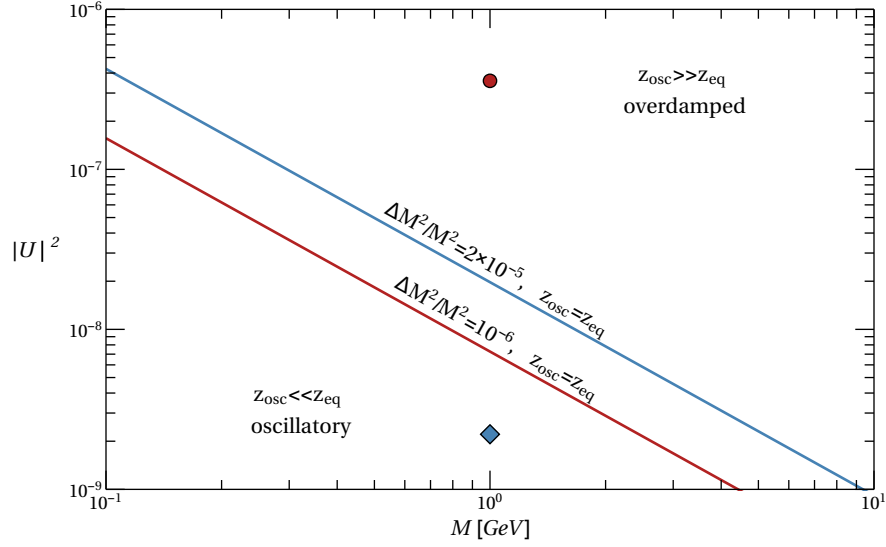


Figure 2: Parameter regions for the effective mixing angle $\sum_a U_a^2$ [using the estimate (23)] in case of two sterile flavours with corresponding average mass M and a squared-mass splitting $\Delta M^2 = M_1^2 - M_2^2$. The regions above/below the blue/red lines correspond to the overdamped/oscillatory regimes for the mass splittings indicated in the plot. The blue and red dots correspond to the two example parameter sets specified in Table 1. We can see that the blue point lies in the oscillatory and the red point in the overdamped regime.

reason, the thermal masses only lead to subdominant corrections in the oscillatory regime, and we neglect these in the following. A more detailed discussion about these time scales is presented in Appendix D.1. The relation $z_{\text{osc}} \ll z_{\text{eq}}$ also leaves the backreaction mediated through $\tilde{\Gamma}$ in Eq. (19) as a higher order effect at early times $z \sim z_{\text{osc}}$, such that it only becomes important later, when the charges Δ_a have already been generated by the source term. In summary, for $z \sim z_{\text{osc}}$, and given the relation $z_{\text{osc}} \ll z_{\text{eq}}$, Eq. (19) can be simplified to

$$\frac{d}{dz} \delta n_h + \frac{i}{2} z^2 [H_N^{\text{vac}}, \delta n_h] = -\frac{1}{2} \{\Gamma_N, \delta n_h\}. \quad (26)$$

In order to compute $q_{\ell a}$ as well as $q_{Ni} = 2n_{ii}^{\text{odd}}$ we have to solve Eq. (26) both for helicity-even and helicity-odd distributions. The relation $z_{\text{osc}} \ll z_{\text{eq}}$ allows for a perturbative expansion in the coupling term $|Y^* Y^t|$. Solutions to order $\mathcal{O}(|Y^* Y^t|^0)$ are obtained when neglecting the right hand side of Eq. (26), what results in the diagonal terms

$$\delta n_{ii}^{\text{even}} = -n^{\text{eq}} + \mathcal{O}(|Y^* Y^t|), \quad \delta n_{ii}^{\text{odd}} = 0 + \mathcal{O}(|Y^* Y^t|), \quad (27)$$

with the equilibrium solution (B.45), whereas the off-diagonal entries vanish. Note that the first term of Eq. (27) corresponds to vanishing initial abundances of the right-handed neutrinos. The first non-vanishing contribution to the charges Δ_a is $\mathcal{O}(|Y^* Y^t|^2)$, and it arises from the off-diagonal components of δn^{odd} . These can be obtained by solving Eq. (26) with the replacement

$$\delta n_{hij} \rightarrow -n^{\text{eq}} \delta_{ij}, \quad (28)$$

oscillation. However, it turns out that the main part of the charges Δ_a in the oscillatory regime is produced well during the first full oscillation. This is confirmed by our numerical solutions, which take full account of the thermal masses.

on the right hand side, such that we are left with solving

$$\frac{d}{dz}n_{ij}^{\text{odd}} + i\Omega_{ij}z^2n_{ij}^{\text{odd}} = -i\text{Im}[Y^*Y^t]_{ij}G, \quad (29a)$$

$$\frac{d}{dz}n_{ij}^{\text{even}} + i\Omega_{ij}z^2n_{ij}^{\text{even}} = \text{Re}[Y^*Y^t]_{ij}G, \quad (29b)$$

with

$$\Omega_{ij} = \frac{a_R}{T_{\text{ref}}^3} \frac{\pi^2}{36\zeta(3)} (M_{ii}^2 - M_{jj}^2), \quad G = \gamma_{\text{av}} \frac{a_R}{T_{\text{ref}}} n^{\text{eq}}. \quad (30)$$

The general solutions to these equations are

$$n_{ij}^{\text{odd}} = -i\text{Im}[Y^*Y^t]_{ij}G\mathcal{F}_{ij}, \quad n_{ij}^{\text{even}} = \text{Re}[Y^*Y^t]_{ij}G\mathcal{F}_{ij}, \quad (31a)$$

$$\mathcal{F}_{ij} = \left[C_{ij} - \frac{z}{3} E_{2/3} \left(-\frac{i}{3} \Omega_{ij} z^3 \right) \right] \exp \left(-\frac{i}{3} \Omega_{ij} z^3 \right), \quad (31b)$$

where C_{ij} is an integration constant that in case of zero initial charge is determined to be

$$C_{ij} = \lim_{z \rightarrow 0} \left[\frac{z}{3} E_{2/3} \left(-\frac{i}{3} \Omega_{ij} z^3 \right) \right] = \frac{\Gamma\left(\frac{1}{3}\right)}{3^{\frac{2}{3}}(-i\Omega_{ij})^{\frac{1}{3}}}, \quad (32)$$

and

$$E_n(x) = \int_1^\infty dt \frac{e^{-xt}}{t^n}. \quad (33)$$

Sterile charges The helicity-odd off-diagonal elements $\delta n_{ij}^{\text{odd}}$ are crucial for the generation of flavoured asymmetries $q_{\ell a}$. The diagonal elements (in the mass basis), on the other hand, can be interpreted as sterile charges q_N , *cf.* Eq. (16). Within the present approximations, they vanish at z_{osc} , when the flavoured asymmetries are generated. To show this, we solve Eq. (26) for diagonal, helicity-odd charge densities,

$$\frac{d}{dz}\delta n_{ii}^{\text{odd}} = -(\Gamma_N)_{ii}\delta n_{ii}^{\text{odd}} + F_i(z), \quad (34)$$

where

$$(\Gamma_N)_{ii} = \gamma_{\text{av}} \frac{a_R}{T_{\text{ref}}} \text{Re}[Y^*Y^t]_{ii}, \quad (35a)$$

$$F_i(z) = -\gamma_{\text{av}} \frac{a_R}{T_{\text{ref}}} \sum_{\substack{j \\ j \neq i}} (\text{Re}[Y^*Y^t]_{ij} \text{Re}[\delta n_{ij}^{\text{odd}}] + \text{Im}[Y^*Y^t]_{ij} \text{Im}[\delta n_{ij}^{\text{even}}]). \quad (35b)$$

The solutions (31) lead to

$$\text{Re}[\delta n_{ji}^{\text{odd}}] = -\text{Im}[Y^*Y^t]_{ij} \text{Im}[\mathcal{F}_{ji}]G, \quad (36a)$$

$$\text{Im}[\delta n_{ji}^{\text{even}}] = \text{Re}[Y^*Y^t]_{ij} \text{Im}[\mathcal{F}_{ji}]G, \quad (36b)$$

such that, when using the symmetry properties of the various tensors, $F_i(z)$ vanishes and consequently so does $\delta n_{ij}^{\text{odd}}$ since we assume zero sterile charge as an initial condition. In total this results in

$$q_{Ni} = 2\delta n_{ii}^{\text{odd}} = 0, \quad (37)$$

which is valid at $\mathcal{O}(|Y^*Y^t|^2)$. In Appendix D.3 we show that for $n_s = 2$ sterile neutrino flavours this even holds to all orders. However, in case of $n_s \geq 3$ flavours, already at $\mathcal{O}(|Y^*Y^t|^3)$ there appears a non-vanishing contribution that is however negligible in the oscillatory regime.

Asymmetries in Doublet Leptons and Sterile Neutrinos Likewise, in order to calculate the charge densities Δ_a in the oscillatory regime, we can neglect the washout term in Eq. (24) during the initial production process around $z \sim z_{\text{osc}}$. Since the generalised lepton number $\sum_a q_{\ell a} + \sum_i q_{Ni}$ is conserved when $T \gg M_i$ and we have previously shown that $q_{Ni} \simeq 0$ at $z \sim z_{\text{osc}}$ in the oscillatory regime, we can conclude that $B \simeq 0$ and $\Delta_a \simeq -q_{\ell a}$ at $z \sim z_{\text{osc}}$. This immediately leads to the solution

$$\Delta_a(z) = - \int_0^z \frac{dz'}{T_{\text{ref}}} S_a. \quad (38)$$

Now, when neglecting the washout that only becomes important at later times, we can obtain the flavoured lepton charge densities by substituting the source (25) into Eq. (38). To evaluate the resulting expression, we make use of the solutions (31) and integrate

$$\int_0^z dz' \text{Im} [\mathcal{F}_{ij}(z')] = \frac{z^2}{2} \text{Im} {}_2F_2 \left(\left\{ \frac{2}{3}, 1 \right\}; \left\{ \frac{4}{3}, \frac{5}{3} \right\}; -\frac{i}{3} |\Omega_{ij}| z^3 \right) \text{sign}(M_{ii}^2 - M_{jj}^2), \quad (39)$$

with the generalised hypergeometric function

$${}_pF_q(\{a_1, \dots, a_p\}; \{b_1, \dots, b_q\}; w) = \sum_{k=0}^{\infty} \prod_{i=1}^p \frac{\Gamma(k + a_i)}{\Gamma(a_i)} \prod_{j=1}^q \frac{\Gamma(b_j)}{\Gamma(k + b_j)} \frac{w^k}{k!}, \quad (40)$$

for $p, q \in \mathbb{N}_0$ and $w \in \mathbb{C}$, where $\Gamma(x)$ is the Gamma function. Because soon after the first few oscillations the charges Δ_a saturate close to their maximal values Δ_a^{sat} , cf. also Figure 1, we can use

$$\Delta_a(z) = - \int_0^z \frac{dz'}{T_{\text{ref}}} S_a \approx - \int_0^{\infty} \frac{dz'}{T_{\text{ref}}} S_a \equiv \Delta_a^{\text{sat}}, \quad (41)$$

where the approximation holds for z moderately larger than z_{osc} . On the other hand, as we have shown, the diagonal sterile charges q_{Ni} are negligible at early times [cf. Eq. (37)], so that the only asymmetries present in the plasma are flavoured asymmetries in the SM fields. To obtain these, we need the limit $z \rightarrow \infty$ of Eq. (39)

$$\int_0^{\infty} dz \text{Im} [\mathcal{F}_{ij}(z)] = - \frac{\pi^{\frac{1}{2}} \Gamma(\frac{1}{6})}{2^{\frac{2}{3}} 3^{\frac{4}{3}} |\Omega_{ij}|^{\frac{2}{3}}} \text{sign}(M_{ii}^2 - M_{jj}^2). \quad (42)$$

Putting these elements together and dividing by the comoving entropy density $s = 2\pi^2 g_\star a_R^3/45$, we obtain

$$\begin{aligned} \frac{\Delta_a^{\text{sat}}}{s} &= \frac{i}{g_\star^{\frac{5}{3}}} \frac{3^{\frac{13}{3}} 5^{\frac{5}{3}} \Gamma(\frac{1}{6}) \zeta(3)^{\frac{5}{3}}}{2^{\frac{8}{3}} \pi^{\frac{41}{6}}} \sum_{\substack{i,j,c \\ i \neq j}} \frac{Y_{ai}^\dagger Y_{ic} Y_{cj}^\dagger Y_{ja}}{\text{sign}(M_{ii}^2 - M_{jj}^2)} \left(\frac{m_{\text{Pl}}^2}{|M_{ii}^2 - M_{jj}^2|} \right)^{\frac{2}{3}} \frac{\gamma_{\text{av}}^2}{g_w} \\ &\approx - \sum_{\substack{i,j,c \\ i \neq j}} \frac{\text{Im}[Y_{ai}^\dagger Y_{ic} Y_{cj}^\dagger Y_{ja}]}{\text{sign}(M_{ii}^2 - M_{jj}^2)} \left(\frac{m_{\text{Pl}}^2}{|M_{ii}^2 - M_{jj}^2|} \right)^{\frac{2}{3}} \times 3.4 \times 10^{-4} \frac{\gamma_{\text{av}}^2}{g_w}. \end{aligned} \quad (43)$$

In Figure 3 we compare the analytic results for $\delta n_{12}^{\text{odd}}$ as well as for the late-time asymmetries (43) with the numerical solution. The discrepancies can be attributed to the fact that backreaction and washout effects are neglected so far. In a similar way as Figure 1, Figure 3 also illustrates the validity of the approximation in Eq. (38), where z is taken to infinity, because Δ_a indeed saturates after the first few oscillations.

3.2 Late Time Washout

At late times, when $z \sim z_{\text{eq}}$, we can neglect the oscillations of the sterile neutrinos because they have already decayed or they are so rapid that their effect averages out. In particular, there is no sizeable source for the flavoured asymmetries any more and also no other effects from off-diagonal correlations of the sterile neutrinos. This implies that the network of kinetic equations can be reduced to the following form

$$\frac{d\Delta_a}{dz} = \frac{\gamma_{\text{av}}}{g_w} \frac{a_R}{T_{\text{ref}}} \sum_i Y_{ia} Y_{ai}^\dagger \left(\sum_b (A_{ab} + C_b/2) \Delta_b - q_{Ni} \right), \quad (44a)$$

$$\frac{dq_{Ni}}{dz} = -\frac{a_R}{T_{\text{ref}}} \gamma_{\text{av}} \sum_a Y_{ia} Y_{ai}^\dagger \left(q_{Ni} - \sum_b (A_{ab} + C_b/2) \Delta_b \right), \quad (44b)$$

where we use Δ_a^{sat} and $q_N = 0$ as initial conditions. Equation (44a) is easily obtained from Eq. (24) when dropping the source term. In order arrive at Eq. (44b), we keep the decay term Γ_N as well as the backreaction term $\tilde{\Gamma}_N$, while dropping the commutator in Eq. (19) and solve it for the helicity-odd, diagonal charges. This procedure is justified since the oscillations of the sterile charges around $z = z_{\text{eq}}$ are fast enough for their effect to average out. Note that the backreaction terms can be identified with the contributions involving q_{Ni} in Eq. (44a) as well as Δ_b and q_ϕ in Eq. (44b). In Figure 4 the effect of the backreaction and spectator effects is presented where in particular the latter can have a substantial impact on the final result. The matrix A and the vector C appearing here specify the way how the spectator processes redistribute charges in the SM. Spectator processes have been neglected in most studies to date (except [74]), which corresponds to setting $C = 0$ and $A = -1$. The importance of including spectator effects is more pronounced than for conventional leptogenesis without flavour effects [97] because in the present scenario, the asymmetries are purely flavoured and the net result is due to an incomplete cancellation in the relation (C.15) that is rather sensitive to corrections in the individual terms.

Due to the hierarchy $z_{\text{osc}} \ll z_{\text{eq}}$, we can use the charge densities generated through sterile oscillations around $z \sim z_{\text{osc}}$, cf. Eqs. (43) and (37), as initial conditions for solving the equations governing the washout process. For n_s sterile flavours we can reduce Eqs. (44) to a linear first-order

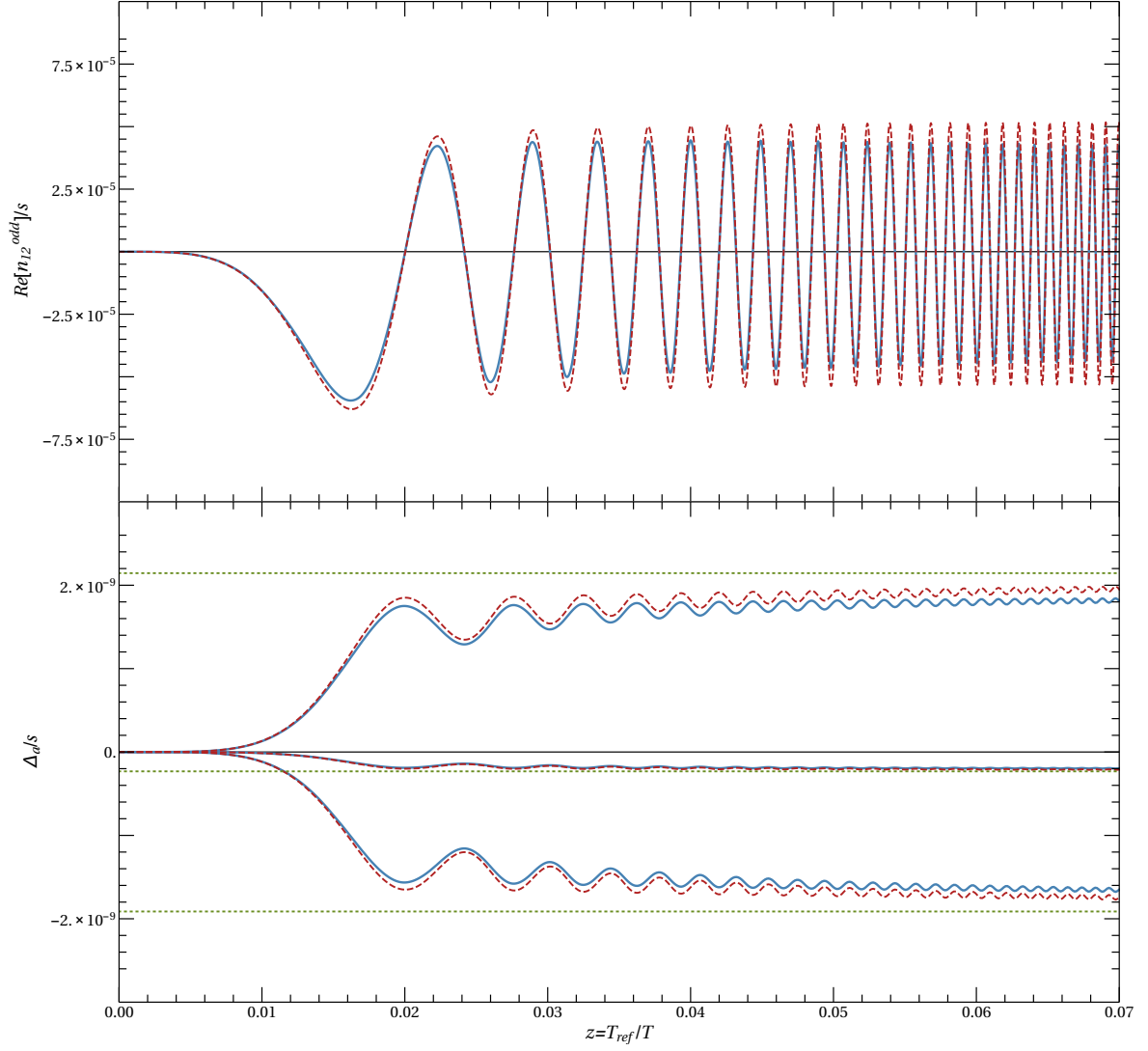


Figure 3: Comparison of the numerical solution (blue, solid), to the approximate analytic result (red, dashed) for the time evolution of the CP-violating correlation of the sterile neutrinos $\text{Re}[\delta n_{12}^{\text{odd}}]$ (upper panel), as well as the resulting time evolution of the three active charges (blue, solid), compared to their saturation limit given by Eq. (38) (red, dashed). The approximation (43) does not include washout effects since the washout time scale is assumed to be much later than the time scale of the oscillations. Furthermore, backreaction of the produced asymmetries on the N_i evolution, as well as effects due to thermal masses are neglected. Note that the sum of the three charges Δ_a vanishes since lepton number violation only occurs at order $|Y^* Y^t|^3$ when washout effects are included.

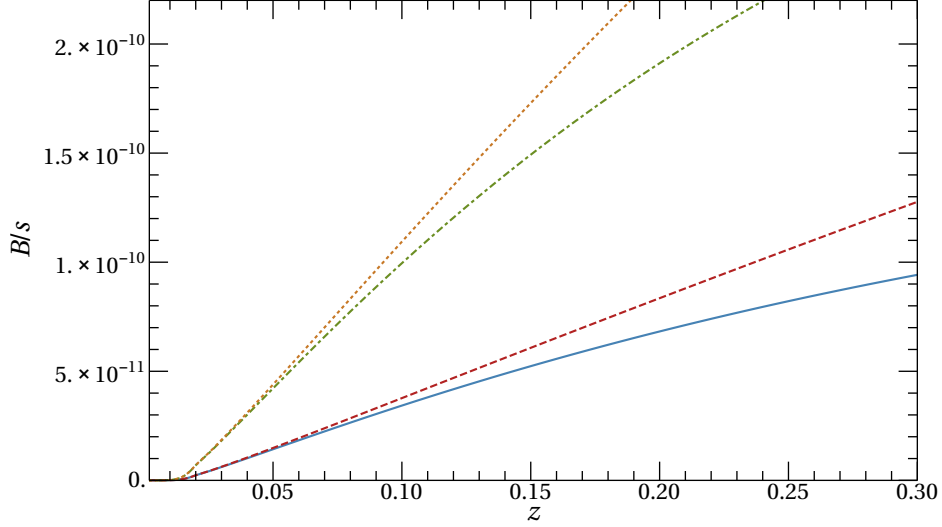


Figure 4: The numerical solution for the asymmetry B/s in the oscillatory regime, with spectator and backreaction effects included (blue, solid) compared with the solutions without spectator effects (green, dot-dashed), without backreaction (red, dashed) and without spectator or backreaction effects (orange, dotted).

differential equation for $(3 + n_s)$ -dimensional vectors $V_{\Delta N} = (\Delta^t, q_N^t)^t$,

$$\frac{d}{dz} V_{\Delta N} = \frac{a_R}{T_{\text{ref}}} \gamma_{\text{av}} K V_{\Delta N}, \quad K = \begin{pmatrix} K^{\Delta\Delta} & K^{\Delta N} \\ K^{N\Delta} & K^{NN} \end{pmatrix}, \quad (45)$$

where the components of the matrices $K^{\Delta\Delta}$, $K^{\Delta N}$, $K^{N\Delta}$ and K^{NN} read

$$\begin{aligned} K_{ab}^{\Delta\Delta} &= \frac{1}{g_w} \sum_{k=1}^{n_s} Y_{ak}^\dagger Y_{ka} \left(A_{ab} + \frac{1}{2} \right), & K_{aj}^{\Delta N} &= -\frac{1}{g_w} Y_{aj}^\dagger Y_{ja}, \\ K_{ib}^{N\Delta} &= \sum_{d=1}^3 Y_{id} Y_{di}^\dagger \left(A_{db} + \frac{1}{2} C_b \right), & K_{ij}^{NN} &= -\sum_{d=1}^3 Y_{id} Y_{di}^\dagger \delta_{ij}, \end{aligned} \quad (46)$$

with $i, j = 1, 2, \dots, n_s$ sterile and $a, b = 1, 2, 3$ active flavours. Here A and C as defined in Eq. (15) account for the spectator processes. After diagonalising the Matrix K

$$K^{\text{diag}} = T^{-1} K T, \quad (47)$$

where T is a transformation matrix with the eigenvectors of K as column vectors, we are left with the solution

$$\begin{pmatrix} \Delta(z) \\ q_N(z) \end{pmatrix} = T \exp \left(\frac{a_R}{T_{\text{ref}}} \gamma_{\text{av}} K^{\text{diag}} z \right) T^{-1} \begin{pmatrix} \Delta^{\text{in}} \\ q_N^{\text{in}} \end{pmatrix}, \quad (48)$$

with $\Delta^{\text{in}} = \Delta^{\text{sat}}$ and $q_N^{\text{in}} = 0$ the asymmetries generated during the oscillation process at early times $z \sim z_{\text{osc}}$, cf. Eqs. (43) and (37). As the washout processes are suppressed during the initial creation of the asymmetries and because of relation $z_{\text{osc}} \ll z_{\text{eq}}$, we can impose these initial conditions at

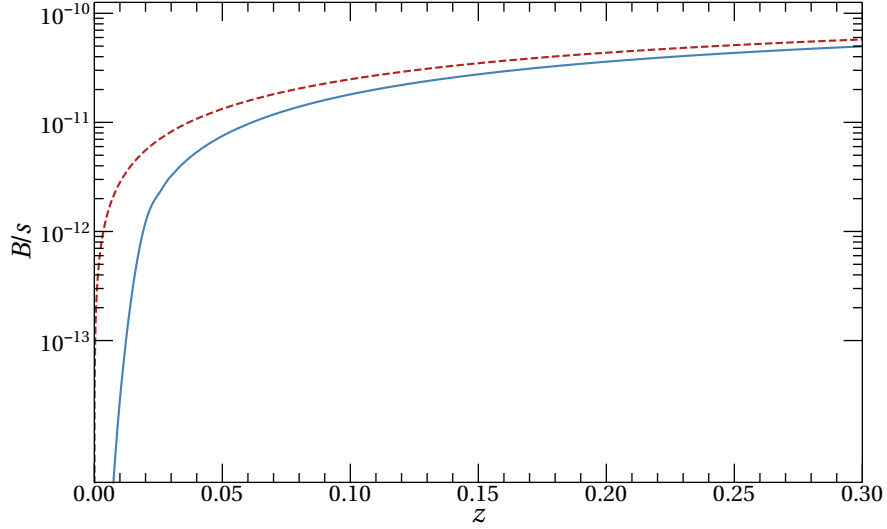


Figure 5: Comparison of the analytic treatment of the baryon asymmetry B/s (red, dashed) in the oscillatory regime to the numerical solution (blue, solid).

$z = 0$. The baryon charge B gets frozen in as soon as the weak sphalerons freeze out. Since we choose the reference temperature T_{ref} such that this occurs when $z = 1$, it follows from Eq. (C.15)

$$B = \frac{28}{79}[\Delta_1(z) + \Delta_2(z) + \Delta_3(z)]_{z=1}. \quad (49)$$

A comparison of the evolution of the baryon asymmetry in the analytic treatment with the full numerical solution is shown in Figure 5.

4 Overdamped Regime

There are phenomenologically interesting parameter choices where the equilibration of one of the heavy neutrino interaction eigenstates happens before the first oscillation is completed, leading to an overdamped behaviour of the oscillations. This is particularly important in the case of mass-degenerate heavy neutrinos, for which the first oscillation can happen at times as late as sphaleron freezeout, and in scenarios in which the Y_{ia} are much larger than the naive seesaw expectation (8). Both of this can *e.g.* be motivated in scenarios with an approximate $B - L$ conservation. In these scenarios one eigenvalue of $YY^\dagger$ is always much smaller than the other, see Appendix A, so that one interaction eigenstate couples only very feebly to the plasma. Instead of being produced through direct scatterings, the feebly coupled state gets populated through oscillations with a sterile neutrino that has already equilibrated. Using the same perturbative approximation as in the oscillatory regime is no longer justified, because the larger decay rate cannot be treated as a small perturbation to the vacuum oscillation any more. Instead, we use a quasi-static approximation in a similar manner to applications to resonant leptogenesis from N_i decay [61, 101]. In the following we derive analytic expressions to treat the overdamped regime for $n_s = 2$. Throughout this computation, we work in the interaction basis of the sterile neutrinos. An example plot for the generation of net baryon charge in the overdamped regime for two sterile flavours is shown in Figure 6.

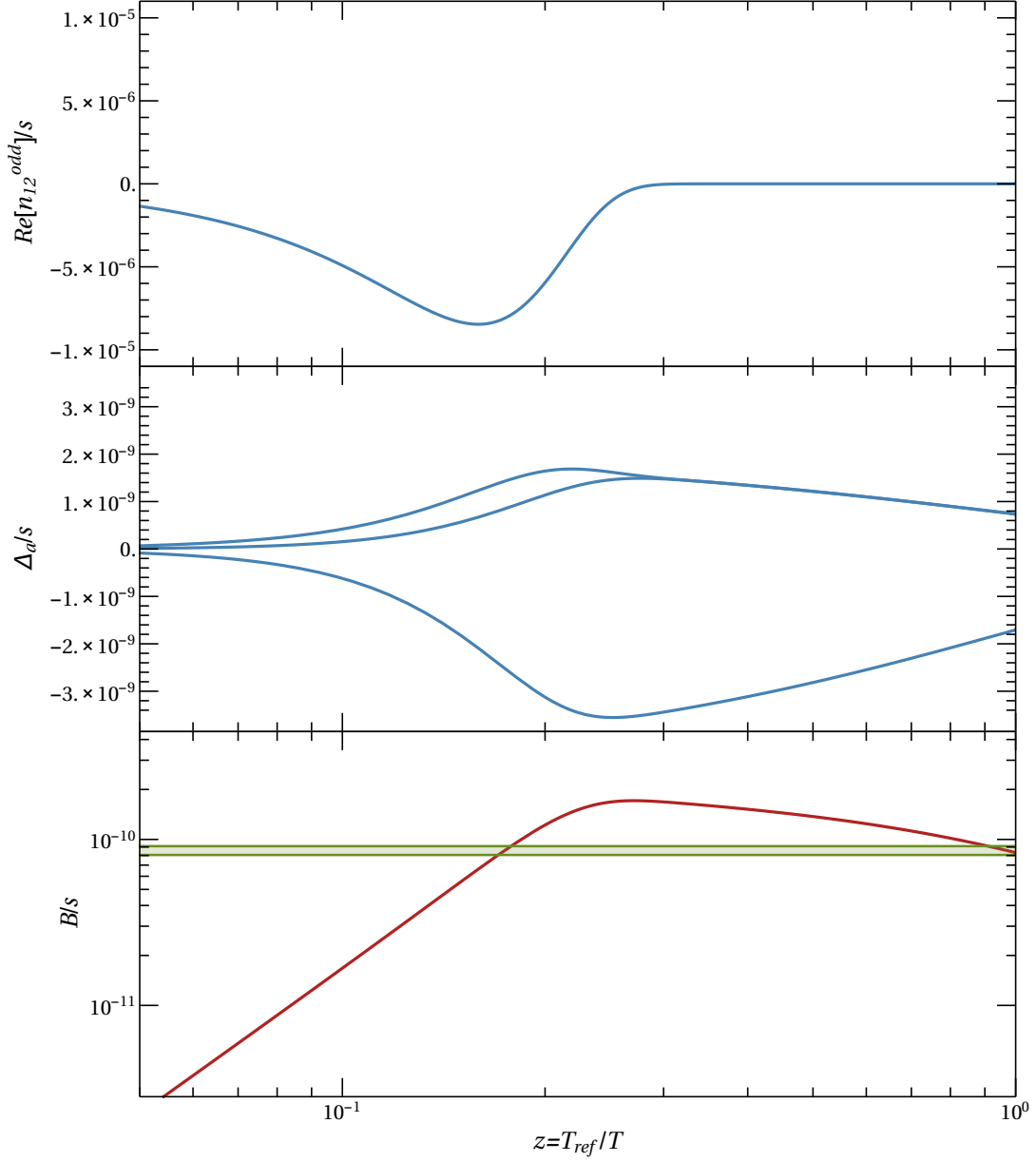


Figure 6: This example plot shows the production of the baryon asymmetry B/s (bottom panel) in the overdamped regime for two sterile flavours. The top panel shows the helicity-odd part of the correlation δn_{12} . In comparison to the oscillatory regime, see Figure 1, this oscillation happens rather late and is overdamped. The generation of the SM charges Δ_a/s is shown in the middle panel. The bottom panel show the resulting baryon asymmetry, where the green band indicates the error bars of the observed value.

4.1 Source of the Asymmetry

In the interaction basis, where $YY^\dagger$ is diagonal, the fact that one interaction state decouples in the $B - L$ conserving limit implies that we can write the Yukawa couplings and the right-handed neutrino masses as:

$$Y^\dagger = \begin{pmatrix} Y_e & \epsilon_e \\ Y_\mu & \epsilon_\mu \\ Y_\tau & \epsilon_\tau \end{pmatrix}, \quad M = \begin{pmatrix} \mu_1 & \bar{M} \\ \bar{M} & \mu_2 \end{pmatrix}, \quad (50)$$

see Appendix A. In the interaction basis we have therefore $\sum_a |Y_a|^2 \gg \sum_b |\epsilon_b|^2$, as well as $\sum_a Y_a^* \epsilon_a = 0$, as the matrix $YY^\dagger$ is diagonal. We can treat the smaller Yukawa coupling $|\epsilon_{2a}|$ as an expansion parameter throughout the following calculation. We will solve the equations for the positive helicity distribution $\delta n_{+,ij}$, while all remaining distributions can be obtained through complex conjugation of the mass and Yukawa matrices.

The momentum averaged sterile neutrino decay matrix Γ_N inherits the flavour structure of the Yukawa matrices $YY^\dagger$. Therefore, in the interaction basis the decay rate Γ_N as well as the thermal mass matrix H_N^{th} are both diagonal:

$$\Gamma_N = \gamma_{\text{av}} \frac{a_R}{T_{\text{ref}}} \begin{pmatrix} \sum_a |Y_a|^2 & 0 \\ 0 & \sum_a |\epsilon_a|^2 \end{pmatrix}, \quad (51a)$$

$$H_N^{\text{th}} = \mathfrak{h}_{\text{th}} \frac{a_R}{T_{\text{ref}}} \begin{pmatrix} \sum_a |Y_a|^2 & 0 \\ 0 & \sum_a |\epsilon_a|^2 \end{pmatrix}, \quad (51b)$$

From now we neglect the smaller eigenvalue, *i.e.* all terms of $\mathcal{O}(|\epsilon_a|^2)$. The contribution to the effective Hamiltonian from the vacuum mass matrix H_N^{vac} is not necessarily diagonal in the interaction basis, *i.e.* it takes the form

$$H_N^{\text{vac}} = \frac{\pi^2}{18\zeta(3)} \frac{a_R}{T_{\text{ref}}^3} \begin{pmatrix} \bar{M}^2 + |\mu_1|^2 & \bar{M}(\mu_1 + \mu_2^*) \\ \bar{M}(\mu_1^* + \mu_2) & \bar{M}^2 + |\mu_2|^2 \end{pmatrix}. \quad (52)$$

Note that we have not yet expanded in $\mu_{1,2}$ in order to keep equations valid in a more general case as well. We consider the regime where the equilibration of N_1 happens before the oscillations between the sterile flavours begin, which means that the rate at which δn_{11} reaches it's quasi-static value is much faster than the rate of the oscillations,

$$\frac{z_{\text{eq}}}{z_{\text{osc}}} = \frac{\sqrt[3]{|M_1^2 - M_2^2|/a_R^2}}{\gamma_{\text{av}} \sum_a |Y_a|^2} \ll 1. \quad (53)$$

We separate the evolution equations into the directly damped equations, containing $[YY^\dagger]_{11}$,

$$\frac{d\delta n_{11}}{dz} = -(\Gamma_N)_{11} \delta n_{11} - \frac{i}{2} z^2 [(H_N^{\text{vac}})_{12} \delta n_{21} - (H_N^{\text{vac}})^*_{12} \delta n_{12}], \quad (54a)$$

$$\frac{d\delta n_{12}}{dz} = -\frac{(\Gamma_N)_{11}}{2} \delta n_{12} - i \frac{(H_N^{\text{th}})_{11}}{2} \delta n_{12} - \frac{i}{2} z^2 \sum_k [(H_N^{\text{vac}})_{1k} \delta n_{k2} - \delta n_{1k} (H_N^{\text{vac}})_{k2}], \quad (54b)$$

and the ones that are damped indirectly, through mixing with other sterile flavours,

$$\frac{d\delta n_{22}}{dz} = -\frac{i}{2} z^2 [(H_N^{\text{vac}})^*_{12} \delta n_{12} - (H_N^{\text{vac}})_{12} \delta n_{21}]. \quad (55)$$

At this point we make the quasi-static approximation [61, 101] to the solutions of Eqs. (54) by assuming that the interactions of the highly damped neutrino N_1 and its flavour correlations instantaneously reach values that are determined by the deviation of the feebly coupled state N_2 from equilibrium, *i.e.*

$$d\delta n_{11}/dz = d\delta n_{12}/dz = d\delta n_{21}/dz \approx 0, \quad (56)$$

which allows us to express δn_{11} , δn_{12} , and $\delta n_{21} = \delta n_{12}^*$ in terms of δn_{22} ,

$$\delta n_{11} = \frac{z^4 |(H_N^{\text{vac}})_{12}|^2}{(\Gamma_N)_{11}^2 + (H_N^{\text{th}})_{11}^2 + z^2 2(H_N^{\text{th}})_{11} [(H_N^{\text{vac}})_{11} - (H_N^{\text{vac}})_{22}] + z^4 (\tilde{H}_N^{\text{vac}})^2} \delta n_{22}, \quad (57a)$$

$$\delta n_{12} = -\frac{z^2 (H_N^{\text{vac}})_{12} \{i(\Gamma_N)_{11} + (H_N^{\text{th}})_{11} + z^2 [(H_N^{\text{vac}})_{11} - (H_N^{\text{vac}})_{22}]\}}{(\Gamma_N)_{11}^2 + (H_N^{\text{th}})_{11}^2 + z^2 2(H_N^{\text{th}})_{11} [(H_N^{\text{vac}})_{11} - (H_N^{\text{vac}})_{22}] + z^4 (\tilde{H}_N^{\text{vac}})^2} \delta n_{22}, \quad (57b)$$

where we have introduced

$$(\tilde{H}_N^{\text{vac}})^2 \equiv |(H_N^{\text{vac}})_{12}|^2 + [(H_N^{\text{vac}})_{11} - (H_N^{\text{vac}})_{22}]^2.$$

Inserting these results into the equation for the weakly washed-out sterile neutrino N_2 yields the differential equation

$$\begin{aligned} \frac{d\delta n_{22}}{dz} &= -\frac{z^4 |(H_N^{\text{vac}})_{12}|^2 (\Gamma_N)_{11}}{(\Gamma_N)_{11}^2 + (H_N^{\text{th}})_{11}^2 + z^2 2(H_N^{\text{th}})_{11} [(H_N^{\text{vac}})_{11} - (H_N^{\text{vac}})_{22}] + z^4 (\tilde{H}_N^{\text{vac}})^2} \delta n_{22} \\ &= -(\Gamma_N)_{11} \frac{|(H_N^{\text{vac}})_{12}|^2}{(\tilde{H}_N^{\text{vac}})^2} \frac{z^4}{(z^2 + \tilde{z}_c^2)(z^2 + \tilde{z}_c^{*2})} \delta n_{22}, \end{aligned} \quad (58)$$

with the parameter

$$\tilde{z}_c = \sqrt{\frac{(H_N^{\text{th}})_{11}}{\tilde{H}_N^{\text{vac}}} \left[\frac{(H_N^{\text{vac}})_{11} - (H_N^{\text{vac}})_{22}}{\tilde{H}_N^{\text{vac}}} + i \sqrt{\frac{|(H_N^{\text{vac}})_{12}|^2}{(\tilde{H}_N^{\text{vac}})^2} + \frac{\gamma_{\text{av}}^2}{\mathfrak{h}_{\text{th}}^2}} \right]}. \quad (59)$$

Its absolute value introduces a new time scale

$$|\tilde{z}_c| = \sqrt{\frac{(H_N^{\text{th}})_{11}}{\tilde{H}_N^{\text{vac}}}} \sqrt[4]{1 + \frac{\gamma_{\text{av}}^2}{\mathfrak{h}_{\text{th}}^2}} \sim z_{\text{osc}} \sqrt{\frac{z_{\text{osc}}}{z_{\text{eq}}} \frac{\mathfrak{h}_{\text{th}}}{\gamma_{\text{av}}}} \gg z_{\text{osc}}. \quad (60)$$

The time scale $|\tilde{z}_c|$ indicates the instance when the vacuum part of the Hamiltonian $z^2 H_N^{\text{vac}}$ becomes comparable to the thermal contribution H_N^{th} . The general solution to Eq. (58) is given by

$$\delta n_{22} = \delta n_{22}(0) \exp \left\{ -(\Gamma_N)_{11} \frac{|(H_N^{\text{vac}})_{12}|^2}{(\tilde{H}_N^{\text{vac}})^2} \left[z - \frac{\text{Im} \left(\tilde{z}_c^3 \arctan \frac{z}{\tilde{z}_c} \right)}{\text{Im} \tilde{z}_c^2} \right] \right\}. \quad (61)$$

For times $z \ll |\tilde{z}_c|$, we can approximate this solution by

$$\delta n_{22} \approx \delta n_{22}(0) \exp \left(-(\Gamma_N)_{11} \frac{|(H_N^{\text{vac}})_{12}|^2}{(\tilde{H}_N^{\text{vac}})^2} \frac{z^5}{5|\tilde{z}_c|^4} \right), \quad (62)$$

which results in the equilibration time-scale for N_2

$$z_{N_2}^{\text{eq}} = |\tilde{z}_c| \sqrt[5]{\frac{5}{(\Gamma_N)_{11}|\tilde{z}_c|} \frac{(\tilde{H}_N^{\text{vac}})^2}{|(H_N^{\text{vac}})_{12}|^2}}. \quad (63)$$

Therefore, unless $|(H_N^{\text{vac}})_{12}|^2 \ll (\tilde{H}_N^{\text{vac}})^2$, N_2 will reach equilibrium before $|\tilde{z}_c|$, justifying the usage of Eq. (62). Note that this situation naturally occurs in the pseudo-Dirac scenario, where the flavour and mass bases are maximally misaligned, such that $(H_N^{\text{vac}})_{11} = (H_N^{\text{vac}})_{22}$. Furthermore, in the pseudo-Dirac scenario one can also expand in $\mu_{1,2} \ll \bar{M}$, leading to a simplified expression for the equilibration time-scale:

$$z_{N_2}^{\text{eq}} = \sqrt[5]{\frac{405\zeta^2(3)\mathfrak{h}_{\text{th}}^2 T_{\text{ref}}^5 \sum_a |Y_a|^2}{\pi^2 \gamma_{\text{av}} a_{\text{R}} \bar{M}^2 \mu^2}} \quad (64)$$

with $\mu = |\mu_1 + \mu_2^*|/2 = |M_1^2 - M_2^2|/(4\bar{M})$, and $\bar{M}^2 = (M_1^2 + M_2^2)/2$.

The source of the lepton asymmetry is caused by the CP -odd correlation

$$\delta n_{+12} - \delta n_{-12}^* = -\frac{2z^2 \text{i}(H_N^{\text{vac}})_{12}(\Gamma_N)_{11}}{(\tilde{H}_N^{\text{vac}})^2(z^2 + \tilde{z}_c^2)(z^2 + \tilde{z}_c^{*2})} \delta n_{22}(z), \quad (65)$$

which yields the source term

$$\begin{aligned} S_a &= a_{\text{R}} \frac{\gamma_{\text{av}}}{g_w} \sum_{\substack{i,j \\ i \neq j}} Y_{ia}^* Y_{ja} (\delta n_{+ij} - \delta n_{-ij}^*) \\ &= 4 \frac{\gamma_{\text{av}}^2 a_{\text{R}}^2}{g_w T_{\text{ref}}} \frac{\sum_b |Y_b|^2}{(\tilde{H}_N^{\text{vac}})^2} \frac{z^2}{|z^2 + \tilde{z}_c^2|^2} \text{Im}[Y_a^* (H_N^{\text{vac}})_{12} \epsilon_a] \delta n_{22}(z) \end{aligned} \quad (66)$$

that is non-vanishing only at first order in the smaller Yukawa $|\epsilon_a|$. The z dependence of the source term divided by T_{ref} and the entropy density s is shown in Figure 7. Note that the trace of the source $\sum_a S_a$ vanishes as we have $\sum_a Y_a \epsilon_a^* = 0$ in the interaction basis. In the limit $\mu \ll \bar{M}$, the source term further simplifies to:

$$\frac{S_a}{s T_{\text{ref}}} \approx -\frac{45\sqrt{5}}{g_\star^{3/2} g_w 4\pi^{7/2}} \frac{\gamma_{\text{av}}^2 m_{\text{Pl}} \bar{M} \mu}{\mathfrak{h}_{\text{th}}^2 T_{\text{ref}}^3} \frac{\text{Im}[Y_a^* \epsilon_a]}{\sum_b |Y_b|^2} z^2 \exp\left(-\frac{z^5}{z_{N_2}^{\text{eq} 5}}\right) \quad (67)$$

$$= -5.65 \times 10^{-7} \times \frac{m_{\text{Pl}} \bar{M} \mu}{T_{\text{ref}}^3} \frac{\text{Im}[Y_a^* \epsilon_a]}{\sum_b |Y_b|^2} z^2 \exp\left(-\frac{z^5}{z_{N_2}^{\text{eq} 5}}\right). \quad (68)$$

Validity of the Approximations For times $(\Gamma_N)_{11}^{-1} \ll z \ll |\tilde{z}_c|$ ⁸, Eq. (62) implies that $d\delta n_{22}/dz$ is small. Furthermore, we can approximate

$$\delta n_{11} = \frac{|(H_N^{\text{vac}})_{12}|^2}{(\tilde{H}_N^{\text{vac}})^2} \frac{z^4}{|\tilde{z}_c|^4} \delta n_{22}, \quad (69a)$$

$$\delta n_{12} = -\frac{(H_N^{\text{vac}})_{12}}{(\tilde{H}_N^{\text{vac}})^2} \frac{z^2}{|\tilde{z}_c|^4} [(H_N^{\text{th}})_{11} + \text{i}(\Gamma_N)_{11}] \delta n_{22}. \quad (69b)$$

⁸Note however, that in presence of another non-vanishing charge that contributes to the size of δn , *e.g.* Δ_a , its derivatives will be proportional to the derivatives of Δ_a , which may further extend the validity of the overdamped approximation, as it is the case for δn^{odd} once we include the backreaction of the active charges.

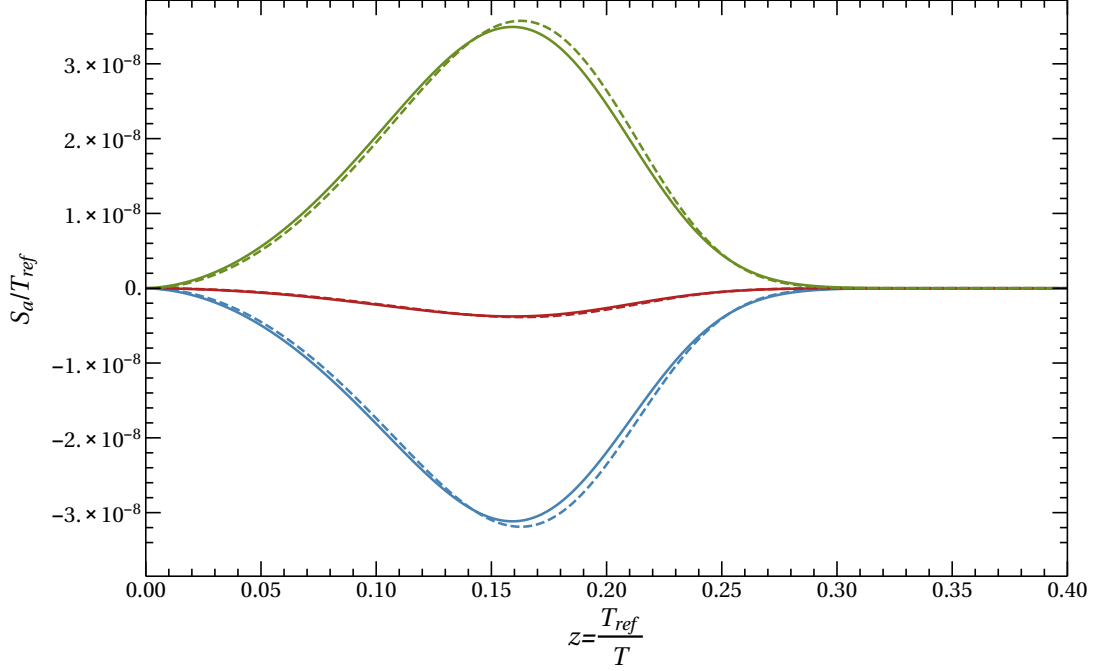


Figure 7: Source of the lepton asymmetries for the three SM flavours calculated numerically (solid) and analytically (dashed).

Hence, it is straightforward to see that the assumption made in Eq. (56) is justified in this regime, as the derivatives of δn_{11} and δn_{12} are much smaller than any of the individual terms on the right hand sides of Eq. (54),

$$\frac{d\delta n_{11}}{dz} = \frac{4}{z}\delta n_{11} + \frac{d\delta n_{22}}{dz} \frac{\delta n_{11}}{\delta n_{22}} \ll (\Gamma_N)_{11}\delta n_{11}, \quad (70a)$$

$$\frac{d\delta n_{12}}{dz} = \frac{2}{z}\delta n_{12} + \frac{d\delta n_{22}}{dz} \frac{\delta n_{12}}{\delta n_{22}} \ll (\Gamma_N)_{11}\delta n_{12}. \quad (70b)$$

4.2 Time Evolution of the SM Charges in the Overdamped Regime

At least one of the damping rates for the charges Δ_a is of the same order in $|Y_{1a}|^2$ as the larger of the sterile neutrino production rates. This implies that the washout of the active leptons typically happens at the same time as the overdamped oscillation of the sterile neutrinos. Neglecting the backreaction of the active flavours onto the sterile sector, as suitable for the oscillatory regime during the initial production of the asymmetries, is no longer an applicable approximation here. However, as all charges Δ_a are of first order in the smaller Yukawa coupling $|Y_{2a}|$, see Eq. (66), the calculation of the sterile charges at *zeroth* order in $|Y_{2a}|$ remains unchanged. To correctly describe the evolution of the charge Δ_a , one has to solve the whole set of coupled differential equations at first order in $|Y_{2a}|$.

Suppression due to Backreaction To include effects coming from the backreaction of the active flavours onto the sterile sector, we consider once more the system of Eqs. (19, 24). Among

the CP -odd sterile distributions, the entry $\delta n_{11}^{\text{odd}}$ receives the biggest correction due to backreaction. When neglecting the smaller Yukawa coupling $|\epsilon_a|$, the matrices $\tilde{\Gamma}_N$ take the form

$$\tilde{\Gamma}_N^a = \frac{1}{2} \gamma_{\text{av}} \frac{a_R}{T_{\text{ref}}} \begin{pmatrix} |Y_a|^2 & 0 \\ 0 & 0 \end{pmatrix}. \quad (71)$$

By applying the quasi-static approximation to the sterile neutrinos as in the previous section, we obtain the approximate densities of $\delta n_{11}^{\text{odd}} = 2q_{N1}$,

$$\begin{aligned} \delta n_{11}^{\text{odd}} &\approx \sum_{b,c} \frac{|Y_b|^2}{2 \sum_d |Y_d|^2} (A_{bc} + C_c/2) \Delta_c \left(1 - \frac{|(H_N^{\text{vac}})_{12}|^2}{(\tilde{H}_N^{\text{vac}})^2} \frac{z^4}{|z^2 + \tilde{z}_c^2|^2} \right) \\ &+ \frac{|(H_N^{\text{vac}})_{12}|^2}{(\tilde{H}_N^{\text{vac}})^2} \frac{z^4}{|z^2 + \tilde{z}_c^2|^2} \delta n_{22}^{\text{odd}}, \end{aligned} \quad (72)$$

as well as the off-diagonal correlations δn_{12} . Inserting the quasi-static solutions back into the evolution equations of the SM leptons and the indirectly damped neutrino δn_{22} gives

$$\frac{d\Delta_a}{dz} = \tilde{W}_{ab} \Delta_b - \frac{S_a(z)}{T_{\text{ref}}} \quad (73)$$

$$\begin{aligned} &+ \frac{a_R}{T_{\text{ref}}} \frac{\gamma_{\text{av}}}{g_w} |Y_a|^2 \frac{|(H_N^{\text{vac}})_{12}|^2}{(\tilde{H}_N^{\text{vac}})^2} \frac{z^4}{|z^2 + \tilde{z}_c^2|^2} \left(2\delta n_{22}^{\text{odd}} - \sum_{b,c} \frac{|Y_b|^2}{\sum_d |Y_d|^2} (A_{bc} + C_c/2) \Delta_c \right) \\ \frac{d\delta n_{22}^{\text{odd}}}{dz} &= -(\Gamma_N)_{11} \frac{|(H_N^{\text{vac}})_{12}|^2}{(\tilde{H}_N^{\text{vac}})^2} \frac{z^4}{|z^2 + \tilde{z}_c^2|^2} \frac{1}{2} \left(2\delta n_{22}^{\text{odd}} - \sum_{b,c} \frac{|Y_b|^2}{\sum_d |Y_d|^2} (A_{bc} + C_c/2) \Delta_c \right), \end{aligned} \quad (74)$$

with the effective washout matrix

$$\tilde{W}_{ab} = \frac{a_R}{T_{\text{ref}}} \frac{\gamma_{\text{av}}}{g_w} |Y_a|^2 \sum_c \left(\delta_{ac} - \frac{|Y_c|^2}{\sum_d |Y_d|^2} \right) A_{cb}. \quad (75)$$

When we express the $\delta n_{22}^{\text{odd}}$ dependence in Eq. (73) through the derivative $d\delta n_{22}/dz$, the expression simplifies to

$$\frac{d\Delta_a}{dz} = \sum_b \tilde{W}_{ab} \Delta_b - \frac{S_a(z)}{T_{\text{ref}}} - \frac{2}{g_w} \frac{|Y_a|^2}{\sum_d |Y_d|^2} \frac{d\delta n_{22}^{\text{odd}}}{dz}. \quad (76)$$

To calculate the individual charges Δ_a , we can neglect the derivative $d\delta n_{22}^{\text{odd}}/dz$, as it is small for times $z \ll \tilde{z}_c$. The solution for $\Delta_a(z)$ can now be computed by integrating

$$\Delta_a(z) \approx \sum_{b,c=1,2} v_{ab}^T e^{w_b z} \int_0^z dz' e^{-w_b z'} v_{bc} \frac{S_c(z')}{T_{\text{ref}}}, \quad (77)$$

where $w_{1,2}$ are the two non-vanishing eigenvalues of the matrix $\tilde{W}_{ab}$, and v_{bc} the set of the corresponding eigenvectors. As a result of the conservation of the generalised lepton number (18), there is a vanishing eigenvalue. The lepton number L remains conserved when neglecting the derivatives of both sterile charges $d\delta n_{ii}/dz$. The sterile charge density $\delta n_{22}^{\text{odd}}$ can formally be obtained by integrating Eq. (74) with the approximate form for the SM charges from Eq. (77). For practical

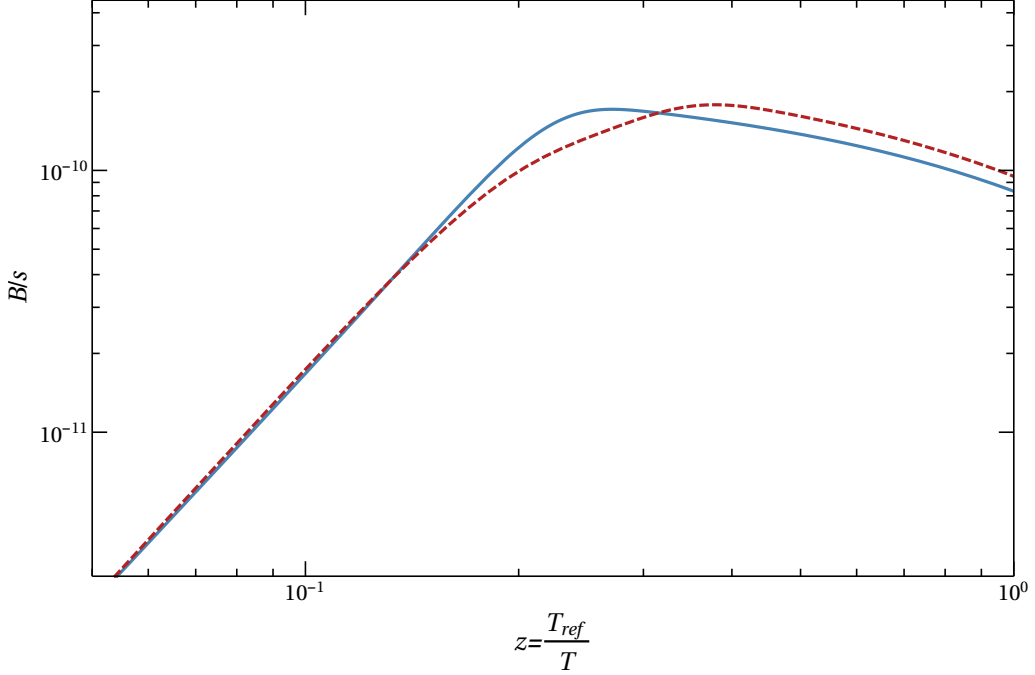


Figure 8: Total baryon asymmetry calculated numerically (blue,full) and analytically (red,dashed).

purposes it is sufficient to completely neglect it for times before the equilibration of N_2 , $z \ll z_{N_2}^{\text{eq}}$, and to replace it by its quasi-static value for later times. By including corrections to $\delta n_{11}^{\text{odd}}$ of order $d\Delta_a/dz$, and partially integrating the rate of change of the baryon asymmetry dB/dz , we can obtain the baryon asymmetry of the Universe

$$B(z) \approx \frac{28}{79} \left[\sum_{ab} \Delta_a(z) (A_{ab} + C_b/2) \frac{|Y_b|^2}{g_w \sum_d |Y_d|^2} + \frac{2}{g_w} \delta n_{22}^{\text{odd}}(z) \right], \quad (78)$$

up to an $\mathcal{O}(50\%)$ error for $z \geq z_{N_2}^{\text{eq}}$. For the parametric example from Table 1, a comparison between this analytic approximation and the numerical result is shown in Figure 8. A comparison of the numerical and analytic solutions for the source, active lepton charges and the final baryon asymmetry for the points that lead to the maximal mixing angles for right-handed neutrino masses of $\bar{M} = 1 \text{ GeV}$ are shown on Figures 9 and 10.

The baryon asymmetry in the case of highly flavour asymmetric washout In the special case of a highly flavour asymmetric washout, where the washout rate of one of the active neutrino flavours is much smaller than the N_2 equilibration rate $\gamma_{\text{av}} |Y_a|^2 a_{\text{R}}/T_{\text{ref}} \ll (z_{N_2}^{\text{eq}})^{-1}$, while the other flavours have a strong washout compared to it $\gamma_{\text{av}} |Y_b|^2 a_{\text{R}}/T_{\text{ref}} \gg (z_{N_2}^{\text{eq}})^{-1}$, the formal solution of the evolution equations (77) can be further simplified.

Since we assumed that the washouts of the other two flavours are large, they have reached quasi-static equilibrium early, and the relation between the three charges is approximately given

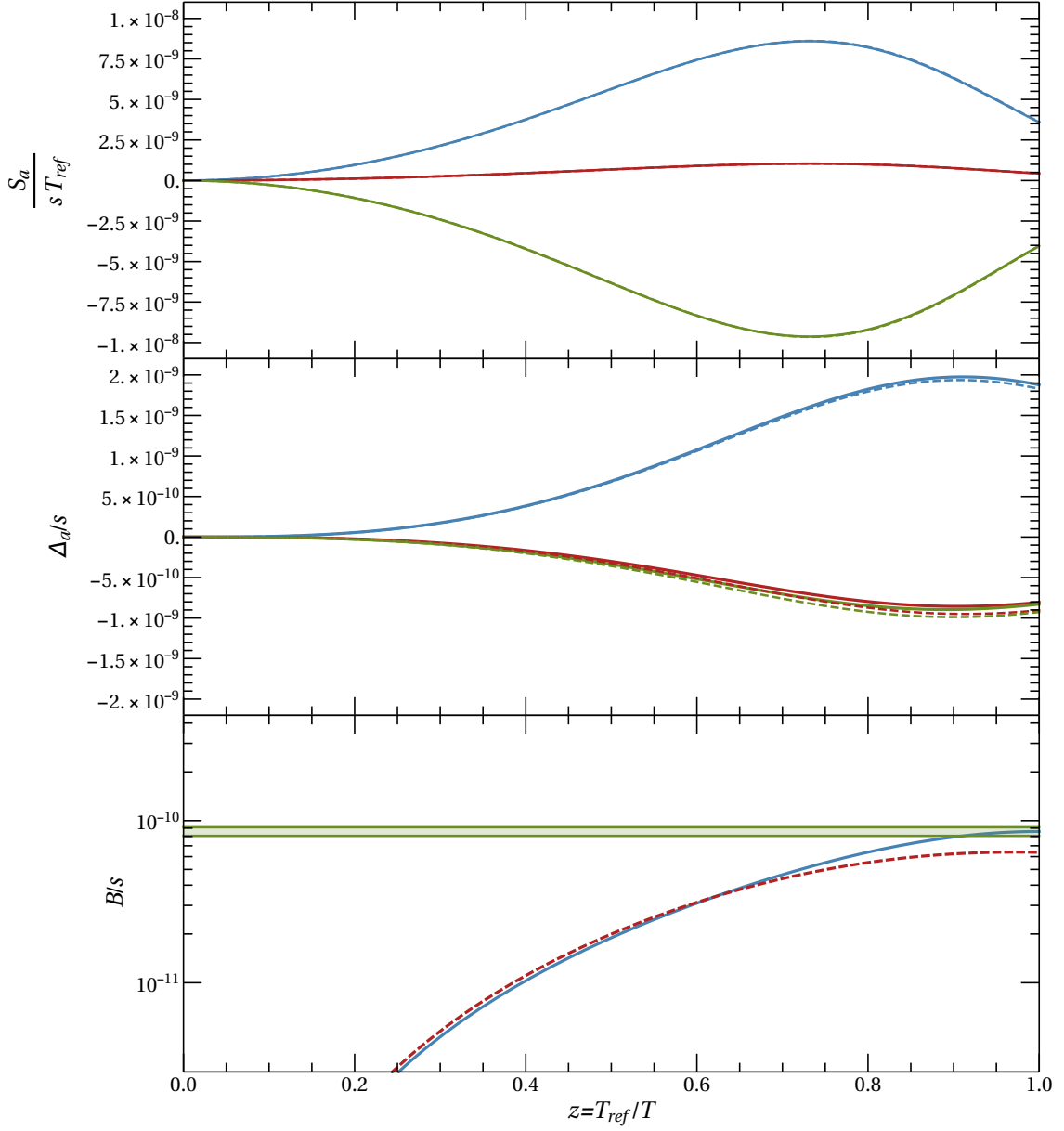


Figure 9: The comparison between numerical and analytic solutions for the source term, individual lepton charges and the baryon asymmetry for parameter choices that lead to maximal mixing angles for right-handed neutrino masses of $\bar{M} = 1 \text{ GeV}$ in the case of normal hierarchy. The analytical approximations are always presented with a dashed line, for the source term they are indistinguishable from the numerical result. The parameters used for this plot are $\Delta M^2 = 4.002 \times 10^{-8} \bar{M}^2$, $\omega = \frac{5\pi}{4} + 5.26i$, $\alpha_1 = 0$, $\alpha_2 = 0$, $\delta = \pi/2$, and the discrete parameter $\xi = 1$. The small CP -violating parameters are $\mu = 1.001 \times 10^{-8} \bar{M}$ and $\sum_a |\epsilon_a|^2 = 3.65 \times 10^{-10} \sum_a |Y_a|^2$.

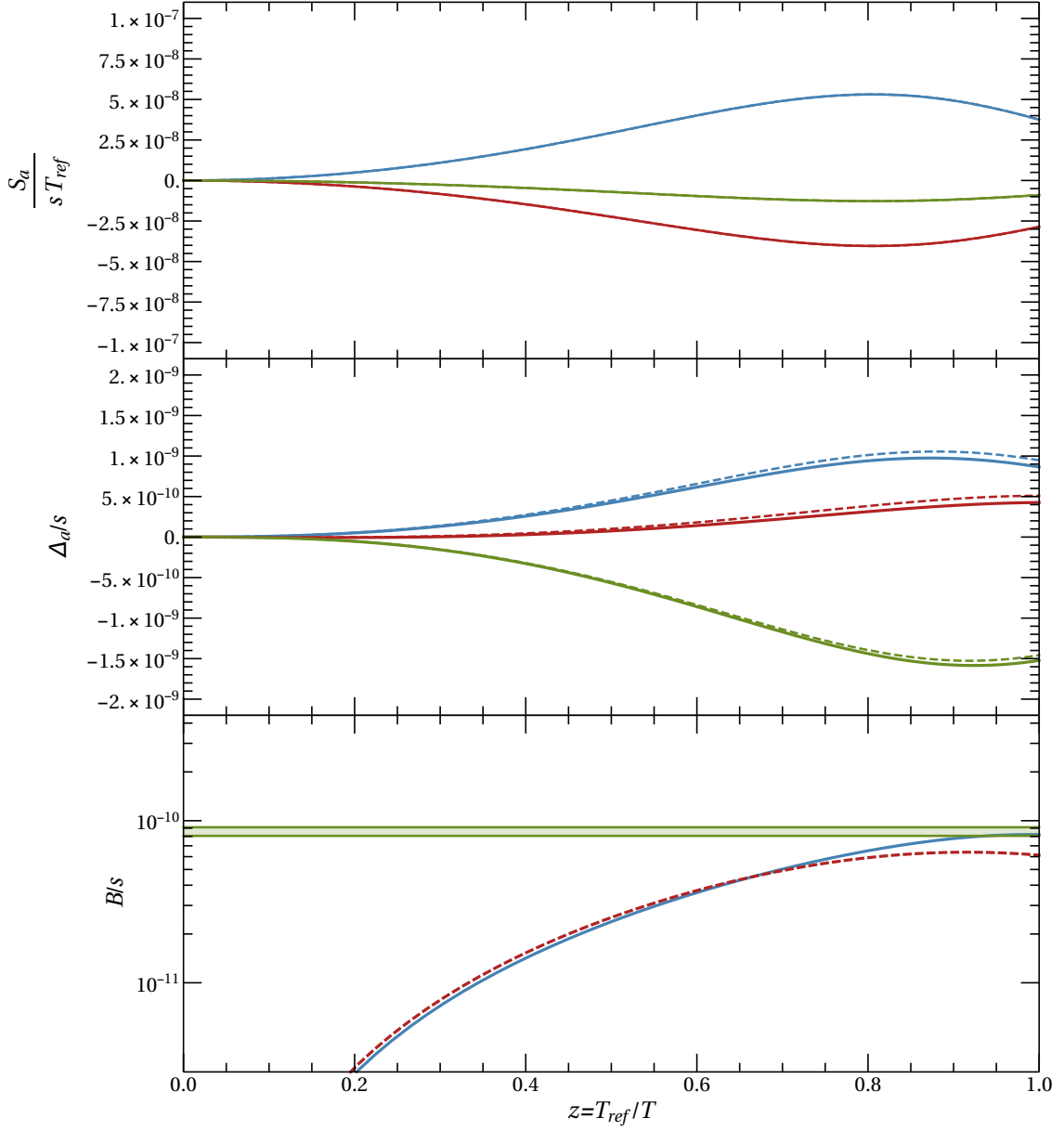


Figure 10: The comparison between numerical and analytic solutions for the source term, individual lepton charges and the baryon asymmetry for parameter choices that lead to maximal mixing angles for right-handed neutrino masses of $\bar{M} = 1 \text{ GeV}$ in the case of inverted hierarchy. The analytical approximations are always presented with a dashed line, for the source term they are indistinguishable from the numerical result. The parameters used for this plot are $\Delta M^2 = 5.306 \times 10^{-8} \bar{M}^2$, $\omega = \frac{\pi}{4} + 5.55i$, $\alpha_1 = 0$, $\alpha_2 = \pi$, $\delta = \pi$, and the discrete parameter $\xi = 1$. The small CP -violating parameters are $\mu = 1.36 \times 10^{-8} \bar{M}$ and $\sum_a |\epsilon_a|^2 = 2.22 \times 10^{-10} \sum_a |Y_a|^2$.

by $\Delta_b = -\Delta_a/2$,⁹ where the flavour with the smallest washout, Δ_a , is formally given by:

$$\frac{\Delta_a(z)}{s} = -\exp\left(-\frac{\gamma_{\text{av}} a_R}{2g_w T_{\text{ref}}} |Y_a|^2 z\right) \int_0^z dz' \frac{S_a(z')}{s T_{\text{ref}}} \exp\left(\frac{\gamma_{\text{av}} a_R}{2g_w T_{\text{ref}}} |Y_a|^2 z'\right) \quad (79)$$

By neglecting the washout of the flavour Δ_a for $z \ll z_{N_2}^{\text{eq}}$, the exponential within the integral can be approximated to be constant, which leads us to the approximate flavour asymmetry:

$$\frac{\Delta_a(z)}{s} = -\frac{405\zeta^{6/5}(3)}{60^{1/5} 2\pi^5} \frac{\gamma_{\text{av}}^{7/5}}{g_w h_{\text{th}}^{4/5} g_\star^{6/5}} \left[\frac{m_{\text{Pl}}^2}{\bar{M}\mu(\sum_b |Y_b|^2)^2} \right]^{1/5} \text{Im}[Y_a^* \epsilon_a] \gamma\left(\frac{3}{5}, \frac{z^5}{z_{N_2}^{\text{eq} 5}}\right) \exp\left(-\frac{\gamma_{\text{av}} a_R}{2g_w T_{\text{ref}}} |Y_a|^2 z\right) \quad (80)$$

$$\approx -4.44 \times 10^{-6} \left[\frac{m_{\text{Pl}}^2}{\bar{M}\mu(\sum_b |Y_b|^2)^2} \right]^{1/5} \text{Im}[Y_a^* \epsilon_a] \gamma\left(\frac{3}{5}, \frac{z^5}{z_{N_2}^{\text{eq} 5}}\right) \exp\left(-\frac{\gamma_{\text{av}} a_R}{2g_w T_{\text{ref}}} |Y_a|^2 z\right), \quad (81)$$

where $\gamma(s, x)$ is the lower incomplete gamma function

$$\gamma(s, x) \equiv \int_0^x t^{s-1} e^{-t} dt. \quad (82)$$

Inserting this expression back into Eq. 78, and neglecting corrections of $\mathcal{O}(|Y_a|^2)$, gives us the total baryon asymmetry:

$$\frac{B(z)}{s} \approx \frac{28}{79} \left(\frac{\Delta_a(z)}{6g_w s} + \frac{2}{g_w s} \delta n_{22}^{\text{odd}}(z) \right) \quad (83)$$

$$\begin{aligned} &\approx -1.31 \times 10^{-7} \left[\frac{m_{\text{Pl}}^2}{\bar{M}\mu(\sum_b |Y_b|^2)^2} \right]^{1/5} \text{Im}[Y_a^* \epsilon_a] \\ &\times \gamma\left(\frac{3}{5}, \frac{z^5}{z_{N_2}^{\text{eq} 5}}\right) \exp\left(-\frac{\gamma_{\text{av}} a_R}{2g_w T_{\text{ref}}} |Y_a|^2 z\right) [1 + \theta(z - z_{N_2}^{\text{eq}})], \end{aligned} \quad (84)$$

Equation (83) can be obtained from (78) by setting $\Delta_b = -\Delta_a/2$. To obtain (84), we in addition used the fact that the derivative on the LHS of (74) can be neglected for $z > z_{N_2}^{\text{eq}}$, *i.e.*, we assumed that $\delta n_{22}^{\text{odd}}$ reaches quasi-static equilibrium instantaneously at $z_{N_2}^{\text{eq}}$, which is reflected by the Heaviside theta function. The increase in B after $z = z_{N_2}^{\text{eq}}$ can be understood physically: For earlier times, N_2 is essentially decoupled from the system. Due to the approximate conservation of the generalised lepton number $\tilde{L} \simeq 0$, the SM charges L and B are determined by the amount of $\tilde{L}$ that is stored in N_1 . After N_1 reaches equilibrium, the backreaction also stores a fraction of $\tilde{L}$ in N_2 , leading to a larger deficit (and hence larger $|L|$, $|B|$) in the SM fields.

5 Limits on the Heavy Neutrino Mixing

With Eqs. (49) and (78), we have found approximate analytic expressions for the BAU in the limiting cases that the oscillations of the sterile neutrinos occur either deeply in the oscillatory regime (the slowest oscillation time scale is much faster than the fastest equilibration time scale) or

⁹This can be found by looking at the eigensystem of the washout matrix $\tilde{W}_{ab}$. There are two approximately vanishing eigenvalues, corresponding to the conserved generalised lepton number and the negligible washout in one flavour.

At the original scale	M	ΔM^2	$\text{Im } \omega$	$S(z)$	$B(z = 1)$
Rescaled	ξM	$\eta \Delta M^2$	$\text{Im } \omega + \log(\eta/\xi^3)/6$	$S(\eta^{1/3}z)\xi\eta^{-1/3}$	$B(\eta^{1/3})\xi\eta^{-1/3}$

Table 2: *Rescaling of the asymmetry*

in the strongly overdamped regime (equilibration of one interaction eigenstate occurs long before the onset of the oscillations). From an experimental viewpoint it is interesting to identify the maximal values of U_i^2 for which leptogenesis is possible. If one ignores constraints from direct searches for heavy neutrinos (see *e.g.* Ref. [14] and references therein for a recent summary), then these maximal values occur in the overdamped regime, which is characterised by a strong washout. There are two possibilities for preserving the baryon asymmetry at the electroweak scale from this washout. Either there is a strong hierarchy among the Yukawa couplings of heavy neutrinos to the different SM flavours e, μ, τ , causing one of the charges Δ_a to be approximately conserved, or the asymmetry is produced close to the electroweak scale, such that there is no time for a complete washout before sphalerons freeze out. In the case of $n_s = 2$, a strong hierarchy among the doublet Yukawa couplings is not possible while being consistent with neutrino oscillation data. Therefore we need to resort to a strong mass degeneracy in order to delay the generation of the asymmetry until $z \simeq 1$. Yet, we are interested in maximising the mixing angles while keeping the washout rate of the SM flavours as small as possible, which constrains the parameters δ and α_2 . Minimising the washout rate of the active flavours also introduces a difference between the normal and inverted hierarchies, as the minimal washout for the inverted hierarchy can be an order of magnitude smaller than the one for normal hierarchy given the same total mixing angle. Furthermore, maximising the analytic expression for the source also determines $\text{Re } \omega$. Therefore it is only necessary to scan over the remaining three parameters: $\text{Im } \omega$, M and ΔM .

When solving Eq. (19) for the helicity-even correlation function, we can use the fact that a solution with a rescaled time dependence $\delta n^{\text{even}}(z\zeta)$ corresponds to a solution of the same equation with the vacuum Hamiltonian replaced by $H_N^{\text{vac}} \rightarrow \zeta^3 H_N^{\text{vac}}$, the thermal mass by $H_N^{\text{th}} \rightarrow \zeta H_N^{\text{th}}$, and the rate $\Gamma_N \rightarrow \zeta \Gamma_N$. For parameter choices with large mixing angles, one of the eigenvalues of the decay rate of the sterile neutrinos is typically much larger than the other, $(\Gamma_N)_{11} \gg (\Gamma_N)_{22}$, and the misalignment between the mass and flavour eigenstates is maximal, which implies that the only parameters playing a role in the evolution of the δn^{even} correlation are the average Majorana mass M , the mass splitting $\Delta M^2 = M_1^2 - M_2^2$, and the imaginary angle in the Casas-Ibarra parametrisation $\text{Im } \omega$. Any change of the mass scales $M \rightarrow \xi M$, or $\Delta M^2 \rightarrow \eta \Delta M^2$, can therefore be compensated by a shift in $\text{Im } \omega \rightarrow \text{Im } \omega + \log(\eta/\xi^3)/6$, as well as replacing $\delta n^{\text{even}}(z) \rightarrow \delta n^{\text{even}}(\eta^{1/3}z)$. Note that although the oscillation and equilibration time scales change, their ratio remains the same.

To determine how the helicity-odd charges δn^{odd} and Δ_a change under this parameter transformation, we first need to determine the change in the source term. In contrast to the decay rate where we can typically neglect the smaller Yukawa coupling $|Y_{2a}|$ in the interaction basis, it is essential for the source term. By correctly applying the scaling transformation, the source term and with it the baryon asymmetry are rescaled according to Table 2. As a result, even if we do not achieve the observed BAU for some choice of parameters, by keeping the ratios $\Delta M^2 : |Y_{1e}|^2 : |Y_{1\mu}|^2 : |Y_{1\tau}|^2$ constant, these transformation rules tell us how to find the parameters that lead to the desired result for the BAU just by changing the absolute mass and the mass splitting of the right-handed neutrinos. Furthermore, by maximising $B(\eta^{1/3})/\eta^{1/3}$, we can find the optimal mass splitting for producing the baryon asymmetry and then find the corresponding mass by determining $\xi = B_{\text{obs}}\eta^{1/3}/B(\eta^{1/3})$. For that mass these parameters give the maximal mixing

consistent with leptogenesis. By using the scaling of the baryon asymmetry from Table 2, we find the maximal mixing angles consistent with baryogenesis for the mass range between $0.1 - 10 \text{ GeV}$ as presented in Figure 11.

6 Discussion and Conclusion

In this work we study the production of lepton and baryon asymmetries from the oscillations of sterile neutrinos with GeV-scale masses in the minimal seesaw model. The main goal is to obtain an understanding of the maximal heavy neutrino mixing angles U_{ai}^2 consistent with the requirement to explain the observed BAU, while correctly accounting for backreaction and spectator effects. This is of crucial importance in order to assess the possibility of an experimental discovery of heavy neutrinos that may be responsible for the generation of light neutrino masses via the seesaw mechanism and for the BAU via low-scale leptogenesis.

Baryogenesis via heavy neutrino oscillations can happen in different regimes, which can qualitatively be understood in terms of three time scales: the oscillation time z_{eq} at which the first heavy neutrino flavour oscillation occurs, the equilibration time z_{eq} at which the first heavy neutrino eigenstate comes into thermal equilibrium with the primordial plasma and the time z_{ws} when weak sphalerons freeze out and baryon number becomes a conserved quantity, *i.e.*, the BAU is frozen in. The generation of a baryon asymmetry can be understood analytically in the two extreme cases $z_{\text{osc}} \ll z_{\text{eq}} < z_{\text{ws}}$ (oscillatory regime) and $z_{\text{ws}} > z_{\text{osc}} \gg z_{\text{eq}}$ (overdamped regime). For heavy neutrino parameters that interpolate between these two regimes, we have to resort to solving the kinetic equations numerically.

In the oscillatory regime asymmetries in the individual lepton flavours are generated within the first few oscillations of the right-handed neutrinos at $z \simeq z_{\text{osc}}$. At a much later time $z \simeq z_{\text{eq}}$, the flavour asymmetric and lepton number violating washout generates a non-zero total lepton number from these, which is partly converted into a net baryon number by weak sphalerons. Once all heavy neutrinos come into equilibrium, all lepton asymmetries are washed out. However, if the washout is incomplete at $z = z_{\text{ws}}$, a non-zero baryon asymmetry remains. The latter requirement implies that the Yukawa interactions of the sterile neutrinos must be sufficiently weak, and the analytic treatment is based on a perturbative expansion in the Yukawa couplings. To this end, our results agree with those previously found in the literature [67, 72, 76].

In the overdamped regime at least some of the heavy neutrino flavour eigenstates have Yukawa couplings that are much larger than the naive seesaw relation would suggest in absence of cancellations in the neutrino mass matrix. This can be made consistent with the smallness of the light neutrino masses if an approximate conservation of $B - L$ is realised in Nature. This underlying symmetry implies that each strongly coupled heavy neutrino flavour eigenstate is accompanied by a feebly coupled eigenstate that completely decouples in the limit of exact $B - L$ conservation. The two corresponding mass eigenstates form a Dirac spinor in that limit. We find an approximate analytic description in this regime by expanding in the tiny Yukawa coupling, and by employing a quasi-static approximation to the evolution of the strongly coupled flavour eigenstate, which comes into equilibrium before the flavour oscillations amongst the two can begin. In contrast to the oscillatory regime, the effect of the thermal masses and the backreaction of the produced lepton asymmetries on the heavy neutrino evolution cannot be neglected in this regime. Both of these tend to suppress the generated asymmetry. A complete washout of all asymmetries due to the large Yukawa couplings can be prevented in two different ways: Either one of the SM leptons couples to heavy neutrinos much more weakly than the two others (leading to a highly flavour asymmetric

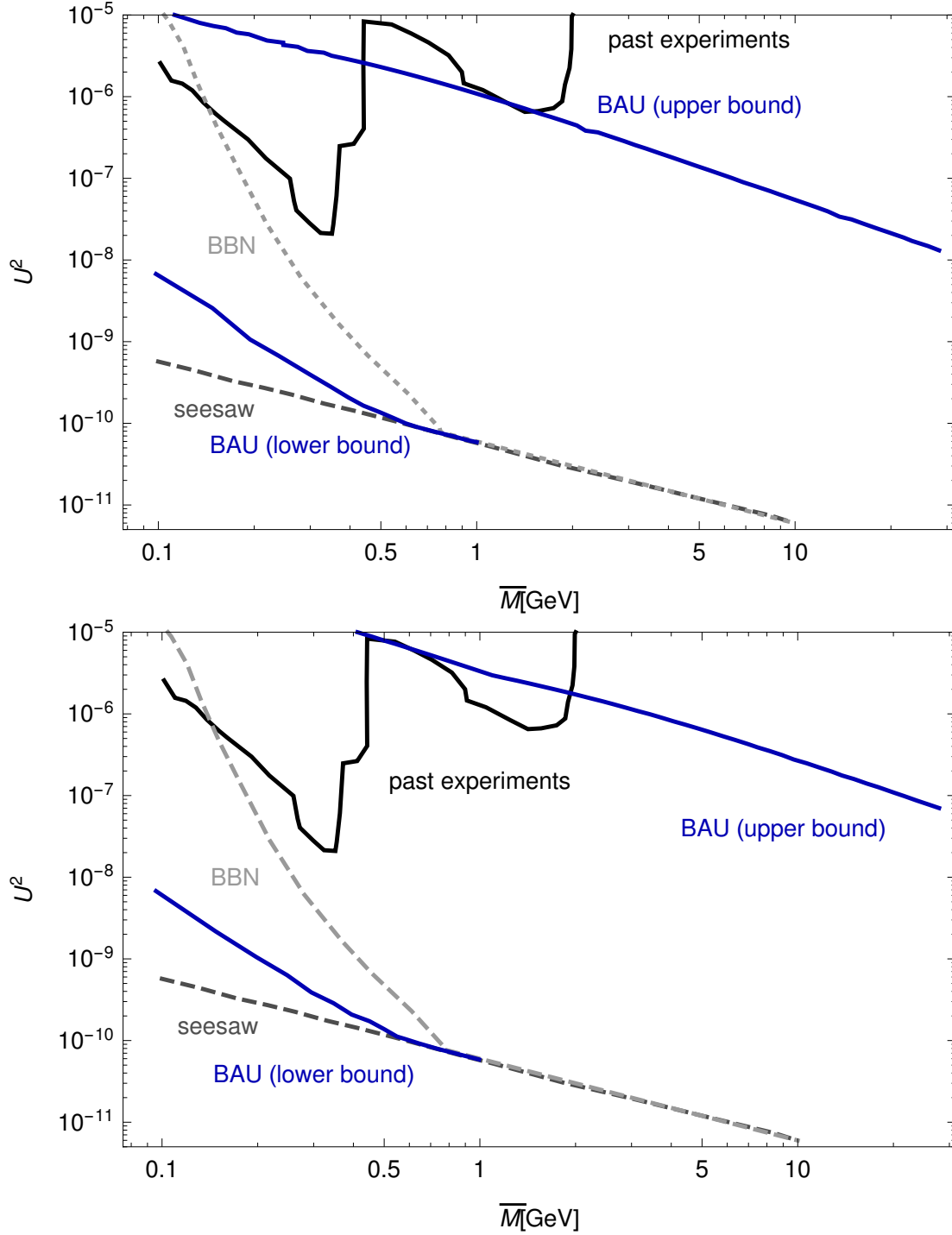


Figure 11: The solid, dark blue lines show the largest and smallest value of U^2 we find to be consistent with neutrino oscillation data and the requirement to explain the observed BAU as a function of $\bar{M} = (M_1 + M_2)/2$. They are compared to the upper bound from direct search experiments summarised in Ref. [14] (solid black line), the lower bound from neutrino oscillation data (grey dashed “seesaw” line) and the lower bound from the requirement that the N_i have a lifetime of less than 0.1s so that their decay does not modify primordial nucleosynthesis (dotted grey “BBN” line). The upper panel corresponds to normal neutrino mass hierarchy, the lower panel corresponds to inverted hierarchy.

washout and a survival of the asymmetry stored in the weakly coupled SM flavour), or the heavy neutrinos have degenerate masses (in which case the oscillations and asymmetry generation occur very late at $z \sim z_{\text{ws}}$ and there is no time for a complete washout before sphalerons freeze out). In the scenario with only two heavy neutrinos, a strong hierarchy amongst the couplings to different SM lepton flavours is ruled out by neutrino oscillation data, and leptogenesis can only be achieved with degenerate heavy neutrino masses. If there are more than two heavy neutrinos, then the extended parameter space allows to make a highly flavour asymmetric washout compatible with neutrino oscillation data, and baryogenesis is possible without a mass degeneracy [72, 77].

The main new results of the present work are:

- The equations of motion have been derived from first principles of quantum field theory in the CTP formalism. We have, for the first time, included the effects of thermal masses, backreaction from the generated asymmetries and spectator fields in this derivation.
- We have derived analytic approximations to the baryon asymmetry in case of both the oscillatory and the overdamped regime. While analytic solutions in the oscillatory regime have previously been found by several authors [67, 72, 76], the solutions in the overdamped regime are, to the best of our knowledge, presented here for the first time. Up to $\mathcal{O}(1)$ corrections they are consistent with numerical cross-checks.
- Based on these results, we have identified the largest possible heavy neutrino mixings consistent with leptogenesis in the scenario with two heavy neutrinos. Spectator effects, which account for the redistribution of SM charges due to fast SM interactions, and thermal masses have been included in both the analytic and the numerical treatment. While they have been neglected in recent studies so far, we have shown that they have a non-negligible impact on the final baryon asymmetry. Quantitatively we find that leptogenesis is possible for larger mixing angles than previously thought, which increases the chances of an experimental discovery.

In spite of this significant progress, several technical issues remain to be clarified in the future:

- Our treatment relies on momentum-averaged kinetic equations. Since the assumption of kinetic equilibrium is not justified for the heavy neutrinos, this introduces an error of order one.
- Throughout this paper we have considered all SM Yukawa interaction to be in equilibrium, which is true for temperatures $T \lesssim 10^5 \text{ GeV}$, when the electron has finally equilibrated. However, the physical interesting regime, *i.e.* the time of the first oscillation, may already occur at higher temperatures.
- We assume the weak sphalerons to freeze out suddenly, which however is not completely true when electroweak symmetry is broken in a crossover, as it is the case for the SM. This could be phenomenologically important in the strongly overdamped regime, when the creation of the baryon asymmetry continues throughout the electroweak crossover.
- Our analytic solutions in the oscillatory regime are valid for an arbitrary number of heavy neutrinos. The treatment of the overdamped regime is, however, focused on the minimal realistic model, in which only two of these exist. A generalisation to the case with three or more heavy neutrinos, which includes a larger number of different oscillation and equilibration time scales, may be very helpful for efficient phenomenological studies.

To fully explore the discovery potential of present and future experiments, it would be highly desirable to perform a complete parameter scan of low-scale leptogenesis in the scenario with three heavy neutrinos. This should consistently include constraints from a wide range of past experiments that are sensitive to the existence of heavy neutrinos, in particular direct searches for these particles and indirect searches for lepton number or flavour violation. The present analytic results, in particular the new description of the overdamped regime, should also be applicable to assess possibilities of generating the BAU in extensions of the minimal seesaw model (2).

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A Parametrisation of the Seesaw Model and Neutrino Oscillation Data

The extension of the SM by n_s sterile neutrinos introduces $7n_s - 3$ new physical parameters, *i.e.* 11 or 18 for the cases $n_s = 2$ or $n_s = 3$ considered in this paper. Various experimental constraints on these parameters are discussed in detail in Ref. [14]. The relation between the parameters in the Lagrangian (2) and constraints on the (presently incompletely determined [102]) light neutrino mixing matrix U_ν , light neutrino mass matrix m_ν can be expressed in term of the Casas-Ibarra parametrisation [103]

$$Y^\dagger = \frac{1}{v} U_\nu \sqrt{m_\nu^{\text{diag}}} \mathcal{R} \sqrt{M^{\text{diag}}}. \quad (\text{A.1})$$

The PMNS matrix can be factorised as

$$U_\nu = V^{(23)} U_\delta V^{(13)} U_{-\delta} V^{(12)} \text{diag}(e^{i\alpha_1/2}, 1, e^{i\alpha_2/2}), \quad (\text{A.2})$$

with $U_{\pm\delta} = \text{diag}(e^{\mp i\delta_1/2}, 1, e^{\pm i\delta/2})$ and where the non-vanishing entries of the matrix $V = V^{(23)} V^{(13)} V^{(12)}$ are given by:

$$V_{ii}^{(ij)} = V_{jj}^{(ij)} = \cos \theta_{ij}, \quad (\text{A.3a})$$

$$V_{ij}^{(ij)} = -V_{ji}^{(ij)} = \sin \theta_{ij}, \quad (\text{A.3b})$$

$$V_{kk}^{(ij)} = 1 \quad \text{for } k \neq i, j. \quad (\text{A.3c})$$

The parameters θ_{ij} are the mixing angles, δ is referred to as the Dirac phase and $\alpha_{1,2}$ as Majorana phases.¹⁰

The misalignment between sterile mass and interaction eigenstates is given by the complex orthogonal matrices $\mathcal{R}$ that fulfil $\mathcal{R}\mathcal{R}^T = 1$. In case of three flavours it can be written as

$$\mathcal{R} = \mathcal{R}^{(23)} \mathcal{R}^{(13)} \mathcal{R}^{(12)}, \quad (\text{A.4})$$

¹⁰In case of two sterile flavours $\alpha_{1,2}$ are redundant such that we are effectively just left with one Majorana phase. For normal hierarchy we have $m_1 = 0$ such that Y only depends on α_2 but not on α_1 , while for inverted hierarchy we have $m_3 = 0$ and it is the difference $\alpha_1 - \alpha_2$ on which Y depends.

where the non-vanishing entries read

$$\mathcal{R}_{ii}^{(ij)} = \mathcal{R}_{jj}^{(ij)} = \cos \omega_{ij}, \quad (\text{A.5a})$$

$$\mathcal{R}_{ij}^{(ij)} = -\mathcal{R}_{ji}^{(ij)} = \sin \omega_{ij}, \quad (\text{A.5b})$$

$$\mathcal{R}_{kk}^{(ij)} = 1 \quad \text{for } k \neq i, j, \quad (\text{A.5c})$$

with three complex angles ω_{ij} , while for two flavours we have to deal with one complex angle ω and additionally a distinction between normal hierarchy (NO) and inverted hierarchy (IO) has to be applied:

$$\mathcal{R}^{\text{NO}} = \begin{pmatrix} 0 & 0 \\ \cos \omega & \sin \omega \\ -\xi \sin \omega & \xi \cos \omega \end{pmatrix}, \quad \mathcal{R}^{\text{IO}} = \begin{pmatrix} \cos \omega & \sin \omega \\ -\xi \sin \omega & \xi \cos \omega \\ 0 & 0 \end{pmatrix}, \quad (\text{A.6})$$

where $\xi = \pm 1$. In both cases $\text{Im}(\omega)$ determines the absolute size of the largest eigenvalue of the combination $YY^\dagger$. One can express the overall size of the mass eigenstates N_1 and N_2 defined in Eq. (7) as

$$U^2 = \frac{M_2 - M_1}{2M_1 M_2} (m_2 - m_3) \cos(2\text{Re}\omega) + \frac{M_1 + M_2}{2M_1 M_2} (m_2 + m_3) \cosh(2\text{Im}\omega) \quad (\text{A.7a})$$

for normal hierarchy,

$$U^2 = \frac{M_2 - M_1}{2M_1 M_2} (m_1 - m_2) \cos(2\text{Re}\omega) + \frac{M_1 + M_2}{2M_1 M_2} (m_1 + m_2) \cosh(2\text{Im}\omega) \quad (\text{A.7b})$$

for inverted hierarchy.

Finally, we shall make connection to the benchmark scenarios defined in Sec. 1.2. The *naive seesaw* is characterised by small values of $\text{Im}\omega$ (or $\text{Im}\omega_{ij}$). In the approximately *lepton number conserving scenario* unitary transformations amongst the heavy neutrino fields can be used to bring Y and M into the form [104, 105]

$$Y^\dagger = \begin{pmatrix} Y_e & \epsilon_e & \epsilon'_e \\ Y_\mu & \epsilon_\mu & \epsilon'_\mu \\ Y_\tau & \epsilon_\tau & \epsilon'_\tau \end{pmatrix}, \quad M = \begin{pmatrix} \mu_1 & \bar{M} & \mu_3 \\ \bar{M} & \mu_2 & \mu_4 \\ \mu_3 & \mu_4 & M_3 \end{pmatrix} \quad \text{for } n_s = 3 \quad (\text{A.8a})$$

$$Y^\dagger = \begin{pmatrix} Y_e & \epsilon_e \\ Y_\mu & \epsilon_\mu \\ Y_\tau & \epsilon_\tau \end{pmatrix}, \quad M = \begin{pmatrix} \mu_1 & \bar{M} \\ \bar{M} & \mu_2 \end{pmatrix} \quad \text{for } n_s = 2 \quad (\text{A.8b})$$

Here $\epsilon_a, \epsilon'_a \ll Y_a$ and $\mu_i \ll M_3, \bar{M}$ are lepton number violation (LNV) parameters, which must vanish if $B - L$ is exactly conserved. $\bar{M}$ is the common mass of the two heavy neutrino mass eigenstates N_1 and N_2 that have comparable large mixing angles, the μ_i quantify the mass splitting $M_1 - M_2$. The deviation from maximal misalignment between the heavy neutrino mass basis (where M is diagonal) and interaction basis (where $YY^\dagger$ is diagonal) in the flavours is quantified by the ϵ_a . It is straightforward to see that $U_{a1}^2 = U_{a2}^2$ in the mass basis, *i.e.*, both mass eigenstates couple with the same strength to SM leptons. The maximal misalignment implies that one interaction eigenstate has couplings of order Y_a while the interactions of the other one are suppressed by the small parameters ϵ_a , *i.e.*, $YY^\dagger$ has two eigenvalues of very different magnitude $\sim Y_a^2$ and $\sim \epsilon_a^2$. The analytic solution in Section 4 is effectively obtained in an expansion in ϵ_a . In the parametrisation (A.1) the $B - L$ conserving limit corresponds to large values of $|\text{Im}\omega| \gg 1$. A third heavy neutrino (if it exists) must decouple in the $B - L$ conserving limit, all its interactions are suppressed by ϵ'_a .

B Derivation of the Quantum Kinetic Equations

In this Appendix we provide a brief derivation of the quantum kinetic equation (19) based on first principles of non-equilibrium quantum field theory using the Schwinger-Keldysh CTP approach. For a pedagogical review of this topic see *e.g.* Refs. [106, 107].

B.1 General Considerations and Definitions

We start our discussion assuming Minkowski background spacetime and generalise it to the radiation dominated Friedmann-Robertson-Walter metric in the subsequent Subsection.

Correlation Functions in a Medium The use of S -matrix elements is not always suitable to describe non-equilibrium systems because there is no well-defined notion of asymptotic states, and the properties of quasiparticles in a medium may significantly differ from those of particles in vacuum. In contrast, observables can always be expressed in terms of correlation functions of the quantum fields, without reference to asymptotic states or free particles. There are two linearly independent two-point functions for each field. For a generic fermion Ψ these can be expressed in terms of the Wightman functions

$$iS_{\alpha\beta}^>(x_1, x_2) = \langle \Psi_\alpha(x_1) \bar{\Psi}_\beta(x_2) \rangle, \quad iS_{\alpha\beta}^<(x_1, x_2) = -\langle \bar{\Psi}_\beta(x_2) \Psi_\alpha(x_1) \rangle. \quad (\text{B.1})$$

Here α and β are spinor indices, which we suppress in the following; flavour indices can be included equivalently. The $\langle \dots \rangle$ is to be understood in the sense of the usual quantum statistical average $\langle \dots \rangle = \text{Tr}(\varrho \dots)$ of a system characterised by a density operator ϱ . In the present context, we choose

$$\varrho = \varrho_{\text{SM}}^{\text{eq}} \otimes \varrho_N^{\text{vac}}, \quad (\text{B.2})$$

where $\varrho_{\text{SM}}^{\text{eq}}$ is an equilibrium density operator for all SM fields and ϱ_N^{vac} is the vacuum density operator for sterile neutrinos. Physically this represents a situation in which the N_i are absent initially and all SM fields have reached thermal equilibrium before the N_i have been produced in significant amounts, which is justified by the smallness of the Yukawa coupling Y . The expressions (B.1) apply to both, Majorana fields (such as N_i) and Dirac fields (such as ℓ_a). The linear combinations

$$S^{\mathcal{A}}(x_1, x_2) \equiv \frac{i}{2} (S^>(x_1, x_2) - S^<(x_1, x_2)), \quad (\text{B.3a})$$

$$S^+(x_1, x_2) \equiv \frac{1}{2} (S^>(x_1, x_2) + S^<(x_1, x_2)), \quad (\text{B.3b})$$

have intuitive physical interpretations. The *spectral function* $S^{\mathcal{A}}$ encodes the spectrum of quasiparticles in the plasma. The *statistical propagator* S^+ provides a measure for the occupation numbers. The correlators fulfil the symmetry relations

$$i\gamma_0 S^{\geq}(x_2, x_1) = (i\gamma_0 S^{\leq}(x_1, x_2))^{\dagger}, \quad (\text{B.4a})$$

$$i\gamma_0 S^+(x_2, x_1) = (i\gamma_0 S^+(x_1, x_2))^{\dagger}, \quad (\text{B.4b})$$

$$\gamma_0 S^{\mathcal{A}}(x_2, x_1) = (\gamma_0 S^{\mathcal{A}}(x_1, x_2))^{\dagger}, \quad (\text{B.4c})$$

$$\gamma_0 S^H(x_2, x_1) = (\gamma_0 S^H(x_1, x_2))^{\dagger}. \quad (\text{B.4d})$$

If Ψ is a Majorana fermion, then there is an additional symmetry

$$S^{\geq}(x_1, x_2) = CS^{\geq}(x_2, x_1)^t C^\dagger, \quad (\text{B.5})$$

where C is the charge conjugation matrix and the transposition t acts on spinor as well as flavour indices.

It is often useful to introduce the retarded, advanced and Hermitian propagators,

$$iS^R(x_1, x_2) = 2\theta(t_1 - t_2)S^A(x_1, x_2), \quad (\text{B.6a})$$

$$iS^A(x_1, x_2) = -2\theta(t_2 - t_1)S^A(x_1, x_2), \quad (\text{B.6b})$$

$$S^H(x_1, x_2) = \frac{1}{2} (S^R(x_1, x_2) + S^A(x_1, x_2)) = -i \text{sign}(t_1 - t_2) S^A(x_1, x_2). \quad (\text{B.6c})$$

From this it follows that

$$S^A(x_1, x_2) = \frac{i}{2} (S^R(x_1, x_2) - S^A(x_1, x_2)). \quad (\text{B.7})$$

The usual Feynman propagator S^F can be expressed as $S^F = S^R + S^< = S^A + S^>$. Spectral, statistical, retarded, advanced and Hermitian self-energies Σ^A , Σ^+ , Σ^R , Σ^A and Σ^H are defined analogously, see *e.g.* [108, 109] for a list of explicit definitions.

Equations of Motion The correlation functions for quantum fields out of thermal equilibrium can be obtained from the Schwinger-Dyson equations

$$(i\cancel{\partial}_{x_1} - M)S^A(x_1, x_2) = 2i \int_{t_1}^{t_2} dt' \int d^3\mathbf{x}' \Sigma^A(x_1, x') S^A(x', x_2), \quad (\text{B.8a})$$

$$\begin{aligned} (i\cancel{\partial}_{x_1} - M)S^+(x_1, x_2) &= 2i \int_{t_i}^{t_2} dt' \int d^3\mathbf{x}' \Sigma^+(x_1, x') S^A(x', x_2) \\ &\quad - 2i \int_{t_i}^{t_1} dt' \int d^3\mathbf{x}' \Sigma^A(x_1, x') S^+(x', x_2), \end{aligned} \quad (\text{B.8b})$$

which can be derived from two-particle irreducible effective action [110] in the CTP framework [94]. An explicit derivation is given in Ref. [107]. If the initial state at time t_i is Gaussian (*i.e.* can entirely be specified by the initial conditions of the statistical propagators and one-point functions of all fields), then the above equations of motion are exact. Strictly speaking this is not true for (B.2) because $\varrho_{\text{SM}}^{\text{eq}}$ is not Gaussian [111]. However, ϱ_N^{vac} is Gaussian, and we are primarily interested in the equation of motion for the heavy neutrinos.

The equations (B.8a) and (B.8b) can in principle be solved directly in position space [112–118], but it is often more practical to perform a Fourier transform in the relative coordinate $x_1 - x_2$ to Wigner space [119, 120].¹¹ This is the approach we take here. In order to perform the Wigner transformation, it is convenient to rewrite (B.8a) and (B.8b) with integration limits $\pm\infty$. For this purpose, we send $t_i \rightarrow -\infty$ ¹² and note that it can be seen that causality is maintained when substituting the retarded and advanced propagators and self energies by virtue of the relations (B.6a)

¹¹See also [121–123] for an alternative approach.

¹²Boundary conditions at finite time can still be imposed by formally introducing singular external sources [118].

and (B.6b). By using Eqs. (B.6c) and (B.7) one finds $S^{A,R} = S^H \pm iS^A$. Together with the definitions of S^A and S^+ this allows to rewrite (B.8a) and (B.8b) as

$$(i\partial_{x_1} - M)S^A(x_1, x_2) = \int d^4x' \left(\mathbb{Z}^H(x_1, x')S^A(x', x_2) + \mathbb{Z}^A(x_1, x')S^H(x', x_2) \right), \quad (\text{B.9a})$$

$$(i\partial_{x_1} - M)S^+(x_1, x_2) = \int d^4x' \left(\mathbb{Z}^+(x_1, x')S^H(x', x_2) + \mathbb{Z}^H(x_1, x')S^+(x', x_2) \right) + \frac{1}{2} \int d^4x' \left(\mathbb{Z}^>(x_1, x')S^<(x', x_2) - \mathbb{Z}^<(x_1, x')S^>(x', x_2) \right), \quad (\text{B.9b})$$

which can easily be transformed to Wigner space by introducing new variables $x = (x_1 + x_2)/2$ and $y = x_1 - x_2$ and performing a Fourier transform with respect to y . In Wigner space, the symmetry relations (B.4) of the propagators S and, accordingly, of the self energies $\mathbb{Z}$ read

$$i\gamma_0 G^{\geq}(x; k) = (i\gamma_0 G^{\geq}(x; k))^{\dagger}, \quad (\text{B.10a})$$

$$i\gamma_0 G^+(x; k) = (i\gamma_0 G^+(x; k))^{\dagger}, \quad (\text{B.10b})$$

$$\gamma_0 G^A(x; k) = (\gamma_0 G^A(x; k))^{\dagger}, \quad (\text{B.10c})$$

$$\gamma_0 G^H(x; k) = (\gamma_0 G^H(x; k))^{\dagger}, \quad (\text{B.10d})$$

with G being either S or $\mathbb{Z}$. Here x denotes the real time and space coordinate and k can be interpreted as the momentum of a quasiparticle. In the following we mostly drop these arguments, and all correlation functions are to be understood as Wigner space functions.

Since the early Universe is homogeneous and isotropic, there is no dependence on the spatial part $\mathbf{x}$ of $x = (t, \mathbf{x})$. During leptogenesis, all fields with gauge interactions are effectively kept in kinetic equilibrium. This means that we can describe the thermodynamic state of these degrees of freedom by a single temperature T and chemical potentials $\mu_{\ell a}$ (for leptons) and μ_{ϕ} (for the Higgs). We can neglect the effect of the heavy neutrino production and decays on T because of the large number of degrees of freedom g_* in the primordial plasma. Compared to the typical time scale $1/T$ of microscopic processes, the temperature changes only slowly due to Hubble expansion, *i.e.* $H \simeq \sqrt{8\pi^3 g_*/90} T^2/m_{\text{Pl}} \ll T$, where m_{Pl} is the Planck mass. Due to the smallness of the lepton flavour violating Yukawa couplings Y , also the chemical potentials only change at a small rate $||Y^t Y^*||T \ll T$. This separation of macroscopic and microscopic time scales justifies a gradient expansion in t to leading order,¹³ such that in Wigner space, the Eqs. (B.9a) and (B.9b) read

$$\left(\not{p} + \frac{i}{2}\gamma_0 \partial_t - M \right) S^A - \left(\mathbb{Z}^H S^A + \mathbb{Z}^A S^H \right) = 0, \quad (\text{B.11a})$$

$$\left(\not{p} + \frac{i}{2}\gamma_0 \partial_t - M \right) S^+ - \mathbb{Z}^H S^+ - \mathbb{Z}^+ S^H = \frac{1}{2} \left(\mathbb{Z}^> S^< - \mathbb{Z}^< S^> \right). \quad (\text{B.11b})$$

By adding and subtracting the Kadanoff-Baym equation (B.11b) and its Hermitian conjugate, we obtain the constraint and kinetic equations

$$\{\mathcal{H}, S^A\} - \{\mathcal{G}, S^H\} = 0, \quad (\text{B.12a})$$

$$i\partial_t S^A + [\mathcal{H}, S^A] - [\mathcal{G}, S^H] = 0, \quad (\text{B.12b})$$

¹³See [117, 119, 120] for a more detailed discussion of this point.

and

$$\{\mathcal{H}, \mathcal{S}^+\} - \{\mathcal{N}, \mathcal{S}^H\} = \frac{1}{2} ([\mathcal{G}^>, \mathcal{S}^<] - [\mathcal{G}^<, \mathcal{S}^>]) , \quad (\text{B.13a})$$

$$i\partial_t \mathcal{S}^+ + [\mathcal{H}, \mathcal{S}^+] - [\mathcal{N}, \mathcal{S}^H] = \frac{1}{2} (\{\mathcal{G}^>, \mathcal{S}^<\} - \{\mathcal{G}^<, \mathcal{S}^>\}) , \quad (\text{B.13b})$$

with

$$\begin{aligned} \mathcal{S}^+ &\equiv i\gamma^0 S^+ , \quad \mathcal{S}^H \equiv i\gamma^0 S^H , \quad \mathcal{H} \equiv (\not{p} - \not{\Sigma}^H - M)\gamma^0 , \\ \mathcal{G}^> &\equiv \not{\Sigma}^> \gamma^0 , \quad \mathcal{G}^< \equiv \not{\Sigma}^< \gamma^0 , \quad \mathcal{G} \equiv \frac{i}{2}(\mathcal{G}^> - \mathcal{G}^<), \quad \mathcal{N} \equiv \not{\Sigma}^+ \gamma^0 . \end{aligned} \quad (\text{B.14})$$

From the kinetic equation (B.13b) it already becomes clear that $\mathcal{H}$ is the Hermitian part of an effective Hamiltonian that leads to oscillations of the sterile neutrinos, and $\mathcal{G}^\geq$ are dissipative gain and loss terms. $\mathcal{N}$ can be interpreted as a noise term that owes its existence to the fluctuation-dissipation theorem. It is convenient to express

$$\mathcal{H} = \bar{\mathcal{H}} + \delta\mathcal{H} , \quad \mathcal{G} = \bar{\mathcal{G}} + \delta\mathcal{G} , \quad (\text{B.15})$$

where $\bar{\mathcal{H}}$ and $\bar{\mathcal{G}}$ are $\mathcal{H}$ and $\mathcal{G}$ evaluated in local thermal equilibrium (with vanishing chemical potentials). The deviations $\delta\mathcal{H}$ and $\delta\mathcal{G}$ arise due to finite chemical potentials of the SM fields.¹⁴ We now define the static solutions $\bar{\mathcal{S}}^+ = (\bar{\mathcal{S}}^> + \bar{\mathcal{S}}^<)/2$ and $\bar{\mathcal{S}}^A = i(\bar{\mathcal{S}}^> - \bar{\mathcal{S}}^<)/2$ as the solutions to the algebraic equations

$$[\bar{\mathcal{H}}, \bar{\mathcal{S}}^+] - [\bar{\mathcal{N}}, \bar{\mathcal{S}}^H] = \frac{1}{2} (\{\bar{\mathcal{G}}^>, \bar{\mathcal{S}}^<\} - \{\bar{\mathcal{G}}^<, \bar{\mathcal{S}}^>\}) , \quad [\bar{\mathcal{H}}, \bar{\mathcal{S}}^A] = [\bar{\mathcal{G}}, \bar{\mathcal{S}}^H] , \quad (\text{B.16})$$

and split

$$\mathcal{S}^+ = \bar{\mathcal{S}}^+ + \delta\mathcal{S} . \quad (\text{B.17})$$

If the self energies $\not{\Sigma}$ are dominated by interactions with degrees of freedom that are in good approximation in equilibrium, then

$$\mathcal{S}^A = \bar{\mathcal{S}}^A , \quad \mathcal{S}^H = \bar{\mathcal{S}}^H , \quad \mathcal{S}^\geq = \bar{\mathcal{S}}^\geq + \delta\mathcal{S} , \quad (\text{B.18})$$

to leading order in the small couplings and gradients [112, 117]. This yields

$$\begin{aligned} \partial_t \delta\mathcal{S} &= -\partial_t \bar{\mathcal{S}}^+ + i[\bar{\mathcal{H}}, \delta\mathcal{S}] + i[\delta\mathcal{H}, \bar{\mathcal{S}}^+] - i[\delta\mathcal{N}, \bar{\mathcal{S}}^H] - \{\bar{\mathcal{G}}, \delta\mathcal{S}\} \\ &\quad - \frac{i}{2} (\{\delta\mathcal{G}^>, \bar{\mathcal{S}}^<\} - \{\delta\mathcal{G}^<, \bar{\mathcal{S}}^>\}) . \end{aligned} \quad (\text{B.19})$$

The term $\partial_t \bar{\mathcal{S}}^+$ is due to the fact that $\bar{\mathcal{S}}^+$ in the early Universe slowly changes due to Hubble expansion.

B.2 Quantum Kinetic Equations for Heavy Neutrinos

We now apply the general kinetic equation (B.19) to the case of heavy neutrinos. The associated correlators, self energies, effective Hamiltonians and rates will be attached with the subscript N .

¹⁴In principle there are also contributions due to δS_N in internal heavy neutrino propagators, but these are of order $\mathcal{O}[Y^4]$.

It makes sense to split the self energies up into a part $\bar{\Sigma}$ computed in thermal equilibrium and for vanishing chemical potentials and a deviation due to non-zero chemical potentials $\bar{\Sigma}$, such that

$$\not{\Sigma} \equiv \gamma_\mu \Sigma^\mu = \gamma_\mu (\bar{\Sigma}^\mu + \delta \Sigma^\mu) . \quad (\text{B.20})$$

In absence of chemical potentials, the self energies of the sterile neutrinos $\not{\Sigma}_N$ and of the SM leptons $\not{\Sigma}_\ell$ can be factorised into a flavour dependent matrix of couplings and a reduced self energy $\hat{\not{\Sigma}}$,

$$\bar{\not{\Sigma}}_N = g_w \hat{\not{\Sigma}} (Y^* Y^t P_R + Y Y^\dagger P_L) . \quad (\text{B.21})$$

The absence of a superscript A , $+$, R , A or H indicates that the definition holds for either of these self energies. Here, $g_w = 2$ accounts for the SU(2) multiplicity due to the SM doublets running in the loop. For non-zero chemical potentials, the reduced self energy also depends on the active flavour a . We can decompose

$$\begin{aligned} (\not{\Sigma}_N)_{ij} &= (\not{\Sigma}_R)_{ij} P_R + (\not{\Sigma}_L)_{ij} P_L \\ &= g_w \sum_{a=e,\mu,\tau} \left(\hat{\not{\Sigma}}_{Ra} Y_{ia}^* Y_{aj}^t P_R + \hat{\not{\Sigma}}_{La} Y_{ia} Y_{aj}^\dagger P_L \right) . \end{aligned} \quad (\text{B.22})$$

Since gauge interactions keep all SM degrees of freedom in kinetic equilibrium, the deviations $\delta\mathcal{H}$, $\delta\mathcal{G}^\geq$ and $\delta\mathcal{N}$ can be parametrised in terms of the chemical potentials, and the self energies thus fulfil the generalised Kubo-Martin-Schwinger (KMS) relations

$$\hat{\not{\Sigma}}_{L,Ra}^> = -e^{(k^0 \mp \mu_{\ell a} \mp \mu_\phi)/T} \hat{\not{\Sigma}}_{L,Ra}^< , \quad (\text{B.23})$$

where $\mu_{\ell a}$ and μ_ϕ are the chemical potentials of the SM leptons and the Higgs. These chemical potentials are small at all times of interest, and we expand in μ/T to linear order. This yields a linearised KMS relation

$$\begin{aligned} \delta \hat{\not{\Sigma}}_{L,Ra}^> &= -e^{k^0/T} \left[\delta \hat{\not{\Sigma}}_{L,Ra}^< \mp \frac{\mu_{\ell a} + \mu_\phi}{T} \left(\hat{\not{\Sigma}}^< P_{L,R} + \delta \hat{\not{\Sigma}}_{L,Ra}^< \right) \right] \\ &\approx -e^{k^0/T} \left[\delta \hat{\not{\Sigma}}_{L,Ra}^< \mp \frac{\mu_{\ell a} + \mu_\phi}{T} \hat{\not{\Sigma}}^< P_{L,R} \right] , \end{aligned} \quad (\text{B.24})$$

where in the second step we have suppressed the term that is quadratic in the chemical potentials. Note that

$$\bar{\not{\Sigma}}_N^> = -e^{k^0/T} \bar{\not{\Sigma}}_N^< . \quad (\text{B.25})$$

From the definition of $\not{\Sigma}_N^+$ and the KMS relation (B.23) it is clear that $\delta\mathcal{N}_N$ is quadratic in the chemical potentials, and we can neglect it. We also neglect the term $\delta\mathcal{H}_N$. In principle, it is of the same order as the term with $\delta\mathcal{G}_N$, but it only appears in a commutator, and $\delta\mathcal{S}_N$ is approximately proportional to a unit matrix for $T \gg M_i$, $Y \ll 1$ ($\delta\mathcal{S}_N = -\bar{\mathcal{S}}_N$ initially). This allows us to write

$$\partial_t \delta\mathcal{S}_N = 2 \frac{\partial_t f_F}{1 - 2f_F} \bar{\mathcal{S}}_N^+ + i[\bar{\mathcal{H}}_N, \delta\mathcal{S}_N] - \{\bar{\mathcal{G}}_N, \delta\mathcal{S}_N\} - \frac{2}{1 - 2f_F} \sum_{a=e,\mu,\tau} \frac{\mu_{\ell a} + \mu_\phi}{T} \{\tilde{\mathcal{G}}_N^a, \bar{\mathcal{S}}_N^+\} , \quad (\text{B.26})$$

with

$$\tilde{\mathcal{G}}_N^a = -g_w f_F [1 - f_F] \hat{\not{\Sigma}}_N^A \left(Y_{ia}^* Y_{aj}^t P_R - Y_{ia} Y_{aj}^\dagger P_L \right) \gamma^0 . \quad (\text{B.27})$$

The Fermi-Dirac distribution $f_F = f_F(k^0) = 1/(e^{k^0/T} + 1)$ arises from the KMS relation (B.25). We used the Leibniz rule for the term $\partial_t \bar{\mathcal{S}}_N^+$ that can be expressed in terms of the stationary quantity $\bar{\mathcal{S}}_N^A$ and the distribution f_F , where the derivative only acts on the latter one. $\bar{\mathcal{H}}_N$ and $\bar{\mathcal{G}}_N$ are the dispersive and dissipative part of an effective Hamiltonian. The term $\bar{\mathcal{G}}_N$ is responsible for the feedback or backreaction of the generated lepton asymmetry on the heavy neutrino dynamics.

Lorentz Decomposition and Off-Shell Kinetic Equation We employ the decomposition of the non-equilibrium part $\delta \mathcal{S}_N = i\gamma^0 \delta S_N$ of the heavy neutrino propagator S_N in Wigner space in Lorentz components used in [60, 124],

$$-i\gamma^0 \delta S_N = \sum_h \frac{1}{2} P_h (g_{0h} + \gamma^0 g_{1h} - i\gamma^0 \gamma^5 g_{2h} - \gamma^5 g_{3h}) , \quad (\text{B.28})$$

with the helicity projectors

$$P_h \equiv \frac{1}{2} \left(1 + h \hat{\mathbf{k}} \gamma^0 \boldsymbol{\gamma} \gamma^5 \right) . \quad (\text{B.29})$$

Note that we are using the Weyl (chiral) representation of the Dirac matrices. In the situation we consider here, they can all be expressed in terms of the functions g_{0h} , as shown explicitly in Refs. [60, 124]. The relations can be found by taking traces over the products of the constraint equation (B.13a) with P_h and different combinations of γ matrices. To linear order in M/k^0 and Y , they read¹⁵

$$g_{1h} = \frac{1}{2k^0} (\{\text{Re}M, g_{0h}\} + [i\text{Im}M, g_{3h}]) , \quad (\text{B.30a})$$

$$g_{2h} = \frac{1}{2ik^0} ([\text{Re}M, g_{3h}] + \{i\text{Im}M, g_{0h}\}) , \quad (\text{B.30b})$$

$$g_{3h} = h \text{sign}(k^0) g_{0h} . \quad (\text{B.30c})$$

which is an approximation applicable in the regime $M_i \ll T$, $Y_{ia} \ll 1$. The equilibrium function $i\bar{\mathcal{S}}_N^+$ can be decomposed in analogy to $i\delta S_N$, where we replace g_{bh} with the functions $\bar{g}_{bh}$. In the self energies Σ_N of heavy neutrinos and Σ_ℓ of SM leptons we consider terms up to second order in Y . The kinetic equation for δg_{0h} can be obtained by taking the trace of Eq. (B.26) and inserting the relations (B.30a),

$$\partial_t g_{0h} = 2 \frac{\partial_t f_F}{1 - 2f_F} \bar{g}_{0h} - \frac{i}{2} [\text{H}_N, g_{0h}] - \frac{1}{2} \{\Gamma_N, g_{0h}\} - \frac{1}{2} \frac{2}{1 - 2f_F} \sum_{a=e,\mu,\tau} \frac{\mu_{\ell a} + \mu_\phi}{T} \{\tilde{\Gamma}_N^a, \bar{g}_{0h}\} , \quad (\text{B.31})$$

with

$$\text{H}_N = 2g_w \left(\text{Re}[Y^* Y^t] \frac{k \cdot \hat{\Sigma}_N^H}{k^0} - i h \text{sign}(k^0) \text{Im}[Y^* Y^t] \frac{k \cdot \hat{\Sigma}_N^H}{k^0} \right) \quad (\text{B.32a})$$

$$+ \frac{1}{k^0} (\text{Re}[M^\dagger M] + i h \text{sign}(k_0) \text{Im}[M^\dagger M]) , \quad (\text{B.32b})$$

$$\Gamma_N = 2g_w \left(\text{Re}[Y^* Y^t] \frac{k \cdot \hat{\Sigma}_N^A}{k^0} - i h \text{sign}(k^0) \text{Im}[Y^* Y^t] \frac{k \cdot \hat{\Sigma}_N^A}{k^0} \right) , \quad (\text{B.32c})$$

$$(\tilde{\Gamma}_N^a)_{ij} = 2h g_w f_F (1 - f_F) \left(\text{sign}(k^0) \text{Re}[Y_{ia}^* Y_{aj}^t] \frac{k \cdot \hat{\Sigma}_N^A}{k^0} - i h \text{Im}[Y_{ia}^* Y_{aj}^t] \frac{k \cdot \hat{\Sigma}_N^A}{k^0} \right) . \quad (\text{B.32d})$$

¹⁵It remains to be seen if corrections to these relations of order $\mathcal{O}[Y^2]$ have a significant effect on the kinetic equation at $z = z_{\text{osc}}$ when the vacuum masses are extremely degenerate.

On-Shell Kinetic Equation in an Expanding Universe The kinetic equation (B.31) for g_{0h} very much resembles an equation for density matrices commonly used in neutrino physics [91]. However, it is still an equation of motion for correlation functions (rather than particle numbers) because all quantities are defined for general k^0 that may also be off shell. The feeble strength of the Yukawa interactions implies that the narrow width approximation holds for the sterile neutrino-quasiparticles, and all phase space integrals are strongly dominated by the quasiparticle poles Ω_i , which are defined by the poles of H^{-1} in the flavour basis where H is diagonal. In that basis we can approximate

$$\bar{g}_{0h}(k)_{ij} \approx -\frac{1-2f_F}{2}\delta_{ij}2\pi\delta(k_0^2-\Omega_i^2)2k^0\text{sign}(k^0). \quad (\text{B.33})$$

In the ultrarelativistic regime $T \gg M_i$, we can further approximate $\delta(k_0^2-\Omega_i^2) \simeq \delta(k^2)$ in Eq. (B.33) because kinematically, the (thermal and vacuum) masses are negligible. We do, however, have to include these as a part of H_N in the kinetic equation owing to their importance for flavour oscillations. In Eq. (B.33) we have used that $i\bar{S}_N^+ = \bar{S}_N^A(1-2f_F)$ and $i\delta S_N = -2S_N^A\delta f$. The above relations allow us to express the full equation (B.31) in terms of the equilibrium quantities $\bar{g}_{bh}$ and the perturbative part δf_{bh} as

$$g_{bh} = -\frac{2}{1-2f_F}\bar{g}_{bh}\delta f_{bh}. \quad (\text{B.34})$$

It is convenient to define $\delta f_{0h}(\Omega_i, \mathbf{k}) + f_F(\Omega_i)$ as the number density for particles and $1 - \delta f_{0h}(-\Omega_i, \mathbf{k}) - f_F(-\Omega_i)$ as number density for antiparticles. For the heavy neutrinos, the Majorana condition (B.5) implies

$$\delta f_{0h}(-k^0) = \delta f_{0h}^*(k^0), \quad (\text{B.35})$$

and there is no need to track particle and antiparticle numbers independently. For that reason we will focus on particles, hence we restrict to the case $\text{sign}(k^0) = 1$, and use Eq. (B.35) when needed.

Using

$$\int \frac{dk^0}{2\pi} g_{bh} = \delta f_{bh}, \quad (\text{B.36})$$

we eventually obtain an equation for on-shell distribution functions by integrating over k^0 ,

$$\partial_t \delta f_{0h} = -\partial_t f_F - \frac{i}{2}[H_N, \delta f_{0h}] - \frac{1}{2}\{\Gamma_N, \delta f_{0h}\} + \sum_{a=e,\mu,\tau} \frac{\mu_{\ell a} + \mu_\phi}{T} \tilde{\Gamma}_N^a. \quad (\text{B.37})$$

Note that we keep the same notation for Γ_N , $\tilde{\Gamma}_N$ and H_N while these quantities are restricted to on-shell arguments $k^0 = |\mathbf{k}|$ in above equation.

So far we have carried out our derivations in Minkowski spacetime. During the radiation-dominated era, the expansion of the Universe can simply be included by using conformal time η instead of physical time [108],

$$\delta f'_{0hij} + \frac{i}{2}[H_N, \delta f_{0h}]_{ij} + (f^{\text{eq}})'_{ij} = -\frac{1}{2}\{\Gamma_N, \delta f_{0h}\}_{ij} + \sum_{a=e,\mu,\tau} \frac{\mu_{\ell a} + \mu_\phi}{T} (\tilde{\Gamma}_N^a)_{ij}. \quad (\text{B.38})$$

A prime denotes a derivative with respect to the conformal time η , and we additionally have made the flavour content explicit. During radiation domination, $a = a_R\eta$, and when using the

parametrisation introduced in Section 2, $\eta = T/T_{\text{ref}}$. Note also that since $a_{\text{R}}/a = T$ can be interpreted as a comoving temperature, the equilibrium distribution for massless sterile neutrinos that appears in Eq. (B.38) is given by

$$f^{\text{eq}} = \frac{1}{e^{|\mathbf{k}|/a_{\text{R}}} + 1}. \quad (\text{B.39})$$

This distribution does not depend on conformal time, such that the term $f^{\text{eq}'} = 0$ in Eq. (B.38).

The effective Hamiltonian can be decomposed into a vacuum mass and a thermal mass term such that $(H_N)_{ij} = (H_N^{\text{vac}})_{ij} + (H_N^{\text{th}})_{ij}$ with

$$(H_N^{\text{vac}})_{ij} = \frac{a^2}{|\mathbf{k}|} \left(\text{Re}[M^\dagger M]_{ij} + i h \text{Im}[M^\dagger M]_{ij} \right), \quad (\text{B.40a})$$

$$(H_N^{\text{th}})_{ij} = 2g_w \left(\text{Re}[Y^* Y^t]_{ij} - i h \text{Im}[Y^* Y^t]_{ij} \right) \frac{k \cdot \hat{\Sigma}_N^H}{|\mathbf{k}|}, \quad (\text{B.40b})$$

where M is the vacuum mass matrix [*cf.* Eq. (2)] such that Eq. (B.40a) is written in the most general form allowing for a complex symmetric mass matrix. $\hat{\Sigma}_N^H$ is the Hermitian part of the reduced self-energy of the sterile neutrino as defined in Eq. (B.21) [60]. The anticommutator terms involve the reduced spectral self-energy $\hat{\Sigma}_N^A$, and they are responsible for the decay of the deviations δf_{0h} toward equilibrium. Inserting the momentum and flavour structure one finds [60]

$$(\Gamma_N)_{ij} = 2g_w \left(\text{Re}[Y^* Y^t]_{ij} - i h \text{Im}[Y^* Y^t]_{ij} \right) \frac{k \cdot \hat{\Sigma}_N^A}{|\mathbf{k}|}. \quad (\text{B.41})$$

The oscillations of sterile neutrinos induce flavour asymmetries in the active sector. The produced SM charges, *i.e.* those within the doublet leptons ℓ_a of flavour a and the Higgs field ϕ , then lead to a backreaction effect that is described by the term

$$\begin{aligned} & \frac{\mu_{\ell a} + \mu_\phi}{T} (\tilde{\Gamma}_N^a)_{ij} \rightarrow \\ & 2h g_w \left(\text{Re}[Y_{ia}^* Y_{aj}^t] - i h \text{Im}[Y_{ia}^* Y_{aj}^t] \right) \frac{k \cdot \hat{\Sigma}_N^A}{|\mathbf{k}|} \frac{e^{|\mathbf{k}|/a_{\text{R}}}}{(e^{|\mathbf{k}|/a_{\text{R}}} + 1)^2} \left(\frac{\mu_{\ell a}}{a_{\text{R}}} + \frac{\mu_\phi}{a_{\text{R}}} \right). \end{aligned} \quad (\text{B.42})$$

Here, $\mu_{\ell a}$ and μ_ϕ are chemical potentials for the doublet leptons and the Higgs boson, where we assume kinetic equilibrium for these species. We have linearised here in the chemical potentials, which is a valid approximation when $\mu_{\ell a, \phi} \ll T$.

It is convenient to define helicity-even and helicity-odd parts of the distribution functions

$$\delta f^{\text{even}}(k) = \frac{\delta f_{0+}(k) + \delta f_{0-}(k)}{2}, \quad (\text{B.43a})$$

$$\delta f^{\text{odd}}(k) = \frac{\delta f_{0+}(k) - \delta f_{0-}(k)}{2}. \quad (\text{B.43b})$$

In this work we assume that all lepton asymmetries remain small at all times. This allows to perform expansions to linear order in the $\mu_{\ell a}$ and δf^{odd} . We cannot expand in δf^{even} because the initial state (B.2) implies that

$$\delta f_{ij}^{\text{even}}(k) = -f^{\text{eq}}(|\mathbf{k}|) \delta_{ij} \simeq -\delta_{ij} \quad (\text{B.44})$$

at initial time, where the second equality holds on shell and at $T \gg M_i, M_j$.

Rate Equations for Number Densities Though Eq. (B.38) has the same form as a density matrix equation for (quasi)particle occupation numbers, it is an equation of motion for the propagator $(S_N)_{ij}$ (which can be expressed in terms of the distribution functions δf_{0hij}). In particular, it is valid for off-shell values of k^0 and holds for each momentum mode $\mathbf{k}$ individually. When accounting for backreaction effects, there will also be a coupling among the modes via $\tilde{\mathcal{G}}$. This is a considerable complication, and resolving the full momentum dependence would be a road block toward the goal of finding simple analytic approximations as well as fast numerical solutions. We therefore follow the common procedure [65, 67, 71] of reducing the problem to number densities in flavour of distribution functions by averaging the rates over the momentum. As we discuss below, this leads to order one uncertainties in the final result that should be resolved in future work. Some progress in this direction has been made in Ref. [98]. The developments that we present here may be helpful in order to address this issue.

In order to cast Eq. (B.38) into a relation for the number densities of the sterile neutrinos, we perform an integration over momentum space. We are lead to introduce the equilibrium number density

$$n^{\text{eq}} = \int \frac{d^3k}{(2\pi)^3} f^{\text{eq}} = \frac{3}{4\pi^2} a_{\text{R}}^3 \zeta(3) \quad (\text{B.45})$$

and the deviations

$$\delta n_{hij} = \int \frac{d^3k}{(2\pi)^3} \delta f_{0hij}(\mathbf{k}). \quad (\text{B.46})$$

The number densities δn^{even} and δn^{odd} are then defined analogously based on the distribution functions (B.43). We face the usual problem of approximating the momentum integral over products on the right-hand side of Eq. (B.38) by products of momentum integrals. Under the integral, the distribution functions are in general multiplied by different powers of the momentum. Inspection of the individual terms in Eq. (B.38) (that we discuss explicitly below) reveals that there are factors independent of k as well as factors of $1/|\mathbf{k}|$. In order to account for the latter, we replace $1/|\mathbf{k}|$ by its average value

$$\left\langle \frac{1}{|\mathbf{k}|} \right\rangle \equiv \frac{1}{n^{\text{eq}}} \int \frac{d^3k}{(2\pi)^3} \frac{1}{|\mathbf{k}|} f^{\text{eq}}(\mathbf{k}) = \frac{\pi^2}{18a_{\text{R}}\zeta(3)}. \quad (\text{B.47})$$

For $T \gg M_i$, the spectral self-energy of the sterile neutrinos, that appears in $\mathcal{G}$ and $\tilde{\mathcal{G}}$, is dominated by the t -channel exchange of a doublet lepton in association with the radiation of a gauge boson [75, 83, 125]. We follow Ref. [72], where the momentum averaging is applied through the replacement

$$\frac{k \cdot \hat{\Sigma}_N^{\text{A}}}{|\mathbf{k}|} \rightarrow \frac{\gamma_{\text{av}} a_{\text{R}}}{2g_w}, \quad (\text{B.48})$$

with the averaged relaxation rate $\gamma_{\text{av}} \equiv \Gamma_{\text{av}}/T$. This rate has been computed in different regimes by various authors [60, 82–85, 124, 126–131, 131–134]. Here we use $\gamma_{\text{av}} = 0.012$, corresponding to the value from Ref. [75] based on Refs. [83, 125]. In the backreaction term (B.42), it is useful to replace the chemical potentials with charge densities according to Eq. (10). In the effective Hamiltonian H_N , we substitute the leading hard thermal loop contribution to the Hermitian self-energy given

by $k \cdot \hat{\Sigma}_N^H = T^2/8$ [135]¹⁶ In total, we can decompose the Hermitian part as follows

$$\frac{k \cdot \hat{\Sigma}_N^H}{|\mathbf{k}|} = \frac{a_R^2}{16|\mathbf{k}|} \rightarrow \frac{a_R}{2g_w} \mathfrak{h}_{\text{th}}$$

where using Eq. (B.47), the coefficient $\mathfrak{h}_{\text{th}}$ is given by

$$\mathfrak{h}_{\text{th}} \approx 0.23. \quad (\text{B.49})$$

In summary, when integrating Eq. (B.38) over the three momentum $\mathbf{k}$, we obtain the momentum averaged evolution equation for the sterile number densities

$$\frac{d}{dz} \delta n_h = -\frac{i}{2} [H_N^{\text{th}} + z^2 H_N^{\text{vac}}, \delta n_h] - \frac{1}{2} \{\Gamma_N, \delta n_h\} + \sum_{a=e,\mu,\tau} \tilde{\Gamma}_N^a \left(q_{\ell a} + \frac{1}{2} q_\phi \right), \quad (\text{B.50})$$

and the rates given in equations (20a)-(20d)

$$\begin{aligned} H_N^{\text{vac}} &= \frac{\pi^2}{18\zeta(3)} \frac{a_R}{T_{\text{ref}}^3} \left(\text{Re}[M^\dagger M] + i h \text{Im}[M^\dagger M] \right), \\ H_N^{\text{th}} &= \mathfrak{h}_{\text{th}} \frac{a_R}{T_{\text{ref}}} \left(\text{Re}[Y^* Y^t] - i h \text{Im}[Y^* Y^t] \right), \\ \Gamma_N &= \gamma_{\text{av}} \frac{a_R}{T_{\text{ref}}} \left(\text{Re}[Y^* Y^t] - i h \text{Im}[Y^* Y^t] \right), \\ (\tilde{\Gamma}_N^a)_{ij} &= \frac{h}{2} \gamma_{\text{av}} \frac{a_R}{T_{\text{ref}}} \left(\text{Re}[Y_{ia}^* Y_{aj}^t] - i h \text{Im}[Y_{ia}^* Y_{aj}^t] \right). \end{aligned}$$

The result (B.50) immediately leads to Eq. (19) when including spectator effects. Note that if all distribution functions appearing under the momentum integral were of the form $f^{\text{eq}}(\mathbf{k})$, the averaging procedure would not incur any inaccuracy. However, this form cannot be assumed for $\delta f_{0h}(\mathbf{k})$ and it neither holds for the statistical factor in Eq. (B.42). Nonetheless, since all of these distributions take the form of a Boltzmann tail for $|\mathbf{k}| \gg a_R$, the error incurred is only of order one. For comparison, along the same lines, we can see that momentum averaging for leptogenesis from non-relativistic sterile neutrinos does not lead to a leading order inaccuracy because all distributions are well approximated by the Maxwell-Boltzmann form.

C Evolution of SM Charges

C.1 Kinetic Equations

The evolution equations for the charge densities $q_{\ell a}$ of doublet leptons are

$$\frac{dq_{\ell a}}{dz} = -\frac{a_R}{T_{\text{ref}}} W_a \left(q_{\ell a} + \frac{1}{2} q_\phi - q_{Nii} \right) + \frac{1}{T_{\text{ref}}} S_a, \quad (\text{C.1})$$

where S_a is the source for the asymmetry (which is defined as the part of the collision term that is non-vanishing even if all $\mu_{\ell a} = 0$) and W_a is the rate for washout (which is defined as the

¹⁶ Note that in our definition, we account for the fact that particles and antiparticles run in the loop correction to the Majorana propagator while the gauge multiplicity enters through the explicit factors of g_w in Eqs. (B.40).

remainder of the collision terms). Besides, we introduce the sterile charge as the helicity-odd part of the deviation of the number densities from equilibrium,

$$q_{Nij} = \delta n_{+ij} - \delta n_{-ij} = 2n_{ij}^{\text{odd}}. \quad (\text{C.2})$$

This quantity is useful because in the limit $M \rightarrow 0$, q_N can be identified with a charge density contributing to a conserved (modulo weak sphalerons) generalised lepton number along with the doublet leptons and the charged right-handed leptons. In the present context, where the sterile neutrinos are relativistic, we can neglect the reactions that violate the generalised lepton number. This is because for a typical momentum mode the admixture of opposite chirality to a spinor of given helicity is of order M/T , such that the processes mediated by the Yukawa couplings Y that violate the generalised lepton number are suppressed by a relative factor of M^2/T^2 compared those that conserve the generalised lepton number and that are accounted for in the present work.¹⁷ We also note that there are contributions from the off-diagonal correlations in the sterile neutrinos that we attribute implicitly to the source term S_a . In analogy with the terms proportional to $\tilde{\Gamma}^a$ in Eq. (B.50), we refer to the contribution involving q_{Nii} in Eq. (C.1) as a backreaction term.

The washout rate is complementary to the damping rates for sterile neutrinos, *cf.* Eqs. (20), and is given by

$$W_a = \frac{\gamma_{\text{av}}}{g_w} \sum_i Y_{ia} Y_{ai}^\dagger. \quad (\text{C.3})$$

The off-diagonal correlations of the sterile neutrinos give rise to the source for charge asymmetries in the doublet leptons,

$$S_{ab} = - \sum_{\substack{i,j \\ i \neq j}} Y_{ia}^* Y_{jb} \int \frac{d^4 k}{(2\pi)^4} \text{tr} \left[P_R i \delta S_{Nij}(k) 2P_L \hat{\mathbb{X}}_N^A \right], \quad (\text{C.4})$$

where in Eq. (C.1) we use the shorthand notation $S_a \equiv S_{aa}$. While in principle, there can also be off-diagonal correlations in the doublet charges, we set these to zero in the present context because at the temperatures we consider, processes mediated by the μ and τ Yukawa couplings erase these by the mechanism described in Ref. [109, 136] corresponding to leptogenesis in the fully flavoured regime [137–139].

Because $T \sim |\mathbf{k}| \gg M_{ii}$ for the typical momentum scale, we can focus on the limit of massless (ultrarelativistic) sterile neutrinos, where $|\mathbf{k}| \approx \text{sign}(k^0)k^0$. Further, it is useful to decompose sterile propagator in the relativistic regime

$$\begin{aligned} i\delta S_N(k) &= 2\pi\delta(k^2)2k^0 \frac{\delta f_{0+}(k) + \delta f_{0-}(k)}{2} \left(-\frac{1}{2}\gamma^0 + \frac{1}{2}\hat{\mathbf{k}} \cdot \boldsymbol{\gamma} \text{sign}(k^0) \right) \\ &\quad + 2\pi\delta(k^2)2k^0 \frac{\delta f_{0+}(k) - \delta f_{0-}(k)}{2} \left(\frac{1}{2}\gamma^0 \gamma^5 \text{sign}(k^0) - \frac{1}{2}\hat{\mathbf{k}} \cdot \boldsymbol{\gamma} \gamma^5 \right) \end{aligned} \quad (\text{C.5})$$

in terms of helicity odd and even functions (B.43a) and (B.43b),

$$i\delta S_N(k) = 2\pi\delta(k^2) \left[-\not{k} \delta f^{\text{even}}(k) + \text{sign}(k^0) \not{k} \gamma^5 \delta f^{\text{odd}}(k) \right]. \quad (\text{C.6})$$

¹⁷In a situation where the eigenvalues of $YY^\dagger$ are very different in size, this argument might not hold because the M^2/T^2 -suppression of lepton number violating processes involving the larger coupling may not be sufficient to suppress them relative to the lepton number conserving processes mediated by the weaker Yukawa coupling. This issue, which should be addressed in future work, introduces an uncertainty in the results found in Section 4.

Here we have used Eqs. (B.28) and (B.30a), where the off-shell correlators g_{1h} and g_{2h} are suppressed by a factor k^0/M and where g_{3h} is related to g_{0h} . Additionally, the on-shell condition (B.34) has been used in the form of

$$g_{0h} = 2\pi\delta(k^2)\text{sign}(k^0)2k^0\delta f_{0h}. \quad (\text{C.7})$$

Substitution into the source term (C.4) yields

$$S_{ab} = \sum_{\substack{i,j \\ i \neq j}} Y_{ia}^* Y_{jb} \int \frac{d^3k}{(2\pi)^3} \frac{1}{2|\mathbf{k}|} \sum_{s_k=\pm} 4k \cdot \hat{\Sigma}_N^A [\delta f_{ij}^{\text{even}}(k) + s_k \delta f_{ij}^{\text{odd}}(k)] . \quad (\text{C.8})$$

This corresponds to the relativistic limit of the more general result derived in Ref. [60].

Provided we can neglect the term $\delta f'_{0hij}$ compared to the commutator term in Eq. (B.38) and we can also drop the backreaction term as well as the thermal masses, it follows

$$\delta f_{0hij} = -ig_w \frac{4k \cdot \hat{\Sigma}_N^A}{a^2(M_{ii}^2 - M_{jj}^2)} f^{\text{eq}} (\text{Re}[Y^* Y^t]_{ij} - i h \text{sign}(k^0) \text{Im}[Y^* Y^t]_{ij}) , \quad (\text{C.9})$$

and we recover the result from Ref. [72] for the source term. This gives rise to a first approximation for the asymmetry in the *weak washout* regime, which we improve upon in Section 3.

In terms of momentum averaged expressions, the source term can be written as

$$S_{ab} = 2 \frac{\gamma_{\text{av}}}{g_w} a_R \sum_{\substack{i,j \\ i \neq j}} Y_{ia}^* Y_{jb} [\text{iIm}(\delta n_{ij}^{\text{even}}) + \text{Re}(\delta n_{ij}^{\text{odd}})] , \quad (\text{C.10})$$

such that in total, we obtain the differential equation for the evolution of the SM charges

$$\begin{aligned} \frac{dq_{\ell a}}{dz} = & - \frac{\gamma_{\text{av}}}{g_w} \frac{a_R}{T_{\text{ref}}} \sum_i Y_{ia} Y_{ai}^\dagger \left(q_{\ell a} + \frac{1}{2} q_\phi - q_{Ni} \right) \\ & + 2 \frac{\gamma_{\text{av}}}{g_w} \frac{a_R}{T_{\text{ref}}} \sum_{\substack{i,j \\ i \neq j}} Y_{ia}^* Y_{ja} [\text{iIm}(\delta n_{ij}^{\text{even}}) + \text{Re}(\delta n_{ij}^{\text{odd}})] . \end{aligned} \quad (\text{C.11})$$

Eqs. (B.50) and (C.11) form a coupled system of differential equation for the active and sterile charges. In order to solve the whole system one can decompose Eq. (B.50) into even and odd parts and seek for numerical solutions. However, we can identify different parameter regions, such as the oscillatory and overdamped regime, where approximate analytic solutions can be found, as presented in Sections 3 and 4, respectively.

C.2 Spectator Processes

Standard Model processes redistributing charges during leptogenesis are called spectator effects and affect the final result for the baryon asymmetry [95, 96]. In order to account for these it is useful to work with the asymmetries $\Delta_a = B/3 - L_a$ defined in Eq. (12) which are conserved by all interactions other than those mediated by the Yukawa couplings Y between the active and sterile sectors. We then need to relate these asymmetries to the charge densities that appear on the right hand sides of the evolution equations (B.38). At temperatures below $T \lesssim 10^5 \text{ GeV}$, when the electron as the SM particle with the smallest Yukawa coupling finally reaches chemical

equilibrium (see *e.g.* Ref. [97] for an overview of the equilibration rates of spectator processes), the SM Yukawa-mediated processes lead to the constraints

$$\mu_{Qi} - \mu_{ui} + \mu_\phi = 0, \quad (\text{C.12a})$$

$$\mu_{Qi} - \mu_{di} - \mu_\phi = 0, \quad (\text{C.12b})$$

$$\mu_{\ell i} - \mu_{ei} - \mu_\phi = 0. \quad (\text{C.12c})$$

Besides, weak and strong sphaleron processes force the relations

$$g_s(\mu_{Q1} + \mu_{Q2} + \mu_{Q3}) + \mu_{\ell 1} + \mu_{\ell 2} + \mu_{\ell 3} = 0, \quad (\text{C.13a})$$

$$g_w(\mu_{Q1} + \mu_{Q2} + \mu_{Q3}) - (\mu_{u1} + \mu_{u2} + \mu_{u3}) - (\mu_{d1} + \mu_{d2} + \mu_{d3}) = 0, \quad (\text{C.13b})$$

where Q_i denote left-handed quark doublets of flavour i , u_i , d_i are the corresponding right-handed electroweak singlets and the factor $g_s = 3$ accounts for the three colour states. A common chemical potential for the weak doublets and colour triplets implies that the charge densities associated with the diagonal generators for weak and strong interactions vanish. Correspondingly a vanishing density of weak hypercharge leads to the condition

$$g_w Y_\phi q_\phi + \sum_{a=e,\mu,\tau} (g_w g_s Y_{Qa} q_{Qa} + g_w Y_{\ell a} q_{\ell a} + g_s Y_{ua} q_{ua} + g_s Y_{da} q_{da} + Y_{ea} q_{ea}) = 0, \quad (\text{C.14})$$

where we explicitly note the summation over the three active flavour indices. We can now solve Eqs. (C.12, C.13, C.14) in order to obtain the desired relations between the charge densities of doublet leptons $q_{\ell 1,2,3} \equiv q_{\ell e,\mu,\tau}$ as well as of the Higgs bosons q_ϕ and the asymmetries $\Delta_{1,2,3} \equiv \Delta_{e,\mu,\tau}$. These are conveniently expressed as $q_\ell = A\Delta$ and $q_\phi = C\Delta$. This way we obtain the matrices A and C given in equation (15) as

$$A = \frac{1}{711} \begin{pmatrix} -221 & 16 & 16 \\ 16 & -221 & 16 \\ 16 & 16 & -221 \end{pmatrix}, \quad C = -\frac{8}{79} \begin{pmatrix} 1 & 1 & 1 \end{pmatrix}$$

and where $q_\ell = (q_{\ell 1}, q_{\ell 2}, q_{\ell 3})^t$ as well as $\Delta = (\Delta_1, \Delta_2, \Delta_3)^t$ are understood as column vectors in lepton flavour space. For completeness, we also define the column vector $q_N = (q_{N_1}, q_{N_2}, \dots, q_{N_{n_s}})^t$ for n_s sterile neutrinos. Besides, in terms of Δ we can express the baryon asymmetry as

$$B = D\Delta, \quad D = \frac{28}{79} \begin{pmatrix} 1 & 1 & 1 \end{pmatrix}. \quad (\text{C.15})$$

One may also relate the asymmetry in doublet leptons to the baryon asymmetry,

$$B = Eq_\ell, \quad E = -\frac{4}{3} \begin{pmatrix} 1 & 1 & 1 \end{pmatrix}. \quad (\text{C.16})$$

Note that this calculation is consistent with the well-known relation [140] $B = \frac{28}{79}(B - L)$. Because of the crossover nature of the electroweak phase transition in the SM, there is another $\mathcal{O}(10\%)$ correction to this relation [141, 142]. In view of the sensitivity of the asymmetries from GeV-scale leptogenesis to spectator effects, it should be of interest to include this correction along with the time dependence of the rate of weak sphaleron transitions prior to their quench. Both corrections will lead to a temperature dependence in above conversion relations, a detailed study of which we leave to future work.

D Oscillatory Regime

D.1 Time Scales in the Oscillatory Regime

For the validity of the approximations used to calculate the initial asymmetry in the oscillatory regime, the equilibration time

$$z_{\text{eq}} \approx \left(2g_w \|Y^* Y^t\| \frac{k \cdot \hat{\Sigma}_N^A}{|\mathbf{k}|} \right)^{-1} T_{\text{ref}} \approx \frac{T_{\text{ref}}}{\|Y^* Y^t\| \gamma_{\text{av}} a_{\text{R}}}, \quad (\text{D.1})$$

given here by the inverse of the smallest eigenvalue of the decay matrix (B.41) needs to be much larger than the time by which the first oscillation is over. This oscillation time scale is determined by the difference of the squared masses

$$z_{\text{osc}} \approx (a_{\text{R}} |M_i^2 - M_j^2|)^{-1/3} T_{\text{ref}}. \quad (\text{D.2})$$

In the coordinates we have chosen, Eq. (B.50) implies that the frequency of the oscillation ω_{vac} induced by the vacuum term H_N^{vac} increases with z^2 , whereas the thermal contribution H_N^{th} results in a constant oscillation frequency ω_{th} . For this reason the nonzero thermal oscillation may be of importance at early times when the vacuum oscillation has not started yet. However, one can show that ω_{vac} is automatically larger than ω_{th} at the time of the first oscillation z_{osc} when imposing $z_{\text{eq}} \gg z_{\text{osc}}$:

$$\omega_{\text{vac}} = a_{\text{R}} |M_i^2 - M_j^2| \eta_{\text{osc}}^2 = a_{\text{R}}^{1/3} |M_i^2 - M_j^2|^{1/3} \gg \|Y^* Y^t\| \mathfrak{h}_{\text{th}} a_{\text{R}} = \omega_{\text{th}}, \quad (\text{D.3})$$

with $\mathfrak{h}_{\text{th}} = 0.23$. This implies that in the oscillatory regime the thermal effects may only have lead to a small fraction of a full flavour oscillation by the time when the first oscillation due to the vacuum masses already has been completed. Since the main part of the active charge is generated during the first oscillation, one can consider the contribution from the thermal masses as a perturbation.

It is easy to show that the perturbative corrections to δn_{ij} arising due to the presence of H_N^{th} vanish at order $\mathcal{O}(\mathfrak{h}_{\text{th}}/\gamma_{\text{av}} |Y^* Y^t|)$ as the leading order term of the out-of-equilibrium distribution is $\delta n_{ij} = -n^{\text{eq}} \delta_{ij}$ and hence

$$[H_N^{\text{th}}, \delta n] = 0. \quad (\text{D.4})$$

The first non-vanishing contribution from the thermal masses is of order $\mathcal{O}(\mathfrak{h}_{\text{th}}/\gamma_{\text{av}} |Y^* Y^t|^2)$, which can be neglected compared to the contributions coming from the vacuum masses δn_{ij} of order $\mathcal{O}(|Y^* Y^t|)$, cf. Eqs. (31).

D.2 Momentum Dependence of the Source

In Section 3 we have calculated the active charge produced through the off-diagonal oscillations of the sterile neutrinos to order $|Y^* Y^t|^2$ with the simplification of fully momentum averaged expressions. We can go one step further and consider the momentum dependence of the vacuum term H_N^{vac} as in Eq. (B.40a) but still keep the replacement (B.48) in order to be able to solve the remaining momentum integral analytically. For this reason we solve

$$\delta f'_{0hij} + \frac{i}{2} [H_N^{\text{vac}}, \delta f_{0h}]_{ij} = -\frac{1}{2} \{\Gamma_N, \delta f_{0h}\}_{ij}, \quad (\text{D.5})$$

by analogy with Eq. (26) for the even and odd parts of the off-diagonal distributions δf_{ij} whose solution to order $|Y^* Y^t|$ can be obtained analogously

$$f_{ij}^{\text{odd}} = -i\text{Im}[Y^* Y^t]_{ij} \tilde{G} \mathcal{F}_{ij}, \quad f_{ij}^{\text{even}} = \text{Re}[Y^* Y^t]_{ij} \tilde{G} \mathcal{F}_{ij}, \quad (\text{D.6a})$$

$$\tilde{\Omega}_{ij} = \frac{a_R^2}{T_{\text{ref}}^3 2k^0} (M_{ii}^2 - M_{jj}^2), \quad \tilde{G} = 2g_w \frac{k \cdot \hat{\Sigma}_N^A}{|\mathbf{k}| T_{\text{ref}}} f^{\text{eq}}(\mathbf{k}). \quad (\text{D.6b})$$

with $\mathcal{F}_{ij}$ from Eq. (31b) where Ω_{ij} is replaced by $\tilde{\Omega}_{ij}$. These can be plugged in into Eq. (38) with the source term (C.8), where summation over positive and negative k^0 yields

$$\exp\left(\frac{i\pi}{3} \text{sign}(M_{ii}^2 - M_{jj}^2)\right) - \exp\left(-\frac{i\pi}{3} \text{sign}(M_{ii}^2 - M_{jj}^2)\right) = i\sqrt{3} \text{sign}(M_{ii}^2 - M_{jj}^2), \quad (\text{D.7})$$

while the integration over z remains unchanged, so that the active charge is given by

$$\frac{\tilde{\Delta}_a^{\text{sat}}}{s} = \frac{20ig_w}{g_\star} \frac{3^{\frac{2}{3}} \Gamma(\frac{1}{6})}{\pi^{\frac{3}{2}} a_R^{13/3}} \sum_{\substack{i,j,c \\ i \neq j}} Y_{ai}^\dagger Y_{ic} Y_{cj}^\dagger Y_{jb} \frac{\text{sign}(M_{ii}^2 - M_{jj}^2)}{|M_{ii}^2 - M_{jj}^2|^{\frac{2}{3}}} \times \mathcal{I} \quad (\text{D.8})$$

with a function that carries all momentum information

$$\mathcal{I} = \int \frac{d^3 k}{(2\pi)^3} |\mathbf{k}|^{-\frac{4}{3}} \frac{(k \cdot \hat{\Sigma}_N^A)^2 |_{k^0=|\mathbf{k}|}}{e^{|\mathbf{k}|/a_R} + 1}. \quad (\text{D.9})$$

Solving this integral exactly is beyond the scope of this paper since $k \cdot \hat{\Sigma}_N^A$ has a non-trivial momentum structure [98]. Nevertheless, we can use the momentum averaged replacement (B.48), which leaves us with a momentum integral that can easily be solved analytically:

$$\int \frac{d^3 k}{(2\pi)^3} |\mathbf{k}|^{\frac{2}{3}} \frac{1}{e^{|\mathbf{k}|/a_R} + 1} = \frac{1}{2\pi^2} a_R^{\frac{11}{3}} \left(1 - 2^{-\frac{8}{3}}\right) \Gamma\left(\frac{11}{3}\right) \zeta\left(\frac{11}{3}\right). \quad (\text{D.10})$$

Thus, the total active charge produced in the *weak washout* regime, before the washout kicks in, is given by

$$\begin{aligned} \frac{\tilde{\Delta}_a^{\text{sat}}}{s} &= \frac{i}{g_\star^{\frac{5}{3}}} \frac{3^2 5^{\frac{5}{3}} (2 - 2^{-\frac{5}{3}}) \Gamma(\frac{1}{6}) \Gamma(\frac{11}{3}) \zeta(\frac{11}{3})}{2^{\frac{10}{3}} \pi^{\frac{11}{2}}} \sum_{\substack{i,j,c \\ i \neq j}} \frac{Y_{ai}^\dagger Y_{ic} Y_{cj}^\dagger Y_{jb}}{\text{sign}(M_{ii}^2 - M_{jj}^2)} \left(\frac{m_{\text{Pl}}^2}{|M_{ii}^2 - M_{jj}^2|} \right)^{\frac{2}{3}} \frac{\gamma_{\text{av}}^2}{g_w} \\ &\approx - \sum_{\substack{i,j,c \\ i \neq j}} \frac{\text{Im}[Y_{ai}^\dagger Y_{ic} Y_{cj}^\dagger Y_{ja}]}{\text{sign}(M_{ii}^2 - M_{jj}^2)} \left(\frac{m_{\text{Pl}}^2}{|M_{ii}^2 - M_{jj}^2|} \right)^{\frac{2}{3}} \times 4.18284 \times 10^{-4} \frac{\gamma_{\text{av}}^2}{g_w}. \end{aligned} \quad (\text{D.11})$$

Comparing with Eq. (43), we see that momentum averaging the vacuum oscillation term yields an error of about 23%:

$$\tilde{\Delta}_a^{\text{sat}} \approx 1.23 \times \Delta_a^{\text{sat}}, \quad (\text{D.12})$$

whereas we expect the error in Eq. (D.9) of to be of order one [98] and hence sufficient our purposes.

D.3 Sterile Charges in the Oscillatory Regime

In Section 3 we have pointed out that up to order $|Y^*Y^t|^2$ no sterile charge q_N is generated by the off-diagonal oscillations. We will show in the following that this is true to all orders for $n_s = 2$ sterile flavours, whereas this is not true for $n_s \geq 3$ since a non-vanishing contribution appears at $\mathcal{O}(|Y^*Y^t|^3)$. In order to do so, we introduce a function

$$T_{ij} = \text{Re}[Y^*Y^t]_{ij}\delta n_{ji}^{\text{odd}} - i\text{Im}[Y^*Y^t]_{ij}\delta n_{ji}^{\text{even}}, \quad (\text{D.13})$$

for $i \neq j$. Its derivative with respect to z reads

$$\frac{d}{dz}T_{ij} = \text{Re}[Y^*Y^t]_{ij}\frac{d}{dz}\delta n_{ji}^{\text{odd}} - i\text{Im}[Y^*Y^t]_{ij}\frac{d}{dz}\delta n_{ji}^{\text{even}}. \quad (\text{D.14})$$

The deviations $\delta n_{ji}^{\text{even}}$ and $\delta n_{ji}^{\text{odd}}$ are determined by solving Eq. (26) for non-diagonal components ($i \neq j$). In case of $n_s = 2$ flavours, one can express the anticommutators as

$$\{\text{Re}[Y^*Y^t], \delta n\}_{ij} = (\text{Re}[Y^*Y^t]_{ii} + \text{Re}[Y^*Y^t]_{jj})\delta n_{ij} + \text{Re}[Y^*Y^t]_{ij}(\delta n_{ii} + \delta n_{jj}), \quad (\text{D.15a})$$

$$\{\text{Im}[Y^*Y^t], \delta n\}_{ij} = \text{Im}[Y^*Y^t]_{ij}(\delta n_{ii} + \delta n_{jj}), \quad (\text{D.15b})$$

since the diagonal entries of Y^*Y^t are purely real due to its Hermitian property. After some calculation we are left with

$$\begin{aligned} \frac{d}{dz}T_{ij} = & -iA_{ji}z^2T_{ij} - \gamma_{\text{av}}\frac{a_{\text{R}}}{2T_{\text{ref}}}(\text{Re}[Y^*Y^t]_{ii} + \text{Re}[Y^*Y^t]_{jj})T_{ij} \\ & - \gamma_{\text{av}}\frac{a_{\text{R}}}{2T_{\text{ref}}}(\delta n_{ii}^{\text{odd}} + \delta n_{jj}^{\text{odd}})(\text{Re}[Y^*Y^t]_{ij}\text{Re}[Y^*Y^t]_{ji} - \text{Im}[Y^*Y^t]_{ij}\text{Im}[Y^*Y^t]_{ji}). \end{aligned} \quad (\text{D.16})$$

It is easy to see that Eq. (34) can be expressed in terms of $\text{Re}[T_{ij}]$

$$\frac{d}{dz}n_{ii}^{\text{odd}} = -\gamma_{\text{av}}n_{ii}^{\text{odd}} - \gamma_{\text{av}}\frac{a_{\text{R}}}{T_{\text{ref}}}\sum_{j \neq i} \text{Re}[T_{ij}]. \quad (\text{D.17})$$

In order to require zero sterile charge, $\delta n_{ij}^{\text{odd}}$, $\delta n_{ii}^{\text{odd}}$ as well as $\delta n_{ij}^{\text{even}}$ have to vanish for $z \rightarrow 0$ and so does T_{ij} . Thus, Eqs. (D.16) and (D.17) can be solved to

$$T_{ij}(z) = \delta n_{ii}^{\text{odd}}(z) = 0, \quad (\text{D.18})$$

which is true for all z . Additionally, this even results in a condition between n^{even} and n^{odd} :

$$\text{Re}[Y^*Y^t]_{ij}\text{Re}[\delta n_{ij}^{\text{odd}}] = \text{Im}[Y^*Y^t]_{ij}\text{Im}[\delta n_{ij}^{\text{even}}], \quad (\text{D.19a})$$

$$\text{Re}[Y^*Y^t]_{ij}\text{Im}[\delta n_{ij}^{\text{odd}}] = -\text{Im}[Y^*Y^t]_{ij}\text{Re}[\delta n_{ij}^{\text{even}}]. \quad (\text{D.19b})$$

Whereas this holds for $n_s = 2$ sterile flavours one can show that for $n_s \geq 3$, already at $\mathcal{O}(|Y^*Y^t|^3)$, there appears a non-vanishing contribution to F_i . For that, we solve Eq. (26) for off-diagonal δn_{ij} recursively to $\mathcal{O}(|Y^*Y^t|^2)$ by using solutions for δn at $\mathcal{O}(|Y^*Y^t|)$. This result can be used as an input for F_i in Eq. (34), such that for $n_s = 3$, we have:

$$F_i(z) = \frac{\gamma_{\text{av}}a_{\text{R}}^2}{2T_{\text{ref}}^3}\sum_j |\epsilon_{ijk}|\mathcal{Y}_{ijk}\text{Im}[\tilde{\mathcal{F}}_{jik}(z)] + \mathcal{O}(|Y^*Y^t|^4), \quad (\text{D.20a})$$

$$\mathcal{Y}_{ijk} = \text{Re}[Y^*Y^t]_{ij}\text{Im}[(Y^*Y^t)_{jk}(Y^*Y^t)_{ki}] + \text{Im}[Y^*Y^t]_{ij}\text{Re}[(Y^*Y^t)_{jk}(Y^*Y^t)_{ki}], \quad (\text{D.20b})$$

$$\tilde{\mathcal{F}}_{ijk}(z) = \exp\left(-\frac{i}{3}\Omega_{ij}z^3\right) \times \int_0^z dt \exp\left(\frac{i}{3}\Omega_{ij}t^3\right) [\mathcal{F}_{kj}(t) + \mathcal{F}_{ik}(t)], \quad (\text{D.20c})$$

with $|\epsilon_{ijk}|$ as the absolute value of the Levi-Civita-Symbol in order to account for ($i \neq j, k \neq i, k \neq j$). Thus, as a perturbative expansion in the Yukawa coupling Y , it is justified to assume zero initial sterile charge q_{Nii} after the first oscillations in the oscillatory regime.

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