

State of mind after manifestation:

After manifesting Naina Sadana into my life, I have become more calm, composed, positive, hopeful, and deeply loving. For the first time, I feel a true sense of **direction**. My life, once **scattered** with longings and unanswered questions, now feels whole. Every part of me that once felt **incomplete** — emotionally, physically, sexually, financially, socially, and spiritually — has found fulfillment. This is the life I always envisioned for myself at this stage — **grounded, purposeful, and complete**. I carry no regret or remorse for the time, energy, or money spent in search of love, even on matrimonial sites. Every step, every effort, every disappointment happened for a reason. They led me to this moment — to her. There was a time when I believed memories were fleeting and ultimately meaningless, especially as people entered and exited my life. But now, with Naina by my side, I realize that memories become **sacred** when they're made with someone who stays. We now create shared moments — ones that I know we'll look back on together in later years with **joy and gratitude**. I wake up each day with a sense of **peace and purpose**, knowing I have someone who will walk beside me for life. That knowledge brings immense joy. Every ordinary moment feels extraordinary, simply because I have someone who truly belongs to me — and I to her.

Every profile I came across — the ones I considered, the ones I rejected, and even the ones that rejected me — all led me to the right person. Each interaction was a **stepping stone**, guiding me to what was meant to be. And now that I've found her, I feel at peace with every part of the journey. I am truly content with where I am, yet deeply inspired to **grow** in every realm — financially, intellectually, socially, and within the fabric of family life. My desire to evolve is no longer just for myself, but to **bring** happiness, stability, and love to the woman I now share my life with. For the first time, I have a **clear intention and a meaningful purpose**. I no longer feel trapped in cycles or directionless routines. My **choices, efforts, and vision** are aligned — not just with my goals, but with hers too. Life is no longer a solo endeavor. It is a **partnership**, and every action I take now carries the beautiful weight of **shared responsibility**. My deepest motivation is to love, support, and provide for her — emotionally, spiritually, and in every way that makes life richer and more meaningful for us both.

I now have someone with whom I can truly share my love — not only in a worldly sense, but also in a spiritual one. We both believe in **Lord Krishna**, and that shared devotion brings a profound sense of peace to my soul. For the first time, I can openly express my love for God, my spiritual curiosity, and my search for deeper meaning — and be understood. With Naina, spiritual conversations come naturally. We often speak about **life's purpose, the soul's journey, and the role of faith** in our lives. These discussions nourish a part of me that had long been quiet — not because it wasn't present, but because I never had the right person to receive it. Looking back, I see how every personality I encountered, every success and failure, every degree earned, and every family experience — both joyful and painful — all **prepared me** for this moment. All of it shaped me into the person I needed to become to meet her. And in doing so, it made me better.

I feel my maturity has reached a point where it matches Naina's and it **satisfies her** and brings **value** to her life. We complement each other and share a truly **synergistic** bond. Every effort I make now is to build a simple, meaningful life with her — through honest work, modest living, vegetarian meals, staying fit, educational travel, and speaking our mother tongues, Hindi and Punjabi. We support and inspire each other daily and continue to grow together.

My money, home, and relationships now have purpose. Before, I had wealth without meaning, space without warmth, and family ties that lacked harmony. Marrying Naina brought everything together. She gave my life **unity and direction**.

I also feel a deep sense of safety and peace. I've always been **cautious with trust and relationships**, and now I see it was worth it. She shares those same values. I believe in her fully and feel at ease. With her, I want to pass on these values and build a life rooted in love, trust, and purpose.

All pre-conceived notions and doubts have been abolished from first meeting her. Everything I assumed about her from her photos came out **to be true**. She is truly an amazing, beautiful, and mature personality that matches me in every way. Her mom totally forgot about our kundli issues when we met because we hit it off so well. Her mom envisions me as a great son in law and husband to her daughter. She encourages us to spend more and more time together in our daily life so that our relationship is strong. When we converse it is like we knew each other for years and she is so **complimenting** to me and my aura. My parents also love having us around because communication is so fluid and we can all be friendly with each other. I don't ever feel I have to force relationships with Naina. They just **naturally** happen and people get along around us....we are infectious and have a domino effect on people around us.

This is not something I only notice, but even friends and passerbys do. Last week we went to a party and met people. The moment they met us at the party, they felt our presence as a couple. We inspired this one couple so much that they exchanged numbers with us and said we should go on a couple's date soon. We give off a **magnetic attraction** to people to get along and be social. The chemistry we have is so deep and emotional that people want to copy it. We will surely grow our social network through our relationship and attend more parties. We want to make lifelong friends and be part of the society. I was never able to do this alone. I feel more **magnetic, social and uplifting** than before.

Intention Statement:

I'm feeling so happy and deeply grateful as I share this beautiful milestone — *Naina Sadana* and I are now **happily married!** 🍷👩🏻‍❤️👩🏻‍❤️👩🏻‍❤️👩🏻‍❤️👩🏻

From our very first meeting 🌊 to our engagement 💍 to our wedding day 🎊, everything unfolded so smoothly and effortlessly — like the universe had it all perfectly planned ✨❤️. Our marriage was celebrated with the **full love, blessings, and joy of both families** 🌟👨🏻‍👩🏻‍👧🌸, which made it even more meaningful 💕.

Lately, I've been feeling incredibly excited, clear-headed, and accomplished 💪🧠🎯 — especially seeing the growth and happiness blossoming in all areas of my life 🌱📈🌟. My bond with Naina has become a source of true joy ❤️ and every day, I wake up feeling **so thankful** for the love we share 🌊🌈👉.

Here's to new beginnings, shared dreams, and a journey filled with love, laughter, and gratitude ❤️🍷🍷

#Gratitude #MarriedLife #ForeverUs #BlessedBeyondWords #HappilyEverAfter #NewChapter #ThankfulHeart 💕

Grateful for the Beautiful Changes Marriage Has Brought 🔄❤️

Since marrying *Naina Sadana*, my life has transformed in the most meaningful ways. Each day feels richer, more peaceful, and full of purpose. Here are just some of the incredible blessings I'm so thankful for:

- 🌸 **Spiritual Partner** – A soul connection that grounds and uplifts me
- 👉 **Companionship** – Someone to walk this journey with, side by side
- 👨👩👧 **Family Support** – From both sides, with full love and acceptance
- 👉 **Constant Emotional Support** – Always there through highs and lows
- 💰 **Financial Growth** – Making smart money decisions together as a team
- 🏠 **Family Unity** – Respectful, ego-free bond between both families
- 🍷 **Blended Social Circles** – A balanced and joyful social life
- ⚖️ **Mutual Balance** – We complement each other's strengths and weaknesses
- 🎂 **Shared Celebrations** – Every festival, birthday, and milestone is brighter together
- ✈️ **Travel & Outings** – New adventures, cherished memories
- 🧠 **Common Hobbies** – Doing what we love, together
- 🔍 **Shared Home Responsibilities** – A nurturing, cared-for home
- 👤 **Mother Tongue Conversations** – Comfort in our native language
- 🌟 **Shared Life Dreams** – Supporting each other's ambitions
- 🤝 **Emotional Refuge** – A shoulder to lean on when the world feels heavy
- 👨👩 **Future Parenthood** – A partner to build a loving family with
- 🌐 **Connection to India** – A strong cultural and personal network
- 📷 **Photo Memories** – A partner in capturing life's beautiful moments
- 👨👩👧 **Family-Oriented Values** – Someone who truly values *my* family
- 🌍 **Shared Global Dreams** – Someone ready to move and grow with me
- 🙌 **Lifelong Care** – Being each other's strength through life's toughest moments
- 👩❤️👨 **Mutual Love & Respect** – A partner who sees me as a lover, friend, and confidant
- 🌿 **Life of Beauty & Compassion** – Simple joys, deep peace
- 🍂 **Enjoying Nature & Seasons** – Togetherness in every season of life
- 🚫 **End of Searching** – No more marriage sites or ads — the journey led me here
- 🧘 **Peace of Mind** – A calm heart and clear mind
- 😊 **Contentment** – Grateful for this chapter and everything it holds
- 🚀 **Focused Career Growth** – With love settled, my vision sharpens

Every one of these blessings reminds me how aligned, supported, and abundant life has become. 🙏❤️

#Gratitude #MarriageBlessings #LifeTransformed #PeaceAndLove #HappilyEverAfter
#GrowthTogether #ThankfulHeart

Elaborate:

Paragraph 1 and 2 - write in form diary (present and past tense)

1. Travels and Outings: I love backpacking, hiking, taking pictures, trying new foods, seeing new scenic places with Naina. Every experience is accentuated with Naina and I remember it even more with her. From home, to the airport, to the flight, to the arrival, to the cabs, to waiting in lines, to being in groups, I feel amazing just being with her. Our relationship is not only built on love but discovering the world together and having new experiences. We travel and see new places together. It is a very enriching and spiritual experience for both of us. We build our home with photos and albums to reflect on and show our family members. We also learn about new foods and dishes to cook later as we build our home. We also grow our knowledge about the world and we get ideas about where to travel next. I have a use for my income now as traveling is more exciting and eventful with Naina.

Just last month, we traveled together to a trip to Columbia. We visited Monserrate by cable car at sunset. It had a breathtaking city view, perfect for couple photos. Holding her hand in the car connected our souls and I felt her vibration and passion. We took selfies and were always side by side. We were on top of the mountain and viewed the whole city of Bogota. We hiked up the mountain together and visited a bird sanctuary, we took amazing photos and we visited an amazing church on top of the mountain. It was so beautiful and memorable.



We had dinner at Andrés Carne de Res. It was a lot of fun, music, and wild Colombian vibes. I usually don't like dancing, but Naina and I danced salsa for the first time and we were pretty decent. Our bodies moved in sequence with each other easily and we felt like one. Dinner was amazing and we shared each other's dishes. Naina always asked how I liked the food and if I want to try other cuisines. She always tried to make sure our time is not wasted and we enjoyed the experience. The experience was loud with a lot of people dancing la rumba.



We explored La Candelaria, Bogotá's historic center, hand in hand. We loved the soup, drinks, juices and local markets. We saw the historic statues and homes that originate from old times and we truly appreciated the history that comes with it. We took so many photos of the graffiti art of Bogota. It was so beautiful and scenic! Her presence was what made this experience ever so memorable. I enjoyed things 100 fold with her around. Traveling has been that much funner and memorable with her around. We tasted Colombian coffee as well and it was great!



Our trip the Greece in Summer 2025

“Sunset in Santorini: A Journey with Naina”

The moment we landed in **Santorini**, it felt like stepping into a dream painted with every shade of blue and white. The salty breeze greeted us as we stepped off the ferry, and Naina’s dupatta fluttered in the **Aegean wind** as she turned to me with a glowing smile. “This is unreal,” she whispered, her eyes wide as the cliffside towns came into view.



Our hotel was perched on the edge of **Oia**, with a view that overlooked the vast, sparkling sea. That evening, we sat hand in hand on our little balcony, sipping fresh orange juice, watching the legendary **Santorini sunset** unfold. The sky changed from gold to pink to a deep crimson. I looked at her, lit up by the golden hour, and realized I didn't need anything else in that moment.



The next day, we rented a little ATV and zipped through the winding streets of the island. Naina held onto me tightly, laughing each time we took a sharp turn. We explored **black sand beaches**, tasted the local fava dip and grilled halloumi, and hiked up to the ancient ruins of **Thira**. "You always push me to explore beyond my comfort zone," she said, tucking a wildflower behind her ear.



We visited a local **Greek Orthodox church**, and Naina lit a candle, bowing her head in silent prayer. Even in this foreign land, her grace and rootedness were striking. Later, as we walked through narrow alleys lined with bougainvillea, we stopped by a local artisan shop. Naina picked a handmade ceramic bowl. “For our future home,” she said with a wink.



One evening, we booked a **sunset cruise**. As the boat glided over the Aegean, we wrapped ourselves in a shared blanket, the wind tousling our hair. Soft music played in the background while the horizon turned into molten gold. I turned to her and said, “You and this moment—both feel like home.”



She smiled, eyes shining. “Maybe all we need is each other and moments like this.”

As the sun disappeared into the sea and the first stars came out, we held each other close, grateful—not just for the beauty of Santorini, but for the love that made every place feel magical.

2. Enjoy Nature and Seasons: Every moment of the day becomes special when shared with Naina. Whether it's the view of trees outside our home, spontaneous drives through the local area, or quiet rain showers cascading beyond our windows, each experience feels elevated. Even the simplest rituals—drinking morning coffee on our deck, chatting with family, or enjoying a meal of humble dhal chawal—become deeply meaningful. With Naina, life doesn't feel routine. Time doesn't just pass—it is **felt, embraced, and lived**. The changing seasons aren't just seen; they're relished, and they **deepen** the love and service we offer one another.

Last spring, we visited the Cherry Blossom Festival in Washington, D.C.—a first for Naina. She had never seen cherry blossoms before, and the sight of the delicate pink blooms lining the streets was breathtaking. We took countless photos, capturing not just the flowers but the essence of that moment in our lives. As a newly married couple, we felt both awe at nature's beauty and a warm connection to the city and its people. Midday, rain began to fall. We held hands, found shelter beneath a tree, and stood together as the raindrops surrounded us. It was a spontaneous, romantic moment—one that brought us closer, both emotionally and physically.

When I'm with Naina, I don't wait for time to pass—I feel it. There's an energy between us, a vibration of love that fills the space around us. Seasons don't just come and go; they mark the growth of our union, maturing our bond with each passing moment.

Just last week, a simple trip to Costco turned into another cherished memory. We went to shop for a new coffee machine and ended up tasting samples, laughing, and debating which blend we liked best. Eventually, we decided on a Nespresso machine—a small but meaningful addition to our home. For us, coffee is more than a drink—it's a shared ritual, especially during winter when snow blankets our surroundings. The machine sits like a piece of art in our kitchen, a symbol of the life we're building together.



We also picked up a slow cooker, which Naina has used lovingly to make comforting dishes like Dhal and Khichdi throughout the week. Knowing my love for simple, healthy Indian food, she always asks what I'd like to eat. Our meals often happen outdoors on the deck, hands gently intertwined, watching the changing skies and breathing in the fresh air of the seasons. It's a beautiful, ambient rhythm we've created together.

I plan my days around work—but more so around being with Naina. Since our marriage, every day has been a gentle unfolding of love, compassion, and shared joy. It's not the grand events that define our relationship, but these **small, sacred moments** that fill life with warmth and meaning.

3. Companionship:

I used to believe that only a pet could be man's best friend—loyal, emotionally attentive, and incapable of lying. That belief changed the day I met Naina and even more so when I married her. She senses my **fears, anxieties, and social stresses** without me uttering a word. She

reads me like a book—always comforting, always present. She knows my inner fears and insecurities, yet she constantly works to bring out the best in me. With Naina by my side, I feel inspired to grow, to learn, and to become a better man.

Last week, over dinner at Uncle Julio's, she sensed my anxiety about the evolving job market, my financial worries, and the uncertainty around careers in an AI-dominated future. With calm assurance, she told me, "Everything will be okay. I'll support you through every professional goal you pursue." She reminded me that my salary didn't define my worth to her. What mattered was our home, our emotional connection, and the love we build every day. "Money comes and goes," she said, "but our relationship will always be rock solid. We are a Radha-Krishna jodi." I laughed, as I always do, because I love that analogy—and her even more for saying it.

At a party last month, she noticed how uncomfortable I was. I've never been the social butterfly, and she knows I'm not drawn to superficial friendships or empty conversations. When a couple tried to exchange numbers with us, Naina sensed my hesitation and gracefully made an excuse. She understands the importance of surrounding ourselves with the right kind of people—those who share our values, our passions, and our vision for life. She's not someone who blindly befriends everyone, and I love that about her. She protects our space, our peace, and ultimately, our relationship.

Before Naina, I always felt anxious about what it would take to please a woman. I never knew the right combination of qualities that would truly matter. But with her, I realized that what matters most is being understood. She never judged me by my looks or my paycheck. From the beginning of our relationship (when we started talking), she connected with who I was—my **goals, my morals, my belief system**. Our conversations were genuine and curious, not manipulative or self-serving. She wasn't trying to use me or test me. She simply wanted to know if our values, dreams, and personalities aligned. She wasn't dismissive, either. She found me attractive—not just physically, but emotionally and intellectually. Her energy matched mine, and I knew that what we were building was real. With Naina, I don't feel the pressure to be perfect. I just feel loved, seen, and **understood**.

I always try to show up for Naina in my own quiet, loving ways — whether it's making chai, cleaning up, doing the laundry, paying bills, or giving her a massage after a long day. These small acts are my way of saying: *I'm here for you, always*. I constantly remind her that we're not just husband and wife, but lifelong partners and best friends — and that she'll never have to face anything alone. She misses her mother deeply, especially with her father no longer here. I tell her my mother is hers now too — and that she can always find love, safety, and support in my family and in me. Last mother's day, I not only took my family out for lunch but we included her mother on the video cam while we ate. It was a unifying experience and I let her know our marriage doesn't mean we lose touch with your family. We have only grown our family and made it better. As the child of immigrants, I understand the quiet weight she carries — the uncertainties, the fears. And I reassure her: **I'm not going anywhere**. I will be with here till the very end. She worries about gaining weight after marriage and motherhood. I tell her my love isn't tied to appearances. I will always support her — encouraging her with fitness, healthy food, and love, not pressure. We're in this together, through every change and season. I believe in

living, not just surviving. That's why we have a yearly travel fund — to explore, refresh our minds, and build lifelong memories. I promise to take her to places that will fill her heart with wonder. Life is meant to be experienced, not lived on repeat.

With Naina, my life has meaning. And through every ordinary task and extraordinary journey, I will keep showing her just how much she means to me.

4. Mutual Love and Respect:

With Naina, I've never feel like an option. From the very beginning, she chose me for who I am—my **personality, my heart, and my vision** for life. She saw potential in us, not just as individuals, but as a partnership. In a world where emotional damage and power struggles often define relationships, ours stands out as **deeply understanding and remarkably balanced**. We know what triggers each other, and we never push those buttons. Our goal is always to **uplift, never to tear down**. There's no friction, no power games—just mutual respect and a constant effort to support one another. I never believed I could meet someone like her. In the past, I was easily swayed by physical attraction, but Naina helped me see that real love is layered—it's spiritual, emotional, physical, and even financial. We've connect on all these levels. With her, love isn't just a feeling; it's a **shared journey**. With Naina, I can be myself. I can express frustrations, fears, hopes, and heartbreaks—and she does the same. We're not just romantic partners; we're friends, teammates, soulmates. She listens even when she's busy, gives a damn when no one else does, and genuinely wants to walk through life by my side. Neither of us were ever “love people,” or into dating around. But with each other, it just *clicked*. We share a **rhythm** in thought, values, and nature. That commonality makes pair bonding effortless—and beautiful.

When we got married, we moved into my parents' basement. I had savings, but I also had a strong desire to support my aging parents and stay close to my roots. Naina not only accepted that, she *embraced* it. She said, “I'll support whatever path you choose.” She truly honored my family values—not out of obligation, but because she genuinely wants to see me fulfilled. She has never made this feel like a compromise. Her support is wholehearted, and because of that, I've become the **apple** of her eye—and she of mine.

Just last week, I was going over my finances with her—talking about passive income, investments, and what a comfortable life might look like in ten years. She immediately offered to contribute. I told her it wasn't necessary, but the gesture moved me. It showed how **invested** she is in *us*. She never expects me to carry everything alone. She doesn't complain or demand; instead, she steps up with **grace and willingness**. Our partnership is about *building together*—in every sense. She even pushes me to keep growing intellectually, reminding me that comfort shouldn't lead to **complacency**.

We also cherish the simple moments. Last week, we went to the local park. As we sat on a bench, holding hands, I opened up to her. I told her I always want to be her priority. I've had

insecurities about being treated like an afterthought, and I shared that honestly. She gently kissed my cheek and said, “There’s a reason I chose you. Even after seeing the ad, I never forgot you. You were always on my mind—I knew you were waiting for me.” In that moment, I felt truly seen and chosen—not as just another profile, but as someone she deeply wanted in her life.

When we got married, I knew it would take time for Naina to settle into the rhythm of life in the Washington DC area. Starting a career here — especially in the competitive software industry — isn’t easy, and I understood she might need new skills and training. Without hesitation, I offered to fund her training, not just because it came with job placement support, but because I believed in her **drive and passion**. It’s her **determination**, not the program itself, that truly moved me. Naina has every reason to step back from the workforce, but she chooses growth. And I want to be the one who keeps that **spark** alive — not just as her partner, but as her professional guide. With my own experience in the tech field and a clear understanding of the job market here, I didn’t want her navigating blindly. I’m here to walk with her every step toward a fulfilling career. My support and encouragement give her confidence, and she never lets me forget how much it means. She often says, “There’s a reason I chose you. I’ll never **take you for granted**, no matter how successful I become.” That kind of love — rooted in **mutual respect, growth, and belief** in each other — is what makes our journey so powerful.

5. Spiritual Partner

My admiration for spirituality has deepened significantly through my relationship with Naina. Her profound knowledge of the *Bhagavad Gita*, vegetarianism, and the core philosophies of both Hinduism and Sikhism is truly inspiring. There’s only so much one can grow spiritually without the presence of a partner or close family members who share that path. With Naina, I’ve found both **companionship and guidance** on this sacred journey. I’ve always appreciated local mandirs and frequently visited India during my childhood to witness and experience Hindu culture firsthand. While I’ve always considered myself more spiritual than religious, being with Naina has added depth and meaning to my spiritual identity. Our weekly visits to the mandir together have helped me understand the significance of deities and the role of idols in Hindu worship, something I never fully grasped before. Naina’s devotion is **contagious**—it motivates me to become a more **spiritually grounded** person. Our visits to the gurdwara are equally enriching. Naina often explains the meanings and historical context behind the *shabads*, deepening my appreciation for Sikh spirituality. As a seasoned tabla player, I contribute by helping her understand the musical compositions and rhythms of the *shabads*. In many ways, we complement each other—**fueling one another’s spiritual curiosity and growth**. She even teaches me on how to meditate and educates me on breathing techniques and yoga poses. My quality of life has gone up because of her and it is very noticeable.

Recently, we spoke about our shared desire to visit India and explore ancient temples in Haridwar and Varanasi. I’ve always dreamed of visiting the Ram Mandir, and Naina had wanted to go when it first opened but couldn’t due to work. We’ve now planned a future trip to these sacred cities. As part of our spiritual preparation, we’ve started watching the *Mahabharat* and *Ramayan* together to gain greater clarity and context on Hinduism. Our shared discussions and

reflections reaffirm what we've always felt—that we were meant to **walk this spiritual path as life partners.**



At a recent family puja, a close family friend invited us over, and Naina surprised me by singing a beautiful bhajan. I had no idea she had such a soulful voice or such deep spiritual leanings. I accompanied her on the tabla, and we realized how much joy we could find in doing kirtan together. It inspired us to plan regular devotional sessions at home. During the event, she also engaged in thoughtful conversations with the pandit on Hinduism and astrology, impressing everyone with her insight. The pandit later remarked to me, “She wouldn’t have chosen just anyone—she’s truly a gem.” I smiled and told him I knew how lucky I was. Every time we engage in these experiences together, it feels like destiny brought us together. Our values, thoughts, and spiritual inclinations align in such a **harmonious way**—it’s as if our minds move in **sync**.

One of the most memorable spiritual experiences we’ve shared was visiting the BAPS Shri Swaminarayan Mandir in New Jersey—the largest mandir in the United States. Upon arriving, Naina was awestruck by its grandeur. We took a full tour, had *darshan*, and lit incense sticks together. As we admired the breathtaking marble architecture and thousands of intricate statues, a peaceful stillness settled over us. That visit left a deep impression on both our hearts. We decided to return regularly and even bring our future children to experience the values and culture enshrined in that sacred space. When her mother visits us next, we plan to take her there as well. It’s more than just a mandir—it’s a **life-changing experience**.